

Oregon Summary

Sample
58

National Sample
657

Q1: YOU SAID - ASK US THIS!

	# Responses	% Sample	% National sample
My practice is unable to pay bills on time	4	6.9%	7.0%
The level of burnout in my practice has reached new heights	27	46.6%	39.3%
My level of mental exhaustion is at an all-time high	28	48.3%	43.8%
My level of burnout or mental exhaustion is at an all-time high*	36	62.1%	54.5%
Our practice received adequate financial support from the government either through grants or loans	17	29.3%	29.5%
We have lowered our referral rates to specialists during the pandemic	15	25.9%	23.7%
I have needed mental health support during the pandemic	17	29.3%	18.4%
Pandemic childcare demands prevented me from working pre-pandemic hours	4	6.9%	7.2%
None of the above	9	15.5%	19.6%

Q2: OVER THE LAST 4 WEEKS, have COVID-19 related changes and pressures in your practice put unusual strain on your practice?

	# Responses	% Sample	% National sample
1 – no impact	1	1.7%	5.5%
2	6	10.3%	22.2%
3	22	37.9%	34.4%
4	23	39.7%	29.4%
5 – severe impact	6	10.3%	8.5%

Q3: PRACTICE STRAIN. How does the COVID-19 related strain in your practice compare with the strain experienced in May of last year?

	# Responses	% Sample	% National sample
It seems worse , and we are really struggling	4	6.9%	5.0%
It seems worse , but sadly we've gotten used to it	11	19.0%	18.1%
It is the same but it feels harder now	13	22.4%	18.3%
It is the same , but we've adjusted to it	17	29.3%	21.3%
It's getting better	13	22.4%	37.3%

Q4: IN THE LAST 4 WEEKS, which of the following have been true for you or your practice?

	# Responses	% Sample	% National sample
We have had clinician salaries skipped or deferred	7	12.1%	11.6%
We have clinicians/staff out due to illness or quarantine	13	22.4%	28.8%
We have empty clinician positions we cannot fill	18	31.0%	27.2%
CMS has asked to recoup prospective payments from our practice	1	1.7%	4.3%
Loans taken out during COVID are coming due now and we don't know how we can pay them	1	1.7%	4.6%
Relief from documentation requirements during the pandemic has now ended	2	3.4%	8.5%
We have seen COVID-19 cases increase in our community	35	60.3%	39.3%
We have clinicians/staff out due to illness or quarantine and we have seen COVID-19 cases increase in our community*	8	13.8%	13.1%
I am fielding weekly calls from patients or colleagues who are experiencing a mental health crisis	28	48.3%	38.7%

My level of burnout or mental exhaustion is at an all-time high and I am fielding weekly calls from patients or colleagues who are experiencing a mental health crisis*
Other

22	37.9%	27.2%
12	20.7%	26.0%

Q5: TELEHEALTH. How is your time split among the following activities? What is your percent of time spent...

	Mean % (SD)	Median % (25th-75th percentiles)	Min-Max %	Sample Estimates
Face-to-face visits	42.4 (20.8)	40 (30-53.8)	0-100	Sample Estimates
	49.7 (22)	50 (35-65)	0-100	National Sample Estimates
Video-based visits	13.2 (15)	10 (2.3-20)	0-65	
	9.5 (11.9)	5 (2-10)	0-85	
Phone-based visits	10 (14.5)	5 (1.3-10)	0-80	
	7.4 (11.4)	5 (0-10)	0-100	
Documenting care	17.6 (9.5)	15 (10-20)	0-50	
	17.6 (11.3)	15 (10-25)	0-65	
Answering patient questions	9.8 (7.8)	10 (5-10)	0-50	
	7.9 (7)	5 (5-10)	0-90	
Other practice activities	6.9 (7.2)	5 (0.3-10)	0-30	
	7.9 (13.5)	5 (0-10)	0-100	

Q6: VACCINE. AT THIS POINT IN TIME...

	# Responses	% Sample	% National sample
My practice has received adequate amounts of vaccine for our patients	10	17.2%	19.3%
We are administering COVID-19 vaccine in our practice	26	44.8%	38.1%
We have partnered with local organizations or government to prioritize people for vaccination	28	48.3%	45.7%
I have no idea if my patients are vaccinated or not	9	15.5%	22.8%
It seems like it takes an advance degree in technology for patients to schedule vaccinations	27	46.6%	42.3%

Q7: TIME WARP - RETURNING QUESTIONS. OVER THE PAST 4 WEEKS, which of the following have occurred in your practice? Have you...

	# Responses	% Sample	% National sample
Monitored sick patients at home	31	53.4%	59.5%
Conducted well child visits	39	67.2%	63.6%
Kept up with routine child immunizations	36	62.1%	55.4%
Screened patients for social determinants of health	41	70.7%	65.1%
Conducted routine cancer screenings	47	81.0%	79.1%
Conducted chronic care follow up	53	91.4%	91.2%
Screened patients for PTSD	19	32.8%	26.8%
Screened patients for depression or anxiety	56	96.6%	92.2%
Screened patients for PTSD, depression, or anxiety*	56	96.6%	92.7%
Screened patients for violence, abuse, or neglect	26	44.8%	49.5%
Screened for substance use or support needs	47	81.0%	73.4%

Q8: FLASH QUESTION: Has the pandemic caused you or your practice to partner with any of the following?

	# Responses	% Sample	% National sample
Public health	26	44.8%	41.9%
Local health system	17	29.3%	34.1%

Mental health services	17	29.3%	25.6%
Behavioral health services	24	41.4%	26.6%
Local pharmacies	10	17.2%	19.0%
Housing support	8	13.8%	11.0%
Food pantries or banks	11	19.0%	18.0%
Community organizations	15	25.9%	28.0%
Other primary care practices	12	20.7%	13.9%
Patients	14	24.1%	29.4%
None of these	9	15.5%	22.8%
Other	6	10.3%	6.7%

Q9: Is your practice...

	# Responses	% Sample	% National sample
Owned by you	14	24.1%	30.6%
Independent and part of a larger group	5	8.6%	9.9%
Owned by a hospital or health system	22	37.9%	41.2%
Government owned practice	6	10.3%	4.1%
None of the above	11	19.0%	14.2%

Q10: Is the size of your practice...

	# Responses	% Sample	% National sample
1-3 clinicians	10	17.2%	28.9%
4-9 clinicians	21	36.2%	29.8%
10+ clinicians	27	46.6%	41.2%

Q11: Is your practice setting...

	# Responses	% Sample	% National sample
Primary care setting	57	98.3%	99.4%
Primary care and convenience care setting	7	12.1%	6.4%
Direct primary care or membership-based practice	0	0.0%	4.7%
Primary care and an academic or residency practice	9	15.5%	15.4%
Other	2	3.4%	5.5%

Q12: Which of these describes your practice?

	# Responses	% Sample	% National sample
Rural	25	43.1%	22.2%
Community health center	9	15.5%	8.7%
FQHC or FQHC look-alike	11	19.0%	10.7%
Free or charitable clinic	2	3.4%	5.8%
Designated patient-centered primary care home	30	51.7%	31.5%
Located in office, school, or college	4	6.9%	9.3%
None of the above	10	17.2%	32.1%

Q13: Roughly how much of your practice is...

	10%	10-19%	20-49%	>50%	Don't know	N/A	
Medicaid	14.0%	19.3%	35.1%	28.1%	3.5%	--	% Sample (less N/A)
	8	11	20	16	2	1	
	33.3%	20.1%	24.5%	18.5%	3.7%	--	
Medicare	7.4%	27.8%	46.3%	14.8%	3.7%	--	

	4	15	25	8	2	4
	10.3%	26.0%	44.7%	15.8%	3.2%	--
Value based payment	13.7%	13.7%	19.6%	13.7%	39.2%	--
	7	7	10	7	20	7
	29.2%	17.2%	14.4%	12.9%	26.2%	--
Uninsured	66.7%	22.8%	0.0%	0.0%	10.5%	--
	38	13	0	0	6	1
	69.7%	14.2%	3.9%	6.9%	5.3%	--
Low income patients	12.3%	17.5%	22.8%	42.1%	5.3%	--
	7	10	13	24	3	1
	19.1%	24.7%	19.7%	30.4%	6.1%	--
Non-English speaking patients	60.7%	23.2%	8.9%	1.8%	5.4%	--
	34	13	5	1	3	2
	56.5%	20.9%	14.3%	5.5%	2.7%	--
Race/ethnic minority patients	39.7%	27.6%	22.4%	5.2%	5.2%	--
	23	16	13	3	3	0
	22.1%	27.3%	28.7%	17.9%	4.0%	--
Patients with multiple chronic conditions	1.7%	1.7%	31.0%	58.6%	6.9%	--
	1	1	18	34	4	0
	2.1%	7.2%	28.9%	59.4%	2.4%	--

Q14: Are you...

	# Responses	% Sample	% National sample
An owner or partner in your practice	18	31.0%	33.0%
Self employed	7	12.1%	13.7%
An employee in a hospital or health system	21	36.2%	42.6%
An employee in an independent practice	15	25.9%	15.2%
A volunteer	3	5.2%	2.0%
Other	4	6.9%	7.5%

Q15: What is your specialty?

	# Responses	% Sample	% National sample
Family medicine	42	72.4%	73.4%
Internal medicine	7	12.1%	12.3%
Pediatrics	2	3.4%	5.6%
Geriatrics	2	3.4%	2.6%
Mental/behavioral health	1	1.7%	0.8%
Pharmacy	1	1.7%	0.3%
Other	3	5.2%	5.0%

Q16: What type of certification do you have?

	# Responses	% Sample	% National sample
MD	32	55.2%	69.6%
DO	2	3.4%	5.3%
NP	9	15.5%	14.9%
PA	6	10.3%	3.3%
PhD	0	0.0%	0.8%
PharmD	2	3.4%	0.6%
Other	7	12.1%	5.5%

Notes: * indicates analysis of combined data