Preparing for your surgery during COVID-19

Your safety is our top priority. In light of the COVID-19 coronavirus, we have had to make some changes. Please follow these guidelines to keep you safe for your surgery.

3+ days before your surgery

Plan out your COVID-19 vaccines
- If you are getting your COVID vaccine, try to get it at least 3 days (72 hours) before your surgery. You do NOT need to cancel your surgery if the time between your vaccine and surgery is shorter than 72 hours.
- Let your provider know if you already got your 1st vaccine dose but need to get your 2nd dose around the same time as your surgery. OHSU will NOT be able to give you the 2nd dose during your hospital stay.
- Even if you are vaccinated, you still need to be tested for COVID-19 before your surgery. The vaccine will NOT give you a false positive test result.

2 days before your surgery

Prevent the spread of COVID-19 – Even if you are vaccinated
- Continue to stay 6 feet away from others and clean your hands often. Your support person who brings you to and from the hospital should also follow these rules.
- Avoid close contact with others and try not to leave your home, especially during the 2 days before your surgery.
2 days before your surgery (continued)

Get tested for COVID-19
- We will call you to talk about coronavirus testing.
- You will need the test within 2 days before your surgery.
- If you do not get tested within the required timeframe as defined during the scheduling process, we may need to reschedule your surgery.

OHSU testing site:
- OHSU Pre-Op Medicine Clinic (by appointment)
  3485 S. Bond Ave, Portland, OR 97239
  7 a.m. – 5 p.m., 7 days a week

Report COVID-19 symptoms
- Check for symptoms every day.
- Let us know if you have:
  ☑️ Fever, sore throat, runny nose, cough, shortness of breath, body aches or other symptoms.
  ☑️ Been diagnosed with COVID-19.
  ☑️ Had close contact with someone who has COVID-19 (suspected or confirmed) within the past 14 days.
  ☑️ Traveled within the last 14 days to a CDC Level 3 risk country: www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.
  ☑️ Traveled on a cruise ship within the last 30 days.

If you have questions or concerns about COVID-19 symptoms, please contact your primary care provider. If you don’t have one, please call:
OHSU Health COVID-19 Hotline at 833-647-8222, 8 a.m. to 8 p.m., 7 days a week.
The day of your surgery

Coming to the hospital
- You must have 1 healthy adult (age 18+) be your support person. They are responsible for getting your discharge instructions and taking you home after your surgery.
- No additional visitors are allowed in the hospital at this time.
- Wear a mask (age 2+). You and your support person need to wear a face covering. Do NOT wear masks with breathing valves. These do not provide the protection we need. If you do not have a mask, we can give you one. If you or your support person refuse to wear the right kind of face covering, we may need to reschedule your procedure to another day.

Checking in
1. When you enter the building, you and your support person will go through a screening checkpoint to make sure you do not have COVID-19 symptoms. Your support person needs to be screened but does not need a COVID-19 test.
2. Next, check in at the admitting desk and sign paperwork.
3. Go to the pre-surgery location or waiting area. Your support person can come with you to the waiting area. They are NOT allowed in the pre-/post-procedure area, except:
   - To learn discharge instructions for when you leave the hospital
   - If you have a disability (physical, intellectual, behavioral, cognitive, deafness, hard of hearing, communication barrier, blindness, autism, dementia, etc.), your support person can be with you if:
     - You need their help to answer questions and make health care decisions
     - You need them to help with your care.
Support person

- Bring your support person’s contact information so we can let them know when to pick you up and can share discharge instructions.
- During your surgery, your support person should try NOT to move around the hospital too much. They can wait:
  - At home if they live within 50 miles of OHSU, or
  - In their car in a spot with cell service, or
  - In one of these designated waiting spaces:
    - **Main Hospital**
      - 9th floor surgery waiting area, including hallway seating
      - Sam Jackson Hall lobby seating
    - **Center for Health & Healing**
      - Building 1, 4th floor surgery waiting area, including seating in elevator lobby and along skybridge to Building 2
      - Building 2, 4th floor surgery waiting area, including seating along skybridge to Building 1
- If you get moved to your own patient room, your support person can be there with you.

➢ Possible schedule changes. We may have to reschedule your procedure if there is an increase in COVID-19 cases. We will keep your best interests in mind when making these decisions. Thank you for your understanding.