

Are They Ready for a Seatbelt?

Find out by answering “yes” to these five questions.



DOERNBECHER
CHILDREN'S
Hospital

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Can your child sit with his or her back against the vehicle seat **without slouching**?

2

Can your child sit with the shoulder belt positioned **across his or her shoulder and chest**?

3

Can your child sit with **knees bending at the edge of the seat** when his or her bottom and back are against the back of the vehicle seat?

4

Can your child sit with the lap belt positioned **low and snug across the upper thighs**?

5

Can your child stay comfortably seated **in the correct position for the entire ride**?

The safest place for your child is in the back seat until at least 13 years of age.

Questions? OHSU Doernbecher Safety Center can help. Call to schedule an appointment to have your car seat checked by a Certified Child Passenger Safety Technician..

OHSU Doernbecher Safety Center
503-418-5666 | safety@ohsu.edu
www.doernbecher.com/carseatoutreach



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