10 Tips for a Safe Ride Every Time

3 out of 4 car seats are used incorrectly... is yours?

2 years
Oregon law requires children to ride **rear facing** in a car seat until at least 2 years old.

Be sure your child meets the recommended **height and weight limits** of the car seat.

40 lbs
Oregon law requires children **under 40 pounds** to use a car seat with a harness.

Always install car seats **in the back seat** using the vehicle's seat belt or LATCH.

**Fit the harness snugly** so it isn't loose. You should **not** be able to pinch any extra harness strap at the shoulder.

Harnesses must be: **at or below** shoulders for rear-facing car seats; **at or above** shoulders for forward-facing car seats.

Place the chest clip at **armpit level**, away from the neck.

The safest place for your child is in the **back seat** until at least 13 years of age.

**NEVER** place a rear-facing car seat in front of a frontal airbag.

Always **follow the instructions** from your car seat and vehicle manufacturers.

Questions? OHSU Doernbecher Safety Center can help. Call to schedule an appointment to have your car seat checked by a Certified Child Passenger Safety Technician.

OHSU Doernbecher Safety Center
503-418-5666 | safety@ohsu.edu
www.doernbecher.com/carseatoutreach

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