



Moore Institute for Nutrition & Wellness

WINTER 2021 | MOORE REPORT



We hope you continue to do well in these uncertain times. This edition has information about inclusion of DOHaD in the latest dietary guidelines, an understanding of chronic disease as the epidemic underlying the COVID-19 pandemic, and much more.

Feature articles



Dietary guidelines include pregnancy, breastfeeding and early childhood recommendations for first time

Guidelines recognize the role of nutrition during pregnancy in influencing lifetime health outcomes for mother and baby

For the first time ever, the newly released [2020-2025 Dietary Guidelines for Americans](#) focus on a lifespan approach to nutrition, with specific sections dedicated to nutrition during pregnancy and lactation, and infancy and early childhood.

[read more](#)



The epidemic within the pandemic: underlying health conditions

Developmental origins unravel the root causes

While COVID-19 has reached pandemic proportions, it is not the only pandemic we are facing. In the U.S. the severity of COVID-19 is associated with preexisting, chronic conditions.

[Learn more](#)

Research brief

How policy influences our health: analyzing policies through the DOHaD lens

Public health policies are designed to improve community health and safety in ways that benefit every person. These policies have the potential to address structural inequities in society, which are some of the most important determinants of human health. What if we were to analyze the

impact policies have on human health, using a Developmental Origins of Health and Disease (DOHaD) lens? This is what researchers did, in a 2018 commentary in the International Journal of Environmental Research and Public Health. [Continue reading](#)

Nutrition Oregon Campaign update

The Eastern Oregon hub received a \$200,000 grant from Share Our Strength to expand the Frontier Veggie Rx program. The program will now include a nutritional education component, and standardize interventions and evaluation methods across Malheur, Harney and Lake Counties. The grant is in conjunction with Eastern Oregon Coordinated Care Organization (EOCCO), Eastern Oregon Healthy Living Alliance (EOHLA), Greater Oregon Behavioral Health Institute (GOBHI), Valley Family Health Care and the OHSU Moore Institute.

Moore Institute news

- The [Alaska Native Health and Wellness Research Center](#), part of the Moore Institute, received a 5-year \$3 million NIH grant to identify molecular mechanisms linking the protective role of culture to blood pressure regulation, a major risk factor for stroke in Yup'ik Alaska Natives.
 - The Moore Institute will host the second **Nutrition in Pregnancy Conference** in Washington, D.C. this fall. The conference will bring together health care providers, researchers and policy groups to discuss how to prioritize the important role nutrition plays during pregnancy in establishing long-term community health.
-

What we're reading



The Atlantic December 22, 2020

[The Virus is Showing Black People What They Knew all Along](#)

COVID-19 doesn't discriminate by race, yet it has still laid bare the brutality of racism in the U.S.

Civil Eats January 28, 2021

[Questions Remain about Big Food's Influence on the New Dietary Guidelines](#)

Advocates and experts point to a long-standing pattern of corporate influence on the nation's go-to source of nutrition advice.

Robert Wood Johnson Foundation January 2021

[Federal Policy Recommendations to Advance Health Equity](#)

A series of policy briefs include evidence-based recommendations to help people through the immediate health and economic crises, and longer-term recommendations to ensure a fair and just opportunity for health.

Center for American Progress February 1, 2021

[When Women Lose All the Jobs: Essential Actions for Gender-Equitable Recovery](#)

The tumultuous year of 2020 may be over, but the coronavirus pandemic and the significant financial insecurity facing many women and their families are not.

[Email us](#) if you have information you would like to see shared in this newsletter.

© 2021 OHSUSU
3181 S.W. Sam Jackson Park Rd. Portland, OR, 97239,