Multiple Sclerosis & Neuroimmunology Fellowship at OHSU and VA Portland HCS
MS & Neuroimmunology Fellowship Program
Directors at OHSU/VA Portland HCS

Dennis Bourdette, MD, FAAN, FANA
Professor Emeritus, Neurology, OHSU

Vijayshree Yadav, MD, MCR, FANA, FAAN
Professor, Neurology; OHSU MS Center Director, OHSU
Staff Neurologist; Researcher, VA Portland HCS
Assistant Director of Clinical Care, VA MSCoE West
About the Multiple Sclerosis & Neuroimmunology Fellowship

• The OHSU MS Center, in conjunction with the VA MS Center of Excellence, offers fully funded fellowship positions
  o Fellowships have guaranteed support, including fringe benefits and salary based on the PGY level
  o 2-year clinical and research fellowship
  o 1-year clinical fellowship in adult or pediatric MS and Neuroimmunology
  o Optional 3rd year for research focused fellows
• Positions typically begin July of each year, but the start date is negotiable
• As with all MS fellowships, the fellowship is NOT ACGME accredited
About the Multiple Sclerosis & Neuroimmunology Fellowship

• Training provided within a public and federal hospital as well as inclusion in a national VA organization setting standards of excellence in VA MS care
  o Fellows have their own clinics and patient panels, with staffing available at every clinic
• Fellows can customize their training to focus on their areas of interest and long-term career goals
• Inclusion in OHSU’s Human Investigations Program as well as opportunities to initiate or collaborate on research projects carried out at OHSU and the VA
  o Fellows enhance their understanding of clinical and translational research and gain practical skills in conducting successful research studies
About the Multiple Sclerosis & Neuroimmunology Fellowship

- A weekly local MS team didactics series is provided as well as inclusion in a national bi-monthly educational series for fellows
- Opportunities to participate in educational programs
  - Presentations at national and regional CME seminars
  - Presentations at local and regional patient seminars
  - Authorship for national newsletters for Veterans with MS and VA health care professionals
- Most 2-year fellows graduate with co-authorship on 3+ manuscripts and 2+ lectures
About the OHSU Multiple Sclerosis Center

• Founded in 1983
• One of the top programs in the country for the care of MS and related disorders
• Over 1,500 people followed in clinics
• Affiliated with the VA Portland VA HCS which follows over 350 Veterans in MS clinics
• Member of the Consortium of MS Centers, Race to Erase MS Center Without Walls, a network of the nation’s top MS institutions, including Harvard, UC San Francisco, Yale, USC, UCLA and Johns Hopkins
About the VA MS Center of Excellence (MSCoE)

- Established by the Veterans Health Administration in 2003
- There are two national VA MSCoE coordinating Centers, MSCoE East located in Baltimore, MD and MSCoE West jointly located in Seattle, WA and Portland, OR
- Improves the quality and consistency of health care services delivered to Veterans with MS across the country through a national network of MS providers within the VA
- Conducts clinical, epidemiologic, health services and basic science research relevant to the care of Veterans with MS
- Provides a national program of MS education for health care professionals, Veterans and caregivers
Multiple Sclerosis Center Faculty

Vijayshree Yadav MD, MCR, FANA, FAAN
MS Center Director

Many of our MS Physicians graduated from the OHSU/VA fellowship!

Dennis Bourdette MD, FAAN, FANA

Jacqueline Bernard MD, FAAN

Edward Kim MD

Michael Lane MD

Michelle Cameron MD, PT, MCR

Rebecca Spain MD, MSPH, FACA

Elizabeth Silbermann MD

Lindsey Wooliscroft MD
Comprehensive Care for Patients

- Infusion therapies
- Rehabilitation: Physical, Occupational, Cognitive
- Neuro-ophthalmologists
- Urologists
- Neuropsychologists/Psychiatrists
- Sleep specialists
- Pain Clinic
- Neurosurgery
- Complementary Therapies: Naturopath, Acupuncture
- Complimentary access to OHSU’s exercise facility
Innovative Research from Clinicians

• **Collaborative MS Wellness Research Center** (NMSS) established in 2015
• **Rebecca Spain, MD**: lipoic acid in SPMS, use of treatments by people with MS
• **Vijayshree Yadav, MD**: vascular diseases, diet, anti-oxidants, MitoQ for fatigue
• **Dennis Bourdette, MD**: lipoic acid, thyroid hormone and MS
• **Michelle Cameron, MD**: fall prevention, assistive devices in MS
• **Lindsey Wooliscroft, MD**: aerobic exercise, remyelination
• **Elizabeth Silbermann, MD**: novel visual assessments in MS
• **Cinda Hugos, PT**: spasticity management for MS
Innovative Research From Basic Scientists

- **Ben Emery, PhD**: studying genes that control myelination
- **Kelly Monk, PhD**: researching genes that turn myelin formation on and off
- **Arthur Vandenbark, PhD**: RTL 1000
- **William Rooney, PhD**: advanced MRI and MS
- **Fay Horak, PhD**: gait and balance in MS
- **Thomas Scanlan, PhD**: thyroid hormone like drug to stimulate remyelination
- **Scott Wong, PhD**: studying virus that causes MS like disease
Interested in a Multiple Sclerosis & Neuroimmunology fellowship

• Send an e-mail expressing interest to Dr. Yadav at yadavv@ohsu.edu
• Applications are accepted - October to January during the PGY 3 year
  o Resume
  o Letter of interest
  o 3 recommendation letters
• Interviews are in the fall, 2 years before the fellowship start date
  o Interviews in 2020 are for the 2022 fellowship year
• Typically, 2-3 fellows join each year
What to Expect Following the Multiple Sclerosis & Neuroimmunology Fellowship Interview

• Fellow selection decisions are made at the start of the year, in late January or early February, following the interview season
  o If selected, and the position is accepted, a formal offer letter will be sent to the applicant

• At the start of the fellowship year, January or February, you will be contacted by OHSU and VA to begin the credentialing process
  o A timeline for this process will be provided
Fellowship Questions?

For questions regarding the fellowship, please contact one of the following:

• **Vijayshree Yadav** - yadavv@ohsu.edu  
  Fellowship Director

• **Dennis Bourdette** - bourdett@ohsu.edu  
  Fellowship Co-Director

• **Jaimie Henry** - Jaimie.Henry@va.gov  
  Fellowship Coordinator
Join the OHSU & VA Multiple Sclerosis Team