



## PEDIATRIC INTENSIVE CARE

# Pediatric intensive care unit rules

### Visitors

#### When?

Visiting hours are 8 a.m.–8 p.m. After 8 p.m., only parents or adult caregivers may stay.

#### How many?

We recommend no more than 4 visitors at a time.

- If you have more than 4 people, visitors may take turns spending time with your child. Visitors are welcome to use the waiting room.
- We may ask for fewer than 4 visitors at times, for your child's care or safety.

#### Can other kids visit?

Children under 12 may not visit unless they are your child's brothers or sisters. There may be other visiting rules during flu season, October through February. Children under 18 must always be with an adult.

#### Who can spend the night?

Up to 2 adults may spend the night with your child in the hospital. Your child's brothers or sisters may not, unless they are babies who are breastfeeding.

If your baby stays with you, they need a safe place to sleep, such as a bassinet or Pack 'n' Play. They may not sleep on the daybed in your child's hospital room.

#### Can we visit if we are sick?

We check all your child's visitors to learn if they are healthy. Please do not visit if you are sick. Ask friends and family to stay away if they do not feel well.

If you have a cough, you must wear a mask at the hospital.

## **Preventing infections**

Please clean your hands with hand sanitizer or soap and water at these times.

- When you enter or leave your child's room
- Before touching your child
- After eating and using the bathroom

## **Isolation precautions**

If your child has signs of an illness that could spread to other people, we will do certain things to protect other patients. These things are called "isolation precautions." For example, your child's health care team might wear gowns and masks in your child's room. We might sometimes ask you and other family members or visitors to wear them, too.

If we are taking isolation precautions for your child, please do not use the shared areas in the PICU. These areas include the nutrition room, lactation room and waiting room. Large public areas such as the OHSU cafes are OK to use.

## **Keeping your child safe**

- We must be able to see your child at all times from the door of their room. Please keep curtains partly open.
- Only OHSU Doernbecher staff may touch your child's medical equipment. For your child's safety, do not turn off any alarms or adjust or unplug any equipment.
- If you are not next to your child's bed, the side rails to their bed or crib must always be up. This helps keep them from falling out.
- For your child's safety, you may not lie or sleep with your child in their hospital bed or crib.
- Latex (rubber) balloons and live plants and flowers are not allowed in the PICU. Mylar or foil balloons are OK.
- No weapons of any kind are allowed in the hospital. This includes guns, knives, pepper spray and other devices.

## **General hospital rules**

### **Cell phones**

You may use cell phones in your child's room. You may not take pictures or videos or record anyone besides your child without permission. This includes your child's health care team.

### **Controlled entry**

The pediatric ICU is locked. All visitors must check in with our front desk staff to get badges marked with the day of the week they are visiting. If no one is at the front desk, please pick up the phone next to the door to contact someone.

### **Information on your child**

You may call the unit at any time to check on your child. You must have your child's access code to receive information over the phone. We give you this code when your child comes to the PICU. You may share it with other adults if you would like.

## **Home appliances**

Please do not bring electrical devices from your home. Only cell phones, tablets and laptops may be plugged into our outlets.

## **Restricted areas**

To protect patient privacy, do not walk through the nurses' and physicians' workstation.

## **Restricted activities**

OHSU is a non-smoking campus. You must leave OHSU property to smoke or vape.

Using alcohol or drugs, being under the influence of alcohol or drugs, or having sex in patient rooms or other OHSU areas is not acceptable.

## **Behavior**

OHSU is a place of safety and healing. We do not tolerate rudeness, disrespect, discrimination, harassment, threats or violence. You may be asked to leave the hospital if you do these things or do not follow hospital rules.