

# Being a Postdoc in CEDAR.

The postdoc experience in CEDAR combines the best of biomedical research startups and traditional academia. Before joining, it is important to understand the benefits and expectations of being a postdoc at CEDAR.

**Postdocs are not assigned to a PI or research project.** We believe CEDAR postdocs should direct their own research, and should choose projects that interest them. Postdocs who succeed at CEDAR are mature, independent, and driven. They function like other CEDAR researchers by joining and managing teams, and they are strongly motivated to develop as independent scientists by conducting research on an accelerated timeline.

**Postdocs are assigned a CEDAR professional advisor.** This person is assigned by CEDAR starting on your first day. They are your professional coach, helping you navigate CEDAR and consider future career plans. Every three months, they will have GROW conversations with you, which are formal mentoring sessions to help you identify and achieve your goals.

**Postdocs shape their own research experience.**

You build your own postdoc fellowship based on your professional ambitions. We support the startup approach of patent development and fail-fast projects alongside the traditional approach of manuscript writing and publishing. You choose your own path—identify your own collaborators, join other interesting projects, submit your own project proposals, and can oversee your own research projects.

**Postdocs receive unparalleled research support.**

You do not have to manage major lab operations, including equipment ordering and maintenance. In addition, although you will write internal proposals to receive funding for your research projects, you are not required to write external grants. However, if you are interested in applying for national grants and fellowships, we have resources to help you.



“As a postdoc, CEDAR has been a unique multidisciplinary experience with the opportunity to grow as a scientist, a team member and a team leader.”

Sarah Barnhill, Ph.D., Postdoctoral Scholar, CEDAR