Preparing for your procedure during COVID-19

Your safety is our top priority. In light of the COVID-19 coronavirus, we have had to make some changes. To prevent the spread of disease, we are limiting the number of people in our building. Please follow these guidelines to keep you safe for your procedure.

2-3 days before your procedure

Prevent the spread of COVID-19

• Continue to stay 6 feet away from others and clean your hands often. Your support person who brings you to and from the hospital should also follow these rules.
• Avoid close contact with others and try not to leave your home, especially during the 2 days before your procedure.

Get tested for COVID-19

• We will call you to talk about coronavirus testing.
• You will need to get tested:
  □ 2-3 days before surgery for Monitored Anesthesia Care / Topical / Local Anesthesia
  □ 2 days before surgery for General Anesthesia
• If you do not get tested within the required timeframe as defined during the scheduling process, we may need to reschedule your procedure.

OHSU testing site:
  o OHSU Pre-Op Medicine Clinic (by appointment)
    3485 S. Bond Ave, Portland, OR 97239
    7 a.m. – 5 p.m., 7 days a week

➢ Possible schedule changes. We may have to reschedule your procedure if there is an increase in COVID-19 cases. We will keep your best interests in mind when making these decisions. Thank you for your understanding.
2-3 days before your procedure (continued)

Report COVID-19 symptoms

- Check for symptoms every day.
- Let us know if you have:
  - Fever, sore throat, runny nose, cough, shortness of breath, body aches or other symptoms.
  - Been diagnosed with COVID-19.
  - Had close contact with someone who has COVID-19 (suspected or confirmed) within the past 14 days.
  - Traveled within the last 14 days to a CDC Level 3 risk country: www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.
  - Traveled on a cruise ship within the last 30 days.

If you have questions or concerns about COVID-19 symptoms, please contact your primary care provider. If you don’t have one, please call:

OHSU Health COVID-19 Hotline at 833-647-8222, 8 a.m. to 8 p.m., 7 days a week.

The day of your procedure

Coming to the hospital

- **For patients age 18+:** You must have **1 healthy adult** (age 18+) be your support person. They are responsible for getting your discharge instructions and taking you home after your procedure.
- **For patients younger than 18:** ONLY **1 healthy adult** (age 18+) can be with the patient. You can put in a request with your surgeon to have a 2nd healthy adult with you.
- **No additional visitors** are allowed in the hospital at this time.
- **Wear a mask** (age 2+). You and your support person need to wear a face covering. Do NOT wear masks with breathing valves. These do not provide the protection we need. If you do not have a mask, we can give you one. If you or your support person refuse to wear the right kind of face covering, we may need to reschedule your procedure to another day.
The day of your procedure (continued)

During your visit

1. Enter the building through the main floor.
2. Next, go to the 6th floor to check in at the admitting desk and sign paperwork. You and your support person will be asked screening questions to make sure you do not have COVID-19 symptoms.
3. For children, 1 healthy adult ONLY (no children) may be with the child patient in the pre-procedure area. You will be reunited with them after surgery in the recovery room.
4. Go to the pre-procedure location or surgery waiting area on the 6th floor. For adults, your support person is NOT allowed in the pre-/post-procedure area, except:
   - To learn discharge instructions for when you leave the hospital
   - If you have a disability (physical, intellectual, behavioral, cognitive, deafness, hard of hearing, communication barrier, blindness, autism, dementia, etc.), your support person can be with you if:
     - You need their help to answer questions and make health care decisions
     - You need them to help with your care.

Support person

- Bring your support person’s contact information so we can let them know when to pick you up and can share discharge instructions. *(If your support person does not hear from the recovery room nurse, they may call 503-494-3332 for an update.)*
- During your procedure, your support person should try NOT to move around the hospital too much. They can wait:
  - At home or off the OHSU campus, if they return at the time we give them
  - In their car in a spot with a good cellular signal. You may be able to connect to “OHSU-Guest” Wi-Fi in some areas.
  - In designated areas on the ground floor of Casey Eye Institute (Level 2).