

Worker Health: Work as a Social Determinant of Health

Sponsored by the [Oregon Institute of Occupational Health Sciences](#), [Oregon Healthy Workforce Center](#), [Oregon Health & Science University \(OHSU\)-Portland State University \(PSU\) School of Public Health](#) and [Portland State University Occupational Health Psychology Program](#).

November 13, 2020 via WebEx

Agenda and Biographies

(All attendees will be asked to not share their video and to mute through the session)

- 8:00 – 8:15 AM *Welcome and Logistics*
Leslie B. Hammer, Ph.D.
Professor, Oregon Institute of Occupational Health Sciences
Co-Director, Oregon Healthy Workforce Center
Oregon Health & Science University (OHSU)
Associate Director, Portland State University, Occupational Health Psychology Program
Dawn M. Richardson, DrPH, MPH (She/her)
Incoming Associate Dean for Social Justice
Associate Professor
OHSU-PSU Joint School of Public Health
- 8:15 – 9:00 AM *Keynote: Work as a Social Determinate of Health: Challenges and Opportunities*
Rada K. Dagher, Ph.D, MPH, Scientific Program Director at National Institute of Minority Health and Health Disparities
- Dr. Rada Dagher is a Scientific Program Director at NIMHD. She manages a diverse portfolio of research, capacity building, and training grants, and is a project scientist on several cooperative agreement awards. Dr. Dagher is the program director for the Ruth L. Kirschstein National Research Service Award Fellowships as well as the Mentored Career Development Awards and represents NIMHD on multiple NIH-wide committees including NRMN/BUILD (National Research Mentoring Network/Building Infrastructure Leading to Diversity). Prior to joining NIMHD, Dr. Dagher worked in academia where she conducted research in maternal and child health, mental health, occupational health, and health disparities. Her research focused on the determinants of postpartum

depression and the impact of this disorder on healthcare use. She also studied the impact of employment policies and psychosocial work organization on workers' mental and physical health, and gender and racial/ethnic disparities in mental health and mental health services. She has amassed numerous publications in prestigious [journals](#). Dr. Dagher's education in public health began at the American University of Beirut where she received both her BS in Environmental Health and MPH degrees. She then obtained a PhD in Health Services Research, Policy, and Administration from the University of Minnesota. Dr. Dagher has earned numerous accolades including being inducted in the Delta Omega Honorary Society of Public Health and being selected for the AAAS Science and Technology Policy Fellowship. She also received the American Public Health Association's Young Professional Award for her contributions and leadership in science, program, and policy relating to the health of women, children, and families.

9:00- 9:45 AM

Work Can Be Bad For Your Health

Paul Spector, PhD, Emeritus Professor in the School of Information Systems and Management, and the Department of Psychology at the University of South Florida (USF)

Paul Spector is a distinguished emeritus professor in the School of Information Systems and Management, and the Department of Psychology at the University of South Florida (USF). He was a professor of industrial-organizational (I-O) psychology at USF for 38 years and served as the I-O doctoral program director for 15 years. For 13 years he was director of the USF Occupational Health Psychology doctoral program, funded by NIOSH as part of the Sunshine Education and Research Center. His research on a variety of topics in occupational health psychology have appeared in major journals, including Journal of Occupational Health Psychology, Occupational Health Science, and Work & Stress where he is an associate editor.

9:45 – 10:00 AM Break

10:00 –10:45 AM *Leadership and mental health in the time of COVID: Lessons learned from multinational data*
Jennifer K Dimoff, Ph.D., Assistant Professor, Telfer

**School of Management, University of Ottawa, Affiliate
Faculty of Portland**

Dr. Dimoff is an Assistant Professor in Organizational Behaviour and Human Resource Management at the Telfer School of Business at the University of Ottawa. Prior to joining the faculty at Telfer, Dr. Dimoff spent three years at Portland State University, where she maintains status as an Affiliate Faculty member. Dr. Dimoff's primary area of research focuses on the intersections between leadership, occupational health and safety, and employee training and development. She has worked with local, national, and international organizations to develop, deliver, and evaluate evidence-based solutions to real workplace problems.

11:00 – 11:30 AM *Trust in the Work Environment and Cardiovascular Disease Risk: Findings from the Gallup-Sharecare Well Being Index*
**Toni Alterman, PhD, Senior Research Epidemiologist,
CDC, National Institute for Occupational Safety and
Health**

Dr. Toni Alterman is a Senior Epidemiologist in the Division of Field Studies and Engineering at the Centers for Disease Control and Prevention (CDC) National Institute for Occupational Safety and Health (NIOSH) in Cincinnati, OH. She has both a masters and PhD in social psychology, with a minor in organizational behavior, and an MS in epidemiology, with an emphasis on psychiatric epidemiology. Prior to coming to NIOSH, 28 years ago, Dr. Alterman was on the faculty of the University of Texas Health Science Center School of Public Health in Houston Texas. She first conducted research on cancer and cardiovascular disease epidemiology but moved on to focus on social and psychiatric epidemiology with an emphasis on mental health, work organization, workplace psychosocial factors, and recently, nonstandard work, particularly as it relates to gender, nativity and race or ethnic differences. She has been awarded several diversity awards and received funding to work on developing research and survey questions in collaboration with multiple federal agencies, National Agricultural Workers Survey with the U.S. Department of Labor, Employment and Training Administration (DOL/ETA), a survey of farm managers with the United States Department of Agriculture, National Agricultural Statistics Service (USDA/NASS), research on

truck drivers in collaboration with the Federal Motor Carrier Safety Administration, (FMCSA) and adding occupational health questions to the National Health Interview Survey, CDC National Center for Health Statistics (CDC, NCHS). She was a member of the American Public Health Association leadership team in epidemiology for 14 years and serves in an advisory capacity on multiple committees and workgroups.

11:30 – 12:00 PM *Lunch and Rejuvenation on your own*

12:00 – 12:30 PM *Trends in working conditions, health, and socioeconomic health inequalities, and interventions to reduce socioeconomic health inequities*

Paul A. Landsbergis, PhD, MPH, Associate Professor, Department of Environmental and Occupational Health Sciences, State University of New York (SUNY)-Downstate Health Sciences University School of Public Health

Dr. Landsbergis is an Associate Professor in the Department of Environmental and Occupational Health Sciences, State University of New York (SUNY)-Downstate Health Sciences University School of Public Health. He received a PhD in Epidemiology from Columbia University and an EdD in Labor Studies from Rutgers University. Dr. Landsbergis has extensive research and teaching experience on social epidemiology, work organization, work stress, workplace interventions, lean production, socioeconomic health inequities, hypertension, cardiovascular disease, musculoskeletal disorders and psychological disorders. Dr. Landsbergis served as a member of the National Institute for Occupational Safety and Health's (NIOSH's) Intervention Effectiveness Research Team, and was a member of the National Research Council's Committee on the Health and Safety Needs of Older Workers. He co-edited two books on work stress and health (*The Workplace and Cardiovascular Disease*, 2000; *Unhealthy Work*, 2009), is Deputy Editor of the *American Journal of Industrial Medicine*, and has been a consultant to many labor unions.

12:30 – 1:15 pm *Obesity in America: Focusing on psychosocial stress as a risk factor*

Adolfo Cuevas, Ph.D., Assistant Professor, Community Health, Tufts University

Adolfo G. Cuevas, Ph.D., is a community psychologist and Director of the Psychosocial Determinants of Health (PSDH) Lab at Tufts University, where he, along with a multidisciplinary team of researchers, investigate the interrelationship between race/ethnicity, psychosocial stressors, and health-related outcomes within multiple social contexts (e.g., community, health system).

Dr. Cuevas has received funding from the Robert Wood Johnson Foundation and Cancer Disparities Research Network to investigate the biobehavioral pathways linking psychosocial stress and obesity among Hispanics/Latinos and Black Americans. His work has been published in a number of scientific journals such as Health Psychology, Cancer Causes and Control, American Journal of Public Health, and Cardiology Clinics and featured in Huff Post and NPR's Code Switch. He recently received the Tufts CTSI Career Development Award (KL2) to examine the effects of psychosocial stressors on obesity disparities.

For his research work on race, racism, and health, Dr. Cuevas was selected as one of the National Minority Quality Forum's 40 Under 40 Leaders in Minority Health. Dr. Cuevas received a Ph.D. in Applied Psychology at Portland State University concentrating in Community Psychology and Research Methods, an MS in Applied Psychology at Portland State University, and a BA in Psychology at City College of New York. He attained additional training as a cancer prevention postdoctoral fellow at the Harvard T.H. Chan School of Public Health (2015-2017).

1:15 – 1:45 pm

“Essentially forgotten”

Reyna Lopez (she/her), Executive Director at PCUN, Oregon’s Farmworker Union

Reyna is a leader and proud daughter of immigrants from Mexico, who came to Oregon in the late 80’s following the migration of farm work in the Marion County area. She is currently the Executive Director of PCUN, which was started by farmworkers and is now Oregon’s longest standing Latinx led organization. Reyna grew up in Salem, Oregon and graduated from Willamette University with her BA in Political Science and Sociology. For over a decade, she has been a

fierce leader and advocate for the Latinx community in Oregon, receiving the Immigrant Award from the American Association of Immigration Lawyers of Oregon, and Willamette University's Young Alumni of the Year Award for her work in social justice causes, campaigns, movement and coalition building. Today, Reyna is also leading on national efforts as a member of the board of the Center for Popular Democracy, and the Secretary Treasurer of the Oregon Working Families Party.

Reyna's passion for organizing and community is reflected throughout her career from her position as Civic Engagement Director at Causa, where she led the Yes on 88 Campaign, Oregon's first bilingual-bicultural ballot measure campaign! She founded the organization's New American Voter's Project and worked tirelessly to win Tuition Equity – a fight that took over a decade – for Oregon's Dreamer population. In recent years, Reyna was the Outreach Director at Our Oregon, where she managed the Fellowship Program and organization's base building efforts for Oregon revenue reforms. And most recently, fighting for gender justice at Family Forward Oregon as the Organizing Director where she developed programs around Paid Family and Medical Leave, and nationally focused campaigns fighting back to protect the national budget from harmful cuts, and protecting safety net programs.

1:45 – 2:30

Work as a Social Determinant of Maternal and Child Health
Julia M. Goodman, PhD, Assistant Professor, OHSU-PSU School of Public Health

Julia Goodman is an Assistant Professor at the Oregon Health & Science University and Portland State University School of Public Health. She is a health policy researcher who studies how work and work-related policies affect maternal and infant health. She earned her Ph.D. in Health Policy and her M.P.H. in Maternal and Child Health from UC Berkeley. She also holds a B.Sc. in Psychology from McGill University.

2:30 – 3:00 PM *Wrap Up*

Thank you for completing the course evaluation at: <https://bit.ly/3e1sKTr>

