

# Preparing for your surgery during COVID-19

Your safety is our top priority. In light of the COVID-19 coronavirus, we have had to make some changes. Please follow these guidelines to keep you safe for your surgery.

## 2 days before your surgery

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### Prevent the spread of COVID-19

- Continue to stay **6 feet away** from others and **clean your hands often**. Your support person who brings you to and from the hospital should also follow these rules.
- **Avoid close contact** with others **and try not to leave your home**, especially during the 2 days before your surgery.



### Get tested for COVID-19

- We will call you to talk about coronavirus testing.
- You will need the test within **2 days before your surgery**.
- If you do not get tested within the required timeframe as defined during the scheduling process, we may need to reschedule your surgery.

OHSU testing site:

- **OHSU Pre-Op Medicine Clinic** (by appointment)  
3485 S. Bond Ave, Portland, OR 97239  
7 a.m. – 5 p.m., 7 days a week

- **Possible schedule changes.** We may have to reschedule your procedure if there is an increase in COVID-19 cases. We will keep your best interests in mind when making these decisions. Thank you for your understanding.



## 2 days before your surgery (continued)

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### Report COVID-19 symptoms

- Check for symptoms every day.
- We will do a symptom check over the phone when we call you 1-2 days before your surgery.
- Let us know if you have:
  - Fever, sore throat, runny nose, cough, shortness of breath, body aches or other symptoms.
  - Been diagnosed with COVID-19.
  - Had close contact with someone who has COVID-19 (suspected or confirmed) within the past 14 days.
  - Traveled within the last 14 days to a CDC Level 3 risk country: [www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice](http://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice).
  - Traveled on a cruise ship within the last 30 days.

If you have questions or concerns about COVID-19 symptoms, please contact your primary care provider. If you don't have one, please call:

**OHSU Health COVID-19 Hotline** at 833-647-8222, 8 a.m. to 8 p.m., 7 days a week.

## The day of your surgery

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### Coming to the hospital

- You must have **1 healthy adult** (age 18+) be your support person. They are responsible for getting your discharge instructions and taking you home after your surgery.
- **No additional visitors** are allowed in the hospital at this time.
- **Wear a mask** (age 2+). You and your support person need to wear a face covering. Do NOT wear masks with breathing valves. These do not provide the protection we need. If you do not have a mask, we can give you one. If you or your support person refuse to wear the right kind of face covering, we may need to reschedule your procedure to another day.



## The day of your surgery (continued)

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### Checking in

1. When you enter the building, you and your support person will go through a **screening checkpoint** to make sure you do not have COVID-19 symptoms. Your support person needs to be screened but does not need a COVID-19 test.
  2. Next, check in at the **admitting desk** and sign paperwork.
  3. Go to the **pre-surgery location** or waiting area. Your support person can come with you to the waiting area. They are NOT allowed in the pre-/post-procedure area, except:
    - ☑ To learn discharge instructions for when you leave the hospital
- If you have a disability (physical, intellectual, behavioral, cognitive, deafness, hard of hearing, communication barrier, blindness, autism, dementia, etc.), your support person can be with you if:
- ☑ You need their help to answer questions and make health care decisions
  - ☑ You need them to help with your care.



### Support person

- Bring your support person's contact information so we can let them know when to pick you up and can share discharge instructions.
- During your surgery, your support person should try NOT to move around the hospital too much. They can wait:
  - ☑ At home if they live within 50 miles of OHSU, or
  - ☑ In their car in a spot with cell service, or
  - ☑ In one of these designated waiting spaces:
    - Main Hospital
      - 9<sup>th</sup> floor surgery waiting area, including hallway seating
      - Sam Jackson Hall lobby seating
    - Center for Health & Healing
      - Building 1, 4th floor surgery waiting area, including seating in elevator lobby and along skybridge to Building 2
      - Building 2, 4th floor surgery waiting area, including seating along skybridge to Building 1
- If you get moved to your own patient room, your support person can be there with you.

