Agenda

• Introduction – Dr. Sima Desai MD, Program Director
• Scholarship – Dr. Alan Hunter, Associate Program Director
• Evaluation – Dr. Erin Bonura, Associate Program Director
• Curriculum – Dr. Kyle Kent, Assistant Program Director
• Global Health – Dr. Robin Tittle, Assistant Program Director
• Educational Conferences – Dr. Joe Chiovaro, Associate Program Director
• Ambulatory Medicine – Dr. Chris Terndrup, Assistant Program Director
• Social Media – Dr. Avi O’Glasser, Assistant Program Director
• Chief Residents – Drs. Joel Burnett, Edward Maldonado, Kelsi Manley, Matt O’Donnell
• Dena Dowhaniuk, Educational Programs Manager
Our vision is to develop physician leaders who heal through high-quality care, compassion, community engagement and discovery.
MISSION

To provide a diverse and individualized training environment that encourages evidence-based medicine, rigorous inquiry, team-based interdisciplinary collaboration and resident wellness to ultimately provide exceptional patient care.
Diversity and Inclusion

Danny Jacobs MD
President OHSU

Black Employee Resource Group

Latino Outreach Committee

Women in Academic Medicine

OHSU Pride Group

Derrick DuVivier
Assist. Dean,
Diversity, Equity and Inclusion

Project Partnership
Transgender Health Program
Residency Leadership Team

David Jacoby MD Chair, DOM
Erin Bonura MD Curriculum, Eval
Joe Chiavaro MD Simulation, Med Ed
Alan Hunter MD Scholarship
Katie Iossi MD Ambulatory
Claire Zeigler MD GH Scholars Program

CR- Matt, Kelsi, Joel, Eddie
Kyle Kent MD Curriculum
Avi O'Glasser MD Soc Media, Scholarship
Chris Terndrup MD Ambulatory
Robin Tittle MD GH Scholars Program
Residency Program Office

Dena Dowhaniuk  
Program Manager

Jessica Tilford  
Program Technician

Lynn Washington  
Program Technician (Amb)

Joanne Bradfield  
Administrative Coordinator

Marcie Evans  
Medical Student  
Program Technician

Travis Cutler  
Medical Student  
Program Assistant
Continuity Clinic Sites

OHSU Internal Medicine (IMC)  Old Town Clinic  VA Primary Care Clinic
WELLNESS & RESILIENCY

- Physical Health
- Emotional Health
- Life Security
- Community
- Meaning in Work
Resident & Faculty Wellness Center

- **Health Maintenance Days**
  - Pre-scheduled 2 half days
  - Health care, dentist, eye, etc
  - You schedule other 2 half days
- **Resident Wellness Center**
  - Free, confidential
Scholarship in Residency

Alan J. Hunter, MD, FACP (Associate Program Director)

“Get to Know” - Virtual Applicant Session
OHSU Internal Medicine Residency Program
Overview

• Team
• Value
• Modes, venues, performance & recognition
• Resources & Support
Overview

• Team

• Value

• Modes, venues, performance & recognition

• Resources & Support
Overview

• Team

• Value

• Modes, venues, performance & recognition

• Resources & Support
Value of Scholarship?

- For **residency**
  - Engage in scholarship (yeah … required…)
  - Assures we are learning with every encounter
  - Set a bar:→ yourselves, learners, & faculty
Value of Scholarship?

- For residency
- For (to?) fellowships
  - Demonstrate commitment to school & research
  - Get some presentations, publications
Value of Scholarship?

- For residency
- For (to?) fellowships
- For your **career/life**
  - Develop habitual practice of routine
  - Asking -- Answering -- Sharing
  - Life-long-learning (it keeps the mind young 😊)

"I don't need a doctor, damn it, I am a doctor!"
Star Trek: A Future Begins
Overview

• Team

• Value

• Modes, venues, performance & recognition

• Resources & Support
“Now THAT is a negative Romberg test!”

Submitted by Alina V. Plavsky, MD, MPH (OHSU Grad. 2019)
ACP Hospitalist Weekly, May 2020, Cartoon Caption Contest
https://acphospitalist.org/weekly/archives/2020/05/06/6.htm
Scholarship Tracker
(A.K.A. → Dr. O’Glasser)

Podcasts
Text Chapters
Publications
Orals
Posters

AY15-16
AY16-17
AY17-18
AY18-19
AY19-20

1
57
80
82
97

27
8
2

22
66

23
54

28

67

99

*** had several VERY prolific residents ***
May 2020 Update
Overview

• Team

• Value

• Modes, venues, performance & recognition

• Resources & Support
Scholarship Resources (& More ↓)

Quick links:
- Dr. Hunter’s Comprehensive List of Journals by Subspecialty
- Scholarship Timeline for Residency
- SPeAR Group (Scholarship Peer Advice and Resources): imscholarship@ohsu.edu
- Department of Medicine Research point-of-contacts by Division: (Box file, OHSU login required)
- Residency Program Scholarship Requirements
- Residency Program Conference Attendance & Travel/Financial Support (& see more below):
  - Residency Program Educational Leave Policy
  - Residency Program Funding Policy
  - Chair funding
  - Chair funding process
- Lectures for residents:
  - OHSU Librarian Resources for Residents - Noon Conference by Laura Zeigen, OHSU Research Librarian
  - VA Librarian Resources for Residents - lecture by Sola Whitehead, VA Librarian
  - Selecting a Research Project: Practical Tips - Noon Conference by Dr. Eddie Maldonado
  - Introduction to Scholarship for the Busy Internal Medicine Resident - Noon Conference by Dr. Avital O’Glasser
  - Scholarship in Residency - Noon Conference by Dr. Joe Chiovare to residents (internal access only)
  - Introduction to QT and Safety Scholarship - Noon Conference by Dr. Jeff Gold
- OHSU Copy Center
Scholarship Resources/Support

- SPeAR
- Noon Conferences
- Interest Groups
- Funding Opportunities
- Library / OCTRI

- **Website** (Public facing) / IMRESPDX.com
Evaluation & Curriculum
Erin Bonura, MD (Associate Program Director)
Kyle Kent, MD (Assistant Program Director)

“Get to Know” - Virtual Applicant Session
OHSU Internal Medicine Residency Program
Evaluations: Overview

• Evaluation is a key component of curriculum design
• Goal = alignment
Evaluations: Design

- Research
- Collaborate
- Map
- Visualize
Evaluations: Implementation

2019
• Wards
• ICUs
• Consults

2020
• Ambulatory
Evaluations: Outcomes

- Intentional curricular design
- Clear communication of expectations for residents and faculty
- More data points
- More easily address curricular needs driven by data
Curriculum – Residency Curriculum Committee

• Ensure outstanding day to day training experience
  – Continuous improvement of inpatient/subspecialty rotations
  – Noon Conference Series – 3-year curriculum
  – Forum to guide new ideas to implementation
Curriculum – Residency Curriculum Committee

• Residents and Faculty working together
  – ~3 residents per class
  – Rising Chief Resident
  – Current Chief Resident
  – Faculty representing all subspecialties and realms of the curriculum
Curriculum – Residency Curriculum Committee

• Data driven
  – In-Training Exam, ABIM, resident evaluations of sessions
  – Resident feedback about rotations
  – Improved evaluations – are residents learning what we want them to learn?
Curriculum – Residency Curriculum Committee

• Outcomes
2015 - 2019 THREE-YEAR ROLLING PROGRAM PASS RATES FOR INTERNAL MEDICINE

* Includes programs who, across the three-year span, had at least 10 first-takers who graduated the year of or the year prior to their exam.

** Presented if your program, across the three-year span, had at least 10 first-takers who received final evaluations from your program and graduated the year of or the year prior to their exam.
2019 OVERALL PROGRAM PERFORMANCE FOR INTERNAL MEDICINE

2019 PASS RATE
Candidates Across All Program: 92%
Candidates From Your Program: 100%

PERCENT OF CANDIDATES (ALL PROGRAMS)

YOUR PROGRAM**
N = 30
(0 Results Withheld)

STANDARDIZED SCORE SCALE

Your Program Median Score
Your Program Individual Scores
Passing Score

* First-takers who took the 2019 exam
** First-takers who released their results and received final evaluations from your program in 2018 or 2019.
2019 PROGRAM PERFORMANCE BY MEDICAL CONTENT AREAS

Cardiovascular Disease (14% of exam) 0.26 [0.15, 0.37]
Endocrinology, Diabetes, and Metabolism (9% of exam) 0.50 [0.22, 0.79]
Gastroenterology (9% of exam) 0.47 [0.19, 0.75]
Hematology (6% of exam) 0.53 [0.24, 0.81]
Infectious Disease (5% of exam) 0.61 [0.32, 0.89]
Medical Oncology (6% of exam) 0.62 [0.34, 0.91]
Nephrology and Urology (6% of exam) 0.46 [0.17, 0.75]
Pulmonary Disease (6% of exam) 0.52 [0.23, 0.81]
Rheumatology and Orthopedics (9% of exam) 0.50 [0.22, 0.79]
Other Medical Specialty Areas/Miscellaneous (23% of exam) 0.61 [0.33, 0.88]

---BELOW---

* All first-takers who took the exam in 2019
** First-takers who received final evaluations from your program in 2018 or 2019
Curriculum – Residency Curriculum Committee

• Outcomes
  – Outstanding well-rounded training
  – Strong across all specialties
  – 100% board pass rate
  – Residents – program hears their feedback and responds
Global Health

Claire Zeigler, MD (Associate Program Director)
Robin Tittle, MD (Assistant Program Director)

“Get to Know” - Virtual Applicant Session
OHSU Internal Medicine Residency Program
**OHSU Global Health Scholars Program: Overview**

**Mission:**
The OHSU IM Global Health Scholars Program provides a pathway of clinical and didactic experiences to develop physicians who will care for vulnerable, underserved communities with a view towards alleviating health disparities.

**Components**
- Curriculum
- Resident-run journal club
- Local underserved elective
- Indian Health Service sites
- International elective PGY3 (Botswana)
GHSP Curriculum

• Core topics:
  – **Historical context** (Recognizing the impact of historical and current contexts on the health of communities)
  
  – **Structural racism** (Grappling with ongoing structural racism within medicine and in the day to day lives of patients)
  
  – **Structural competency** (understanding the political, social, and economic structures that shape health and healthcare)
  
  – **Advocacy** (practicing skills to advocate for underserved patients and communities)
Local Elective

Select one of the two local options

**Indian Health Service**
(one of following options)

1. **Anchorage** Service Area (*PC overlap), **Alaska**
2. **Round Valley** Indian Health Center (*PC overlap)
   Round Valley, **California**
3. **Chemawa** Indian Health Center **Salem**, Oregon
4. Tuba City Regional Health (IHS) **Tuba City**, **Arizona**

**Local Underserved Elective**

In Portland: Consists of:

1. **Community Resource and Referral Center** (homeless Veterans)
2. **Virginia Garcia Clinic** (FQHC)
3. **Corrections Medicine** (Chris Evans MD with a focus on HIV and HEP C)
4. **HIV Clinic** (OHSU)
Pre and post visit meeting with OHSU Faculty
Senior support from attending (Sara Schwanke Kilji MD) and Global Health Fellows (BIDMC fellows)
Continuous bedside teaching (focus on clinical reasoning)
Didactic presentations to Botswanan medical students and interns
Procedures
Opportunities in quality improvement and case report writing
Med Ed & Retreats

Joe Chiovaro, MD (Associate PD)

“Get to Know” - Virtual Applicant Session
OHSU Internal Medicine Residency Program
Conferences

Outpatient
• 2 half days
  – Problem based learning
  – **WISC/Quality improvement**
  – Chronic pain management
  – Educational prescription project
  – Core didactics

Inpatient
• Noon report
• Noon conferences
  – Emphasis on diagnostic reasoning, problem representation, illness scripts
  – Different educational styles
    • Traditional
    • Resident competition
    • Preconference teaching
    • Team based learning
Simulation Schedule

- Developed new simulation program
- Incorporation of microaggressions into simulation
- Increased hands on training time per intern
- Smaller groups this year for COVID

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Intern Report

• Complete overhaul in 2019 to emphasize clinical reasoning and incorporation of EBM with increasing complexity over the year.

Intern Report Educational Timeline
AY July 2019-June 2020

July-August-September
- HPI
- Problem representation
- Illness scripts
- Differential diagnosis

October-November-December
- Physical Exam

January-February-March
- Diagnostic testing: selection & interpretation

April-May-June
- Imaging selection
- Ambiguity
- Triage/Consult and interaction

Intern led case presentations
Intern brings cases preferably following the curriculum timeline (example: physical exam pearls in October).
+ Chief prepared “bread and butter” cases
  Every 5th week highlighting the above focuses.
  Examples: approaches altered mental status, weakness, hyperglycemia, skin infections, AKI, nephrotic syndrome
+ Expert led teaching sessions
  Every 5th week highlighting the above focuses.
R1 Workshop

**Becoming a Resident**
- Best practices for:
  - Admissions
  - Rounds
  - Discharges
  - Evaluations and expectations
- Teaching Medical Students
- Peer to Peer debrief

R2 Retreats

**Becoming a Leader**
- Leadership 1.0
- Code leadership
- Bias in medicine
- OMP
- Diagnosing your learners
- Feedback

Becoming an Educator
- Learning climate
- Chalk talks
- The adult learner and learning cycle
- Teaching clinical reasoning
- Motivations and mindsets

R3 Workshop (new)

**Becoming a Professional**
- Mentorship
- Social media management
- Professionalism, Ethics and Advocacy
- Developing expertise as a clinician

Leadership Focused

Teaching focused

Professional Development
Ambulatory Medicine

Katie Iossi MD (Associate PD)
Christopher Terndrup MD (Assistant PD)

“Get to Know” - Virtual Applicant Session
OHSU Internal Medicine Residency Program
Why we focus on Ambulatory Medicine

- Increasing PCPs would decrease healthcare costs
- Abundant PC resources reduce health inequities
- Most care patients receive is in outpatient setting

NEJM 2001;v344;2031-2025
+1 Week Schedules

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<td>Continuity Clinic</td>
<td>Specialty Clinic</td>
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- 3-4 continuity clinics per week
- 2 educational half-days (Ambulatory Report, Ambulatory Topics, PBL-I)
- Intern year- *WISC*, Women’s Health, CIM, Med-Psych, HIV
- R2/R3 year- second and specialty clinics
Special experiences

• Intern year
  – WISC- innovative curriculum combining the tools of quality improvement and patient safety (QI/PS) with the skills needed to increase resilience, reduce burnout and promote well-being.

  – Social Medicine- clinical and non-clinical experiences at a variety of sites serving vulnerable patients within the Portland community ("off the hill", not the VA or OHSU)

• R2/R3 years
  – Kaiser Rotation- allows residents to work in a non-governmental integrated health-care delivery system; includes a General Internal Medicine clinic, specialty clinics, dedicated education and an Independent Study Project
Continuity Clinics

- Three sites-OHSU, VA, Old Town Clinic
- All are medical homes
- Experienced and award-winning faculty as preceptors
- Diverse patients with complex diseases
- All are engaged in virtual care
Primary care track (PCT)

- Not a separate match- join intern year
  - ALL OHSU residents get excellent ambulatory training
- R2 Rural Rotation
- R3 Primary Care Blocks
- PCT Retreat (new!)

- Mentorship, Comradery with regular “gatherings”
- Scholarship!
Social Media

Avi O’Glasser MD (Assistant PD, Scholarship & SoMe)

“Get to Know” - Virtual Applicant Session
OHSU Internal Medicine Residency Program
How we get social...social media!

OHSU IM Residency
@OHSUIMRes Follows you

Balancing the personal and professional needs of our house staff. Strongly committed to resident education, excellence in clinical care and scholarship.

Portland, OR  bit.ly/1jXQEC7  Born July 1  Joined July 2015
Learn, teach, and share

Packed house today at #noonconference with our always incredible @Clotmaster (Dr. Joe Shatzel)! The topic? Rational use of anti-thrombotics!
Celebrate

We're proud of PGY3 @rloganjonesmd, Chief Res @PatrLiu, and @OHSU_DHM faculty @AndreMansoor for taking on a @hdx case on the @CPSolvers podcast. Not only did they take on the case, they nailed the diagnosis! Great work, team! @OHSUSOM @OHSUNews

@CPSolvers - Apr 24
The element of surprise...

#MedTwitter, tune in to hear @OHSUIMRes's @PatrLiu & @rloganjonesmd work through an exciting new @hdx case w/ @AndreMansoor: bit.ly/35048Hn

Thanks to Dr. Ruchit Rana for presenting!

10:39 AM - Apr 24, 2020 - Twitter for iPhone

OHSU IM Residency
@OHSUIMRes

Hot off the press 🔥🔥#OHSUscholarship case report from attending Dr. @AndreMansoor with recent graduate Dr. Meg Algranati and R2 Dr. Michael Oakes!

casereports.bmj.com/content/13/7/e...

André Martin Mansoor @AndreMansoor - Jul 17
See anything interesting on this peripheral blood smear? casereports.bmj.com/content/13/7/e...

#InfectiousDiseases #MedTwitter

3:38 PM - Jul 21, 2020 - Twitter Web App
Advocate

On the morning of their graduation ceremony, rising chiefs @F_MaldonadoMD @JBurnettMD @kelsi_manley & Matt O’Donnell joined graduating R3s @francisphanmd @JessHaragaMD for #WhiteCoatsForBlackLives. Proud of our residents for working toward social justice. #blacklivesmatter

Joel Burnett, MD @JBurnettMD · Jun 5
#WhiteCoatsForBlackLives @OHSUIMRes

What does the future of internal medicine training look like? For us, it includes health advocacy curriculum. Many thanks to chief residents @kelsi_manley and @JBurnettMD for introducing the new curriculum. Applicants, want to know more? Click here: ohsu.edu/school-of-medi...

Kelsi Manley @kelsi_manley · Aug 10
Today my colleague @JBurnettMD and I mentored residents in our pilot Advocacy curriculum for the first time in @OHSUIMRes history. So much work to get to this spot, but feel so lucky to have institutional support & invigorated to share this work with our residents. #MedEd

6:11 PM · Aug 10, 2020 · Twitter for iPhone
Connect

Tarin Worrest @TWorrest
First day back, so it’s time for an #OHSUFroyoReport! Noted contributor @DegenhardtErica recommended adding in Twix, which is a spectacular addition!

Patrick Stauffer @P_Stauffer
Classic swirl on this fine evening #ohsufroyoreport #nightfloat
Chief Residents
Joel Burnett, MD; Kelsi Manley MD; Edward Maldonado MD; Matt O’Donnell MD

“Get to Know” - Virtual Applicant Session
OHSU Internal Medicine Residency Program
Diversity, Equity, & Inclusion Resident Task Force
DEI IM Resident Taskforce

Mission

• Use our clinical and academic medical practice as a lens to enhance understanding and increase exposure to social inequities within our community, anti-racist thought and harms of race based medicine.

Aim

• Create an open environment to discuss ongoing inequities within our institution and greater community, propel projects forward that will dismantle race based medicine and systemic, institutional racism, and incorporate anti-racist teachings into our formal education and daily practice.
• Recognize our privilege as physicians and educators and continue to serve our community, particularly focusing on supporting vulnerable populations that have suffered during the COVID19 pandemic and centuries of racial injustice culminating in systemic oppression.
**Task Force Initiatives**

**Community Engagement & Volunteerism**
- Peer-based workshops on Microaggressions/Racism in Medicine
  - Journal/Multimedia Resident Club
  - Identification of community experts

**Diversity & Equity In Research, Scholarly Work, and Quality Improvement**
- Evaluate and dismantle harmful race-based medical teachings
  - i.e., eGFR, PFTs
- Identify gaps in medical literature that contribute to inequities

**Education, Lectureship, and Workshops**
- Mentorship programs with local students
- Community initiatives with local non-profits
- Increase engagement with local clinics with underserved patients
- Sustain lasting volunteer opportunities

- • Mentorship programs with local students
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- • Sustain lasting volunteer opportunities
The Scholarship Peer Advice and Resources Group is a resident-run collaborative of OHSU IM residents, who **strive to lower the activation energy needed** for residents to participate in research through peer-to-peer support and professional networking, with the aim of fostering scholarship in all forms, as we strive to uphold the academic mission of our program, the greater OHSU community, and the medical profession.
Major Goals for ‘20-21

We will overcome barriers to resident scholarship by creating:

01  Formalized mentorship program

02  Research skills workshop series
Aims

01 Mentorship
✓ Develop three tiers of mentorship for each incoming intern: peer mentor, fellow, and at least one faculty mentor

02 Research Skills Workshops
✓ Develop a 6-part workshop series to give mentees the tools and confidence to conduct projects effectively and efficiently

03 Scholarly Productivity
✓ Increase all scholarly output including abstracts, presentations, peer-reviewed manuscripts, and peer-reviewed research publications.
Physician Advocacy Curriculum

Mission:
To empower residents to become physician-leaders beyond the bedside by teaching the knowledge and skills necessary for effective health advocacy

State Capitol Building (Salem, OR)
Advocacy Curriculum Components

R1 Core Curriculum
• +1 Week Workshop Series
• Social Medicine Rotation Project

Noon Conference Series
• Advocacy and Policy Didactics
• Special Guest Speakers

Additional Opportunities
Education Office

Dena Dowhaniuk (Educational Programs Manager)

“Get to Know” - Virtual Applicant Session
OHSU Internal Medicine Residency Program
Residency Program Office

Dena Dowhaniuk  
Educational Programs Manager

Jessica Tilford  
Program Technician

Lynn Washington  
Program Technician (Amb)

Joanne Bradfield  
Administrative Coordinator

Marcie Evans  
Medical Student Program Technician

Travis Cutler  
Medical Student Program Assistant
Education Administration Office

We provide administrative support relative to all aspects of your training, which includes but is not limited to:

- **Scheduling** of rotation & clinic assignments, assistance with changes/swaps
- **Elective coordination** assistance
- **Leave coordination** (health maintenance, FMLA, scholarly, fellowship interviews)
- **Evaluations, work hour tracking, data reporting**
- **Planning of residency events** (workshops, retreats, graduation, etc.)
- **Scholarly work coordination** (poster design/printing, financial support)
- **Notary services, training verification forms** (licensing, exams, loans, etc.)
- **Student rotation evaluations and special event planning**

Residency training is busy, and we recognize that. We are here to assist you with administrative issues as much as possible so that you can focus on your education.
Thank You