

Poster: Equity Outdoors: Forging the Trail for Youth Leadership
Development Through Outdoor Activity

Contact information:

Lindsay Sauve, MPH

sauv@ohsu.edu

Angie Stapleton, MPA

stapleta@ohsu.edu

Erin Taylor

tayerin@ohsu.edu

Aleena West

westal@ohsu.edu

References:

1. Biggs, E.E., & Carter, E.W. (2015) Quality of Life for Transition-Age Youth with Autism. *Journal of Autism and Developmental Disorders*, 46, 190-204.

<https://doi.org/10.1007/s10803-015-2563-x>

2. Thompsen, J.M., Powell, R.B., & Monz, C. (2018) A Systematic Review of the Physical and Mental Health Benefits of Wildland Recreation. *Journal of Park and Recreation Administration*, 36, 123-148.

<https://doi.org/10.18666/JPra-2018-V36-I1-8095>

3. Oregon Office on Disability and Health. Data Brief: Physical Activity Among Oregonians with Disabilities. Portland, OR: Oregon Health & Science University; 2019. Available from

<http://www.ohsu.edu/xd/research/centersinstitutes/oregon-office-on-disability-and-health/data-statistics/>

4. Oregon Office on Disability and Health. Data Brief: Depression Among Oregonians with Disabilities. Portland, OR: Oregon Health & Science University; 2018. Available from

<http://www.ohsu.edu/xd/research/centersinstitutes/oregon-office-on-disability-and-health/data-statistics/>