CROWD CONTROL

It’s important to avoid crowds as much as possible while COVID-19 is spreading. But you can take steps to reduce risk if physical distance isn’t an option.

OUT AND ABOUT

• Wear a face covering (ages 2+).
• Avoid touching your face.
• Wash your hands / use hand sanitizer throughout the day.
• Avoid handshakes, fist bumps or high fives.
• Don’t shout, sing or cough near others.
• Stay home if you feel sick or were exposed to COVID-19.

WHEN YOU GET HOME

• Shower as soon as possible.
• Keep your distance from people you live with until you’ve washed up.
• Put your clothes in the laundry and disinfect surfaces you touched.
• Watch for symptoms.
• If someone gets sick, pick one person in your household to be their primary caretaker.

Visit safestrongoregon.org for more ways to live and work safely during the coronavirus pandemic.

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