Preparing your child for their test with sedation during COVID-19

Your family’s safety is our top priority. In light of the COVID-19 coronavirus, we have had to make some changes. Please follow these guidelines to keep you and your family safe for your child’s visit.

2 DAYS BEFORE YOUR CHILD’S TEST WITH SEDATION

Prevent the spread of COVID-19

– Continue to stay 6 feet away from others and clean your child’s hands often. You and your child’s caregivers should also follow these rules.
– Avoid close contact with others and try not to leave your home, especially during the 2 days before your child’s visit.

Get tested for COVID-19

– We will call you to talk about coronavirus testing.
– Your child will need the test within 2 days before their test with sedation.
– If you do not get tested within the required timeframe as defined during the scheduling process, we may need to reschedule your child’s test with sedation.

OHSU testing site:
OHSU Pre-Op Medicine Clinic (by appointment)
3485 S. Bond Avenue, Portland, OR 97239
7 a.m. – 3 p.m., 7 days a week

Report COVID-19 symptoms

– Check for symptoms every day.
– We will do a symptom check over the phone when we call you 1-2 days before your child’s visit.
– Let us know if you or your child have:
  □ Fever, sore throat, runny nose, cough, shortness of breath, body aches or other symptoms.
  □ Been diagnosed with COVID-19.
Had close contact with someone who has COVID-19 (suspected or confirmed) within the past 14 days.

Traveled within the last 14 days to a CDC Level 3 risk country:

Traveled on a cruise ship within the last 30 days.

If you have questions or concerns about COVID-19 symptoms, please contact your primary care provider. If you don’t have one, please call: OHSU Health COVID-19 Hotline at 833-647-8222, 8 a.m. to 8 p.m., 7 days a week.

THE DAY OF YOUR CHILD’S TEST WITH SEDATION

**Coming to the hospital**

- Your child must have 1 healthy adult legal guardian (age 18+) be their support person. Your child’s support person is responsible for getting discharge instructions and taking your child home after their test with sedation.

- No additional visitors are allowed in the hospital at this time.

- Wear a mask. You and your child (age 2+) need to wear a mask. Do NOT wear masks with breathing valves. If you do not have a mask, we can give you one. If you refuse to wear a mask without a valve, we may need to cancel your child’s test with sedation.

**Checking in**

1. When you enter the Doernbecher building, you and your child will go through a screening checkpoint to make sure your child does not have COVID-19 symptoms. You will need to be screened but you do not need a COVID-19 test.

2. Next, take the elevator to the 7th floor and check in at the beaver/bear desk.

3. You will be with your child in the sedation area and will be reunited as soon as possible after the test in the same area.

**Parents and caregivers**

- During your child’s test with sedation, you should try NOT to move around the hospital too much. You can wait in your car in a spot with cell service, or in one of these designated waiting spaces.