

Preparing for your procedure during COVID-19

Your safety is our top priority. In light of the COVID-19 coronavirus, we have had to make some changes. Please follow these guidelines to keep you safe for your procedure.

2-3 days before your procedure



Prevent the spread of COVID-19

- Continue to stay **6 feet away** from others and **clean your hands often**. Your support person who brings you to and from the hospital should also follow these rules.
- **Avoid close contact** with others **and try not to leave your home**, especially during the 2 days before your procedure.



Get tested for COVID-19

- We will call you to talk about coronavirus testing.
- You will need the test within **2-3 days before your procedure**, depending on what your procedure is.
- If you do not get tested within the required timeframe as defined during the scheduling process, we may need to reschedule your procedure.

OHSU testing site:

- **OHSU Pre-Op Medicine Clinic** (by appointment)
3485 S. Bond Ave, Portland, OR 97239
7 a.m. – 3 p.m., 7 days a week



2-3 days before your procedure (continued)



Report COVID-19 symptoms

- Check for symptoms every day.
- We will do a symptom check over the phone when we call you 1-2 days before your procedure.
- Let us know if you have:
 - Fever, sore throat, runny nose, cough, shortness of breath, body aches or other symptoms.
 - Been diagnosed with COVID-19.
 - Had close contact with someone who has COVID-19 (suspected or confirmed) within the past 14 days.
 - Traveled within the last 14 days to a CDC Level 3 risk country: www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.
 - Traveled on a cruise ship within the last 30 days.

If you have questions or concerns about COVID-19 symptoms, please contact your primary care provider. If you don't have one, please call:
OHSU Health COVID-19 Hotline at 833-647-8222, 8 a.m. to 8 p.m., 7 days a week.

The day of your procedure



Coming to the hospital

- You must have **1 healthy adult** (age 18+) be your support person. They are responsible for getting your discharge instructions and taking you home after your procedure.
- **No additional visitors** are allowed in the hospital at this time.
- **Wear a mask** (age 2+). You and your support person need to wear a mask. Do NOT wear masks with breathing valves. If you do not have a mask, we can give you one. If you or your support person refuse to wear a mask without a valve, we may need to cancel your surgery.



The day of your procedure (continued)



Checking in

1. When you enter the building, you and your support person will go through a **screening checkpoint** to make sure you do not have COVID-19 symptoms. Your support person needs to be screened but does not need a COVID-19 test.
2. Next, check in at the **admitting desk** and sign paperwork.
3. Go to the **pre-procedure location** or waiting area. Your support person can come with you to the waiting area. They are NOT allowed in the pre-/post-procedure area, except:
 - To learn discharge instructions for when you leave the hospital.
 - If your care team has agreed in advance because the team thinks they need to for your care and safety.



Support person

- Bring your support person's contact information so we can let them know when to pick you up and can share discharge instructions.
- During your procedure, your support person should try NOT to move around the hospital too much. They can wait:
 - At home if they live within 50 miles of OHSU, or
 - In their car in a spot with cell service, or
 - In one of these designated waiting spaces:
 - Main Hospital
 - Multnomah Pavilion 4th floor waiting area, including seating in hallway
 - Sam Jackson Hall lobby
 - Center for Health & Healing
 - Building 2, 2nd floor MSPU waiting area
 - Building 2, 3rd floor waiting area

Possible schedule changes. We may have to reschedule your procedure if there is an increase in COVID-19 cases. We will keep your best interests in mind when making these decisions. Thank you for your understanding.

If you get moved to your own patient room, your support person can be there with you.

