



Look close. Speak up.
Help fight skin cancer.

StartSeeingMelanoma.com



WHAT TO DO

1. Learn to recognize melanoma vs. normal moles at StartSeeingMelanoma.com
2. Take photos of your moles in the measuring square
3. OR download and use the MoleMapper app for iPhones at MoleMapper.org
4. Check your skin monthly and watch for changes
5. If a spot looks unusual, call your medical office today – say you are concerned a skin lesion might be skin cancer
6. Show your photos or MoleMapper data to your provider

StartSeeingMelanoma.com




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Take photos of your moles in the measuring square

Have a concerning mole?
Have it checked by a professional.
Melanomas show up in different ways:

- **NEW MOLE**
especially if you're 55+
- **CHANGING MOLE**
in shape, color, size
- **UGLY DUCKLING MOLE**
if different from your others



Endorsed by OHSU Dept. of Dermatology