**Evidence Scavenger Hunt**

Finding evidence-based strategies and programs using The Community Guide and Research-Tested Intervention Program (RTIPs)

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***Directions:*** *The Community Guide has systematically reviewed findings from research studies to identify intervention strategies that are evidence based. From the home page (*[*www.thecommunityguide.org*](http://www.thecommunityguide.org)*) to answer the following questions:*

1.Go to Topics > Physical Activity and scroll down to the Summary Table of Task Force Findings. Identify three behavioral and social approaches that the Community Guide recommends to increase physical activity:

1)

2)

3)

2. Why did the strategy “Stand-Alone Mass Media Campaigns” receive the determination of insufficient evidence?

3. In implementing the strategy “Individually-Adapted Health Behavior Change Programs,” might you expect to achieve a 35% or 10% median increase in amount of time participants were physically active?

4. What considerations for implementation does the Community Guide provide for Individually-Adapted Health Behavior Change Programs?

***Directions:*** *Use the Research Tested Intervention Programs website (RTIPs) (*[*https://rtips.cancer.gov/rtips/programSearch.do*](https://rtips.cancer.gov/rtips/programSearch.do)*) to answer the questions below.*

1. Identify the Colorectal Cancer Screening programs available on RTIPs that are for Asian Adults (40-65 years) in Community Settings:
2. In the Family CARE Project (one of the programs that came up on you search for question A), list four program products or materials that are available for download and use.