



## CHANGES TO THE 7<sup>th</sup> EDITION OF THE MANUAL

In the 7th edition, APA decided to provide different paper format guidelines for professional and student papers. For both types, a sample paper is included.

- 1) **Increased flexibility regarding fonts:** options include Calibri 11, Arial 11, Lucida Sans Unicode 10, Times New Roman 12, and Georgia 11.
- 2) **Omit the Running head in student papers (unless your instructor tells you otherwise).**

(Old Title Page) Running head: CULTURALLY COMPETENT NURSING CARE  
(Pages following) CULTURALLY COMPETENT NURSING CARE

(New)

- 3) **Heading levels 3-5 are updated to improve readability** (See inside the front cover of the manual for formatting example).

### References

To conserve space in this document, these references are not double-spaced or indented per APA formatting requirements. Carefully check your work to make sure you apply ALL format requirements to your reference page (See page 66 in your manual for an example page).

- 4) **Omit the publisher location for book references.**

(Old) Covey, S. R. (2013). *The 7 habits of highly effective people: Powerful lessons in personal change*. New York, NY: Simon & Schuster.

(New) Covey, S. R. (2013). *The 7 habits of highly effective people: Powerful lessons in personal change*. Simon & Schuster.

- 5) **In-text citations for works with 3 or more authors are shortened to the name of the first author, plus et al.**

(Old) (Taylor, Kotler, Johnson, & Parker, 2018)

(New) (Taylor et al., 2018)

Adapted from: <https://www.scribbr.com/apa-style/apa-seventh-edition-changes/>

We also make mistakes! Be sure to check the 7<sup>th</sup> edition manual or a reputable online source for the “final word.”

- 6) Surnames and initials for up to 20 authors (instead of 7) should be provided in the reference list.

(Old) Miller, T. C., Brown, M. J., Wilson, G. L., Evans, B. B., Kelly, R. S., Turner, S. T., ... Lee, L. H. (2018).

(New) Miller, T. C., Brown, M. J., Wilson, G. L., Evans, B. B., Kelly, R. S., Turner, S. T., Lewis, F., Lee, L. H., Cox, G., Harris, H. L., Martin, P., Gonzalez, W. L., Hughes, W., Carter, D., Campbell, C., Baker, A. B., Flores, T., Gray, W. E., Green, G., ... Nelson, T. P. (2018).

- 7) DOIs are formatted the same as URLs. The label "DOI:" is no longer necessary.

(Old) doi: 10.1080/02626667.2018.1560449

(New) <https://doi.org/10.1080/02626667.2018.1560449>

- 8) URLs are no longer preceded by "Retrieved from," unless a retrieval date is needed. The website name is included (unless it's the same as the author), and web page titles are italicized.

(Old) Walker, A. (2019, November 14). Germany avoids recession but growth remains weak. Retrieved from <https://www.bbc.com/news/business-50419127>

(New) Walker, A. (2019, November 14). *Germany avoids recession but growth remains weak*. BBC News. <https://www.bbc.com/news/business-50419127>

- 9) For ebooks, the format, platform, or device (e.g. Kindle) is no longer included in the reference, and the publisher is included.

(Old) Brück, M. (2009). *Women in early British and Irish astronomy: Stars and satellites* [Kindle version]. <https://doi.org/10.1007/978-90-481-2473-2>

(New) Brück, M. (2009). *Women in early British and Irish astronomy: Stars and satellites*. Springer Nature. <https://doi.org/10.1007/978-90-481-2473-2>

- 10) Chapter 10 of the manual provides hundreds of examples of different reference materials to follow.

## Inclusive and bias-free language

Writing inclusively and without bias is the new standard, and APA's new publication manual dedicates Chapter 5 to "Bias-free language guidelines."

The guidelines provided by APA help authors reduce bias around topics such as gender, age, disability, racial and ethnic identity, and sexual orientation, as well as being sensitive to labels and describing individuals at the appropriate level of specificity. Some examples include:

**11) The singular "they" or "their" is endorsed as a gender-neutral pronoun.**

(Old) A researcher's career depends on how often he or she is cited.

(New) A researcher's career depends on how often they are cited.

**12) Instead of using adjectives as nouns to label groups of people, descriptive phrases are preferred.**

(Old) The poor

(New) People living in poverty

**13) Instead of broad categories, you should use exact age ranges that are more relevant and specific.**

(Old) People over 65 years old

(New) People in the age range of 65 to 75 years old

## Mechanics

There are two notable grammar & mechanics changes:

**14) Use only one space after a period at the end of a sentence.**

**15) Use double quotation marks instead of italics to refer to linguistic examples\*.**

(Old) APA endorses the use of the singular pronoun *they*

(New) APA endorses the use of the singular pronoun "they"

\*linguistic examples include things like database search terms

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