



FERTILITY CONSULTANTS
Center for Health & Healing
3303 SW Bond Avenue, 10th Floor
Portland, OR 97239-4501

PATIENT CHART INFORMATION ♦ Please complete & bring to your first appointment.

Patient LEGAL Name: _____ Date of Birth _____

Address: _____

Phone (Incl. Area Code): HOME: _____; WORK: _____; CELL: _____

Are you ok with UFC leaving a detailed voice message at your : Home? _____ Cell? _____ Work? _____

E-mail address: []

Referring Physician: _____; OB/GYN: _____; Primary Care Provider: _____

► IF YOU ARE NOT CERTAIN OF AN ANSWER PUT A QUESTION MARK ◀

Main reason for seeking medical attention: [] Consultation [] Second Opinion [] Problem

Describe in detail the reason or problem that brings you to our office:

SOCIAL HISTORY

Age: _____ Height: _____ Weight: _____ Marital Status: [] Single [] Married [] Divorced
[] Domestic Partnership [] Separated

Married more than once? [] No [] Yes, & dates married: _____

EDUCATION: _____ years of High School _____ years of College _____ years of Graduate School

OCCUPATION: _____ RELIGION: _____

Do you smoke Tobacco? [] No [] Yes, the number of [] cigarettes [] packs per day is _____

Marijuana? [] No [] Yes, How much? _____

Do you use any street drugs, etc.? [] No [] Yes; If so, please list: _____

Do you use alcohol? [] No [] Yes, & the amount that I consume is _____ drinks [] daily [] weekly [] monthly

SPOUSE/PARTNER'S Name: _____ Age: _____ Birth Date: _____

SPOUSE/PARTNER'S Education: _____ years of High School _____ years of College _____ years of Graduate School

SPOUSE/PARTNER'S Height: _____ Weight: _____ Occupation: _____

Do your SPOUSE/PARTNER smoke Tobacco? [] No [] Yes, the number of [] cigarettes [] packs per day is _____

Does your SPOUSE/PARTNER use Marijuana? [] No [] Yes, How much? _____

Do your SPOUSE/PARTNER use any street drugs, etc.? [] No [] Yes; If so, please list: _____

LIFESTYLE HISTORY

Do you exercise? No Yes, & the kind of exercise that I do is: _____

How often? _____

Caffeine intake? Amount per day _____

Hobbies, Sports, Activities: _____

MALE MEDICAL HISTORY (If Applicable)

Have you previously conceived with another woman? Yes: How many times? _____ No: Birth Control Used? _____

Have you had a semen analysis? Yes No , Have you had a vasectomy? Yes (date _____) No

Do you have difficulty with erections? Yes No , Are you able to ejaculate inside your partner's vagina? Yes No

Are you exposed to any radiation or harmful chemicals in the workplace? Yes No

Have you had chemotherapy or radiation for cancer? Yes No

What is your Ancestry?

- African-American
- American Indian/Native American
- Ashkenazi Jewish
- Asian-American
- Cajun/French Canadian
- Caucasian
- Eastern European
- Hispanic/Caribbean
- Northern European
- Southern European
- Other (specify _____)

Specific to Male Partner

List any current medical problem(s): _____

MENSTRUAL HISTORY

Age of first menses? _____ Date of last menses? _____ Cycle length: _____ Flow days: _____

Any abnormalities, changes or spotting? _____

Painful menses? Yes No Date of last Pap smear: _____ Abnormal Pap smears? Yes No

Painful intercourse? Yes No Pelvic pain? Yes No Incontinence? Yes No

Lubricants? Yes No

Have you had any of the following sexually transmitted diseases or pelvic infections? Yes (check all that apply) No

Chlamydia- date _____ Gonorrhea- date _____ Herpes- date _____ Syphilis- date _____

Genital warts/HPV- date _____ HIV/AIDS- date _____ Hepatitis- date _____ Other- date _____

OBSTETRIC HISTORY

Total number of ALL pregnancies: _____ Number of miscarriages (less than 20 weeks): _____

Number of ectopic/tubal pregnancies: _____ Number of elective terminations (abortions): _____

Number of full term deliveries: _____ Of these, how many were live births? _____ How many were stillborn? _____

Number of premature (less than 37 weeks) deliveries: _____ Of these, how many were live births? _____ How many were stillborn? _____

Any Pregnancies with birth defects? Yes- explain _____ No

Date Pregnancy Ended or Delivered

Months to Conception

Treatments to Conceive

Delivery Type/D&C/ Complications

Current Partner?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

-
-
-
-
-
-

Yes No
 Yes No
 Yes No
 Yes No
 Yes No
 Yes No

GENERAL HEALTH

✓mark any of the following symptoms that you have NOW or that have been present during the PAST 6-MONTHS

- Any eye problem, injury, impaired sight, dryness
- Bloody sputum
- Swelling of hands, feet, ankles
- Nausea or vomiting
- Diarrhea
- Black or tarry stool
- Joint pain or stiffness
- Loss of consciousness, fainting or seizures
- Depression
- Hot flashes
- Salt craving
- Bladder or kidney infection/stones
- Loss of appetite
- Disinterest or displeasure with daily activities

- Any ear disease, injury, impaired hearing
- Shortness of breath
- Acne
- Difficulty in swallowing
- Constipation
- Abdominal cramps or pain
- Leg cramps or limp
- Nightmares or insomnia
- Marriage problems
- Abnormal thirst
- Excessive tiredness or weakness
- Blood in urine
- Problems with anger
- Thoughts of suicide or death

- Chronic or frequent cough
- Rapid or irregular breathing
- Recent weight loss/gain
- Heartburn or indigestion
- Blood or mucus in stool
- Back pain
- Severe headaches (migraines)
- Worry, tension or nervousness
- Unusual growth or loss of hair
- Tremor or numbness in hands or feet
- Breast discharge or change in size (aside from breast-feeding)
- Skin sores, rash or itching; lumps in breast or groin
- Loss of sexual interest

Are you now in poor health or suffering from any chronic pain?

(None) (Moderate) (Severe)
PAIN SCALE (circle): **0 1 2 3 4 5 6 7 8 9 10**

Average weight in the past year? _____ Weight at age 18? _____ Maximum weight (non-pregnant)? _____

Do you have any allergies (side-effects) to drugs, vaccines, or other agents (e.g., aspirin or pain medication, penicillin, sulfa, Novocain, birth control pills, Other: _____)? No If yes, please describe:

Surgical History:

Have you had any surgeries? No Yes, please list all in chronological order:

Year	Reason and Type of Surgery
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____

Have you ever been hospitalized for any psychiatric illness? No Yes, diagnosis and year:

LIST ALL CURRENTLY USED PRESCRIPTIONS & OVER-THE-COUNTER MEDICATIONS & THEIR DOSAGES (Including Vitamins, Herbs, and Supplements)	
Yourself	Husband/Partner

FAMILY HISTORY

Family History

	<u>Living</u>		<u>Cause of Death/Age at Death</u>
• Mother	<input type="checkbox"/> Yes - age___	<input type="checkbox"/> No	_____
• Father	<input type="checkbox"/> Yes - age___	<input type="checkbox"/> No	_____
• Brother(s)	<input type="checkbox"/> Yes - age___	<input type="checkbox"/> No	_____
	<input type="checkbox"/> Yes - age___	<input type="checkbox"/> No	_____
• Sister(s)	<input type="checkbox"/> Yes - age___	<input type="checkbox"/> No	_____
	<input type="checkbox"/> Yes - age___	<input type="checkbox"/> No	_____
• Maternal Grandmother	<input type="checkbox"/> Yes - age___	<input type="checkbox"/> No	_____
• Maternal Grandfather	<input type="checkbox"/> Yes - age___	<input type="checkbox"/> No	_____
• Paternal Grandmother	<input type="checkbox"/> Yes - age___	<input type="checkbox"/> No	_____
• Paternal Grandfather	<input type="checkbox"/> Yes - age___	<input type="checkbox"/> No	_____

What is your Ancestry?

African-American

American Indian/Native American

Ashkenazi Jewish

Asian-American

Cajun/French Canadian

Caucasian

Eastern European

Hispanic/Caribbean

Northern European

Southern European

Other (specify _____)

MEDICAL OR GENETIC DISORDERS in YOU/YOUR FAMILY
--

Self or Relationship to You

- | | | |
|---|------------------------------------|---|
| <input type="checkbox"/> Baby with birth defects | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Birth defects | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Blood clots | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Bone/Skeletal defects | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Canavan disease | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Breast cancer | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Colon cancer | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Ovarian cancer | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Cystic Fibrosis | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Deafness/Blindness | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Developmental delay | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Down syndrome | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Other chromosome defects | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Dwarfism | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Epilepsy/ Seizure disorder | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Familial dysautonia | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Fanconi Anemia | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Fragile X | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Galactosemia | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Gaucher disease | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Heart defect from birth | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Hemochromatosis | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Hemophilia | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> High cholesterol | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Huntington Chorea | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Infertility | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Inherited disorder | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Learning problems | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Marfan syndrome | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Menopause before age 40 | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Miscarriages (2 or more) | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Muscular dystrophy | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Myotonic dystrophy | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Neural tube defects | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Neurofibromatosis | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Neurologic (brain/spine) | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Niemann-Pick disease | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Polycystic kidney disease | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Psychiatric problems | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Renal disease | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Sickle cell anemia | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Spinal muscular atrophy | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Tay-Sachs disease | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Thalassemia | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |
| <input type="checkbox"/> Thyroid problems | <input type="checkbox"/> Yes _____ | <input type="checkbox"/> No <input type="checkbox"/> Don't Know |

None of the above Other _____

EMOTIONAL STATUS

- On a scale of 1-10 (10 being the worst), estimate the level of stress you feel due to infertility and other pressures.
- Do you see a counselor? Yes No
- Describe any emotional, marital, or sexual problems caused by your infertility.

ABUSE ASSESSMENT SCREEN	Yes	No
Have you ever been emotionally or physically abused by your partner or someone important to you?	<input type="checkbox"/>	<input type="checkbox"/>
Within the last year, have you been hit, slapped, kicked or otherwise physically hurt by someone? ▶ If “yes”, by whom? <input type="checkbox"/> Husband <input type="checkbox"/> Ex-husband <input type="checkbox"/> Partner <input type="checkbox"/> Stranger <input type="checkbox"/> Other <input type="checkbox"/> Multiple ▶ Number of times?	<input type="checkbox"/>	<input type="checkbox"/>
Within the past year, has anyone forced you to have sexual activities? ▶ If “yes”, by whom? <input type="checkbox"/> Husband <input type="checkbox"/> Ex-husband <input type="checkbox"/> Partner <input type="checkbox"/> Stranger <input type="checkbox"/> Other <input type="checkbox"/> Multiple ▶ Number of times?	<input type="checkbox"/>	<input type="checkbox"/>
Are you afraid of your husband or anyone else that you have ✓marked above?	<input type="checkbox"/>	<input type="checkbox"/>
Would you like a referral for counseling?	<input type="checkbox"/>	<input type="checkbox"/>

THANK YOU FOR YOUR ASSISTANCE