

Leslie Hammer, PhD

Director, OHP Summer Institute
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Dr. Leslie B. Hammer is a Professor in the Oregon Institute of Occupational Health Sciences at Oregon Health and Science University, Co-Director of the Oregon Healthy Workforce Center, one of six centers of excellence in Total Worker Health® funded by the National Institute of Occupational Safety and Health. She is also a Professor of Psychology in the Department of Psychology at Portland State University and Associate Director of the Portland State University Occupational Health Psychology graduate program. She conducts applied research in the area of Occupational Health Psychology that focuses on workplace programs aimed at training supervisors how to better support workers and in turn reduce workers stress and improve health, safety, and well-being. She has been involved with numerous workplace intervention randomized controlled trials evaluating the effectiveness of supervisor support

training. Dr. Hammer and her team are currently conducting two randomized controlled trials funded by the Department of Defense, and recently completed one. The Study for Employment of Veterans (SERVe) was focused on increasing supervisor support and enhancing employment outcomes for veterans reintegrating into the workforce, testing the effectiveness of a supervisor training workplace intervention. The Military Sleep and Health Study (MESH) is focused on increasing supervisor support for sleep, testing the effectiveness of a supervisor training sleep leadership intervention. And finally the recently-funded behavioral health and resilience grant, Readiness Supportive Leadership Training (RESULT) is aimed at training Active Duty leaders about how to support their subordinates' efforts in the area of health and well-being. She has been the Director of the Occupational Health Psychology Summer Institute since its inception in 2012.

Learn more:

<https://www.ohsu.edu/people/leslie-b-hammer-phd>

<https://www.ohsu.edu/oregon-institute-occupational-health-sciences/leslie-b-hammer-lab>