

# WHAT IS CONTACT TRACING?

**Contact tracing stops the spread of infections by:**

- Finding those who may have been exposed.
- Asking them to stay home.
- Watching for new infections.

## THERE ARE 4 BASIC STEPS:

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### CALL

After someone tests positive for COVID-19, a public health worker calls to:

- Ask where the person has been.
  - Ask who the person has been near.
  - Offer information and support.
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### TRACE

The worker identifies and calls those who may have been exposed.

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### ISOLATE

The worker asks people who are infected or who may be infected to stay home and away from others.

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### FOLLOW UP

The worker stays in touch to:

- Make sure people are staying home.
  - Watch for new cases.
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**Please answer the call.**

**If a worker calls, you'll learn:**

- Symptoms to watch for.
- How to get tested if you get sick.
- How to avoid spreading the coronavirus.
- How to care for yourself and others.
- Where to find resources.

**Your information will be kept confidential.**

**Also, contact tracers **never** ask for:**

- Your Social Security number.
- Your immigration status.
- Credit card, banking or billing information.

If someone asks for any of these, **hang up**.

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