



**PRE-MATRICULATION READING LIST
IMPORTANT INFORMATION ABOUT YOUR FIRST EXAMINATION
FIRST WEEK OF SCHOOL
CLASS OF 2022**

As you start preparing for the August start of the program and the upcoming academic year approaches, many entering PA students begin contacting us to request information about purchasing books. **Please read the following information carefully as we do have some recommendations for books and resources.**

Important Statement about Purchasing Books

Since many of the required books for the academic and clinical year curricula are electronically available and **FREE** to students via our online library resources, **we strongly recommend that you do not buy any books** until you arrive on campus and have become oriented to the resources available through OHSU. **Book selections for the upcoming didactic year have not yet been completed, and there is no guarantee that a book used in a previous class will be used again.** A complete booklist for summer and fall will be available during orientation once decisions have been finalized. At that time, we will spend time together during the first few days of class reviewing book selections so that everyone will have a clear understanding of locating the most appropriate resources at the lowest possible cost. ***Please wait to purchase textbooks/eBooks.***

Preparing for Your Entrance into PA School

While waiting on purchasing books, here are other things you can do to prepare for your upcoming matriculation to the PA program:

1. **During orientation/first week of summer term**, you will be tested on **medical terminology and osteology** (structure of bones, major skeletal elements, and their ligamentous and cartilaginous connections). Yes, a test the very first week! A **solid understanding of medical terminology** is important to your success in the program; it provides a foundation from which you will build a deeper understanding of medicine. **You will not have time to learn basic terminology while also learning everything else; the expectation is that you will have a basic understanding when you arrive.** Between now and the first day of class, we strongly encourage you to work through a medical terminology text/resource so you have a solid understanding of terms before beginning classes. In addition to the medical terminology, there is an **osteology section of the test** designed to measure student readiness for the summer anatomy course (Foundations of Clinical Anatomy (FOCA) ANAT 511). You are encouraged to review **basic osteology**, focusing on the **identification of the bones of the skeleton, major skeletal elements**, as well as **ligamentous and cartilaginous connections**. The **passing score for this entry exam is 90%**. Anyone who does not meet the 90% mark will be required to retest, so time invested now in preparation will pay off later.

Any comprehensive **medical terminology** text is sufficient, but many students prefer a programmed text like the one we recommend below:

Gyls/Masters *Medical Terminology Simplified: A Programmed Learning Approach by Body Systems, 4th Edition or 5th Edition* (F.A. Davis) ISBN-13:978-0803620919 or ISBN-13:978-0803639713 or ISBN-10:0803620918 or ISBN-10:0803639716

To prepare for the **osteology portion** of the exam, we recommend:

Kapit/Elson ***The Anatomy Coloring Book*** (HarperCollins)
ISBN-13: 978-0321832016 or ISBN-10: 0321832019

Your **undergraduate anatomy text** may also be a useful adjunct in your review of the skeletal system.

2. In anticipation of the heavy course load that you will soon be managing, we encourage you to review ways in which you can organize your **study techniques for maximum effectiveness**. Our very bright students often assume that the techniques they used successfully as an undergraduate will work just as well during graduate school; however, you will find yourself busier than during undergraduate educational pursuits. Students who are used to being very successful academically often find that what worked before **does not work** in PA school. They then have to spend precious time (in the middle of being uber-busy) searching for other options. We **strongly** encourage you to prepare for this **in advance** by reading the following book recommended for professional medical education students:

Kelman/Straker *Study Without Stress – Mastering Medical Sciences*
(Sage Publications) ISBN-13: 978-0761916796 or ISBN-10: 0761916792

3. Our excited incoming students often ask us if they can do *even more* to prepare. It is our strong recommendation that you save some time for yourself to **catch up on your personal reading list, listen to your beloved podcasts, binge watch your favorite shows** - or any **activity that contributes to rest and rejuvenation**.

However, *if* you find it relaxing to brush up on basic science, these additional recommended books will provide background review on introductory topics:

Gladwin ***Clinical Microbiology Made Ridiculously Simple*** (MedMaster, Inc.)
Olson ***Clinical Pharmacology Made Ridiculously Simple*** (MedMaster, Inc.)

4. Dr. Alisha Moreland-Capuia is a Psychiatrist and Faculty at OHSU- her book ***Training for Change: Transforming Systems to be Trauma-Informed, Culturally Responsive, and Neuroscientifically Focused*** (Springer) is a great resource for those interested in trauma informed care and improving health disparities.
5. Faculty and students have also put together this list of **medically related podcasts**:
Med Geeks: a collection of medically related topics presented by a team of PAs
The Curbsiders: A national network of students, residents and clinician educators deconstructing various topics in the world of medicine
This Podcast Will Kill You: Two disease ecologist and epidemiologists cover various infectious disease, and create a signature drink!
Bedside Rounds: Fascinating stories in clinical medicine
Surgery 101: quick, basic surgical concepts. They also have a website with educational materials and a YouTube channel.

All books listed above are available through a variety of sources, including Powell's Bookstore (www.powells.com) or Amazon (www.amazon.com).

We look forward to working with you soon!