Shared Vision CATS – Commercial Carrier Steering Committee Adopted 1/16/19

Vision:

- Every Oregon child or youth and their family in need of immediate crisis services will have access to responsive and effective community-based, rapidly-accessible mental health crisis care and transitional supports.
- Reliable and equitable funding from public and private payers will ensure the ongoing viability of Crisis and Transition Services.

Expectations for Care:

- Families and youth accessing these services will have available to them:
 - o rapid access to care coordination;
 - o intensive mental health supports;
 - o family peer support; and
 - o connection to ongoing supports.
- Families and youth will leave CATS services with:
 - o a copy and understanding of their treatment and safety needs and plans;
 - o connectivity and scheduled appointments with community providers and supports;
 - o acquired skills and information to effectively address barriers to care; and
 - o acquired skills and information for safe crisis management and de-escalation.

Expected Outcomes:

- CATS participants will experience:
 - a decrease in repeat ED visits, including reduced trauma associated with ED boarding;
 - o decreased suicidality, including increased skills to manage suicidal thoughts and increased pro-living behaviors;
 - o increased safety and confidence in managing crises; and
 - increased access and connectivity to behavioral health care including longer term or ongoing supports and services.
- Our system of care, including providers and payers, will experience:
 - a decrease in emergency department boarding;
 - o decreased lengths of stay on medical floors
 - o an increase in youth and families successfully diverted from higher levels of care to effective and safe care at lower levels; and
 - decreased overall costs associated with more effective and efficient use of lower levels of care.