

URGENT AND IMMEDIATE CARE

Your doctor and his or her medical staff will help you decide what care is needed. You can call your doctor's office, 24 hours a day, 7 days a week. Your doctor may tell you to go to come to the office, go to an urgent care facility, or to the emergency room.

Urgent Care is for smaller emergencies that need quick attention.

Examples include:

- Sore throat, fever, common cold or the flu.
- Minor cuts, back pain, diaper rash, constipation, and toothache.
- Health issues that cannot wait for a primary care provider appointment.



OHSU
HealthServices

OHSU Adventist Health Portland

OHSU Adventist Health Urgent Care - Sandy

PHONE: 503-668-8002
ADDRESS: 17055 Ruben Lane
Sandy, OR 97055
HOURS: Mon.–Fri.: 8 a.m.–8 p.m.
Sat.–Sun.: 9 a.m.–5 p.m.

adventisthealth.org/portland/urgentcare

OHSU Adventist Health Urgent Care - Parkrose

PHONE: 503-408-7008
ADDRESS: 1350 N.E. 122nd Ave.
Ste. 200
Portland, OR 97230
HOURS: Mon.–Fri.: 9 a.m.–8 p.m.
Sat.–Sun.: 9 a.m.–5 p.m.

adventisthealth.org/portland/urgentcare

OHSU Adventist Health Urgent Care - Rockwood

PHONE: 503-666-6717
ADDRESS: 18750 S.E. Stark St.
Portland, OR 97233
HOURS: Mon.–Fri.: 9 a.m.–8 p.m.
Sat.–Sun.: 9 a.m.–5 p.m.

adventisthealth.org/portland/urgentcare

OHSU

OHSU Immediate Care

Schedule an appointment for the day you call with an OHSU provider for treatment of minor illnesses, aches and pains, injuries and more.

PHONE: 503-494-1700
ADDRESS: 3485 S.W. Bond Ave.
Center for Health & Healing
Building 1, 9th floor
Portland, OR 97239
HOURS: Every day: 8 a.m.–8 p.m.

ohsu.edu/immediate-care

OHSU Family Medicine - Walk-In clinic

Walk-in appointments with an OHSU provider for treatment of minor illnesses, aches and pains, injuries and more.

PHONE: 503-418-1500
ADDRESS: 4212 S.E. Division St.
Portland, 97206
HOURS: Mon.-Fri.: 8 a.m.–8 p.m.
Sat.: 9 a.m.–3 p.m.

ohsu.edu/walkin

OHSU Tuality Healthcare

OHSU Tuality Urgent Care – Hillsboro

PHONE: 503-681-4223
ADDRESS: 7545 S.E. Tualatin Valley Hwy.
Hillsboro, OR 97123
HOURS: Every day: 8 a.m.–7:30 p.m.

tuality.org/tuality-urgent-care/welcome

OHSU Tuality Urgent Care – Forest Grove

PHONE: 503-359-6180
ADDRESS: 1809 Maple St.
Forest Grove, OR 97116
HOURS: Every day: 8 a.m.–8 p.m.

tuality.org/tuality-urgent-care/welcome

Tuality Physicians Urgent Care

PHONE: 503-640-3724
ADDRESS: 900 S.E. Oak St., #202
Hillsboro, OR 97123
HOURS: Mon.–Fri.: 7:30 a.m.–6 p.m.
Sat.: 9 a.m.–2 p.m.

tualityphysicians.com

Urgent care is not a replacement for emergency care. Dial 9-1-1 or go to the nearest hospital if you're having a life-threatening illness or injury.

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