

Mouth Sores



- Some patients are susceptible to episodes of mouth sores
- While braces do not cause them, they may be precipitated or exacerbated by an irritation from braces
- Ulceration of the cheeks, lips, or tongue may appear
- This is not an emergency, but may be uncomfortable for you
- Relief may be achieved by applying a small amount of topical anesthetics (Orabase or Ora-Gel) directly to the ulcerated surface using a cotton swab

Photo courtesy of the Canadian Association of Orthodontists
Information courtesy of the American Association of Orthodontists

