Loose brackets

- You can do a temporary fix to alleviate discomfort and prevent further damage if a brace comes loose.
- Please take care to prevent swallowing or other injury.
- To put the bracket (brace) back in place, use sterile tweezers (clean it with rubbing alcohol) to slide the bracket along the wire until it is between two teeth.
- Or rotate the bracket back to the proper position, then slide it back to the center of the tooth.

Photo courtesy of the Canadian Association of Orthodontists
Information courtesy of the American Association of Orthodontists