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Nichole Guilfooy joined the Outreach Team in 2018 with strengths in workforce safety, health and wellbeing. Nichole develops and delivers education and training, evaluates organizational needs, and adapts interventions to satisfy these needs in Oregon workplaces. An experienced Total Worker Health® practitioner and consultant, Nichole brings expertise in human resources and wellbeing, risk management and safety, organizational development, leadership and communication, and training and development.

Beginner's Guide to Implementing Total Worker Health® in Your Organization

Total Worker Health® (TWH) is an organizational approach that integrates health protection and promotion to support a healthy workforce. While the benefits of aligning your organization within this framework can be transformative, it can also be challenging to know where to begin. In this highly interactive course, participants will explore the opportunities within their organizations to implement a TWH approach and discuss practical tips for successful change. Key strategies include data analysis, organizational structural alignment, and communication management. This session will build upon knowledge from *Total Worker Health 101: The Basics*.