

## Jacquelyn Brady, PhD

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Jacquelyn Brady earned her M.S. degree in Social Health Psychology and Ph.D. in Applied Industrial/Organizational (I/O) Psychology with a focus on Occupational Health Psychology. Her research interests are broadly in occupational health, with a focus on supervisors as critical resource facilitators, the work-life interface, and the application of multi-level models and multi-source data to better understand the dynamic nature of employee well-being. Dr. Brady is an adjunct instructor at Portland State University, where she teaches Undergraduate Organizational Behavior in the School of Business and graduate-level Occupational Safety & Health in the Department of

Psychology. Dr. Brady has spent the past year working as a postdoctoral researcher with Dr. Leslie Hammer, at the Oregon Institute of Occupational Health Sciences at Oregon Health & Science University (OHSU), where she has also served as a graduate RA for several years. She has coauthored several peer-reviewed publications and book chapters relevant to employee health and well-being.

### **The Critical Role of Supervisors in Shaping Employee Safety, Health, and Well-being**

Supervisors can influence employees' work, safety, health, and well-being in many ways, across employees' work and non-work lives. Supervisors are thus increasingly identified as important targets for occupational health research and represent a practical point of intervention. This presentation highlights the critical theoretical and practical role that supervisors' attitudes and behaviors have in shaping employee safety, health, and well-being outcomes. This talk will also translate evidence from large-scale intervention projects to provide practical examples of how to change and promote employee well-being through targeted supervisor training, thereby highlighting supervisors as an important leverage point to improve employee experience.