

## Robert Biswas-Diener, PhD

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Dr. Robert Biswas-Diener is a researcher, author, and consultant. He has published more than 60 academic articles on positive topics such as wellbeing, leadership coaching, social support, and strengths at work. He is particularly interested in wellbeing policy and regularly contributes to the annual Global Happiness and Wellbeing Policy Report. He serves as the leader of the Working Group on Wellbeing at the Global Councils at the World Government Summit, which focuses on using wellbeing to bridge the United Nations Sustainable Development Goals. He consults on meaningful work, positive culture, and other wellbeing policies with a wide range of international organizations including the

Australia Department of Defense, Standard Chartered Bank, Deloitte, and Kaiser Permanente. Dr. Biswas-Diener is co-author of the 2008 PROSE Award-winning *Happiness*, and the New York Times Bestselling, *The Upside of Your Dark Side*. He lives in Portland, Oregon and enjoys rock climbing. Email: [Robert@PositiveAcorn.com](mailto:Robert@PositiveAcorn.com) ; Web: [www.PositiveAcorn.com](http://www.PositiveAcorn.com)

### **Whistle while you work: How to set policy that fosters wellbeing**

We find ourselves in a new era; one in which the landscape of work has shifted dramatically. Gone are the days of a single career that spans the space between college and retirement. Similarly, the primacy of a paycheck has been replaced with other concerns such as meaningful work. In this interactive keynote address, Dr. Robert Biswas-Diener will discuss wellbeing at work. He will begin with a review of the evidence suggesting that happiness is business relevant. From there, he will challenge the audience to consider 12 aspects of modern work and how they affect job satisfaction and wellbeing. He will explain how organizations can create policies to support wellbeing and will discuss common obstacles to doing so. Finally, he will present case studies that illustrate his main points.