

# Overview



Instead of a paper syllabus, you will receive a flash drive syllabus and we encourage you to bring a laptop.

This course is designed for practicing endocrinologists and primary care providers. The topics selected are common clinical problems that have resisted clear resolution. Leading experts have been gathered to discuss these issues in a casual atmosphere in order to promote open debate and clarification of the issues. All participants, including faculty and trainees, should benefit.

At the conclusion of the program, participants should have enhanced knowledge of current clinical problems in metabolic and endocrine disorders.

## Objectives

At the conclusion of this course participants will:

- Understand and compare new clinical, radiologic, and molecular tests in the management of thyroid nodules.
- Understand the indications for a coronary artery calcium imaging and CT angiography in the evaluation of cardiac risk
- Review evidence-based lifestyle (diet, exercise etc.) approaches that have been shown to lower risk for diabetes and heart disease.

## Accreditation and Credit

**Accreditation:** Oregon Health & Science University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Maintenance of Certification:** Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.75 Medical Education MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

**AAFP Credit:** This Live activity, Ashland Endocrine Conference, with a beginning date of 06/25/2020, has been reviewed and is acceptable for up to 12.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**AMA Credit:** OHSU School of Medicine designates this live activity for a maximum 12.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The Ensemble of Indecent (2019), a Tony-winning American Revolutions commission by Paula Vogel, performed in the Angus Bowmer Theatre in 2019. Photo by Jenny Graham.

# General Information

## Faculty

### Trevor E Angell, M.D.

Assistant Professor of Clinical Medicine  
Associate Medical Director of the  
Thyroid Center  
Division of Endocrinology, Diabetes  
and Metabolism  
Keck School of Medicine,  
University of Southern California

### Sergio Fazio, M.D., Ph.D.

The William and Sonja Connor  
Chair of Preventive Cardiology  
Professor of Medicine and Physiology  
& Pharmacology  
Director, Center for Preventive Cardiology  
Knight Cardiovascular Institute  
Oregon Health & Science University

### Maros Ferencik, M.D., Ph.D., M.C.R.

Associate Professor of Medicine  
Director of Cardiac CT and MR Program  
Director of Cardio-Oncology Program  
Director of Cardiovascular CT Research  
Knight Cardiovascular Institute  
Oregon Health & Science University

### Robert F. Klein, M.D.

Professor of Medicine  
Division of Endocrinology, Diabetes  
& Clinical Nutrition  
Oregon Health & Science University

### Angela M. Leung M.D. M.Sc.

Associate Professor of Medicine  
Division of Endocrinology, Diabetes,  
and Metabolism  
Department of Medicine  
UCLA David Geffen School of Medicine  
VA Greater Los Angeles Healthcare System

### Dekey Lhewa, M.D.

Assistant Professor of Medicine,  
Department of Gastroenterology  
and Hepatology  
Oregon Health & Science University

### Blandine Laferrère, M.D., Ph.D.

Professor of Medicine  
Obesity Nutrition Research Center  
Division of Endocrinology  
Department of Medicine  
Columbia University College of Physicians  
and Surgeons

### Elizabeth R. Seaquist, M.D.

Pennock Family Chair in Diabetes Research  
Professor of Medicine  
Vice Chair for Clinical Affairs  
Director, Division of Endocrinology  
and Diabetes  
Department of Medicine  
Associate Director, MSTP Program  
University of Minnesota

### Katherine R. Tuttle, M.D., FASN, FACP, FNKF

Executive Director for Research,  
Providence Health Care  
Professor of Medicine, University of  
Washington  
Co-Principal Investigator, Institute of  
Translational Health Sciences



The Oregon Shakespeare Festival's Allen Elizabethan Theatre. Featured is the set of OSF's 2013 production of A Midsummer Night's Dream. Photo by T. Charles Erickson.

## Location/Accommodations

The course will be held at the **Ashland Hills Hotel and Suites** (2525 Ashland Street, Ashland, tel. 855-482-8310). Rooms have been reserved there, and at **Windsor Inn** (2520 Ashland Street, Ashland, tel. 541-488-2330). Be sure to mention your attendance at the OHSU Endocrine Conference and ask for a room from the block. You may also reserve rooms at Ashland Hills Hotel and Suites through their website: visit **ashlandhillshotel.com**, select book online and enter the date of your stay, number of nights, and enter GROUP ID #338341 in the Group ID field.

Room blocks will be released on May 15th. All are subject to sell-out prior to these dates. Additional accommodations can be found at [www.ashlandchamber.com](http://www.ashlandchamber.com). Airlines serve Ashland through the Rogue Valley International-Medford Airport (MFR) in Medford, Oregon, a 30 minute drive from Ashland.

If you require reasonable accommodations in order to participate in this event, or for general questions, please call Breanna Patton at 503-494-5766 or email [pattonbr@ohsu.edu](mailto:pattonbr@ohsu.edu). Special requests will require contact at least 30 days prior to the activity.

## Tuition/Registration

The tuition fee is \$500 for physicians and \$300 for physicians-in-training and allied health professionals (late registration fee is \$550/\$350 after May 1, 2020). This includes all course materials and the Thursday reception. To attend only a portion of the conference, a daily pass is available for \$200. Enrollment will be limited. A \$35 service charge will be assessed on all refund requests received by May 15, 2020; no refunds can be issued after that date. The sponsors reserve the right to cancel this program with a full tuition refund.

## Play Tickets

Play tickets may be picked up at conference registration desk anytime during conference hours.

Ticket orders will not be processed after May 15, 2020. If your order is not received by this date, you may still be able to obtain tickets by contacting the Oregon Shakespeare Festival directly at 800-219-8161 or 541-482-4331.

You may also visit **[www.osfashland.org](http://www.osfashland.org)** for more information on plays or to order tickets directly.

# Conference Registration Form

## Ashland Endocrine Conference

June 25–27, 2020

**Tuition fee** ..... \$ \_\_\_\_\_  
\$500 Physician, \$300 Physician-in-Training and Allied Health Professionals  
**(late registration is \$550/\$350 after 5/1/20)**

*If paying tuition by credit card, please go to **[www.ohsu.edu/som/cme](http://www.ohsu.edu/som/cme)** and select the Ashland Endocrine Conference to complete online registration.*

**Performances listed by day (please indicate requested number of tickets)**

QTY	THURSDAY	QTY	FRIDAY	QTY	SATURDAY
	1:30 <i>Confederates</i>		1:30 <i>Confederates</i>		1:30 <i>A Midsummer Night's Dream</i>
	8:00 <i>black odyssey</i>		8:00 <i>Bring Down the House, Part 1</i>		1:30 <i>Bring Down the House, Part 2</i>
	8:00 <i>Peter and the Starcatcher</i>		8:00 <i>The Copper Children</i>		8:00 <i>black odyssey</i>
			8:00 <i>The Tempest</i>		8:00 <i>Peter and the Starcatcher</i>

**Number of play tickets x \$75** ..... \$ \_\_\_\_\_

**Total** ..... \$ \_\_\_\_\_  
*We are unable to process credit card payments for play tickets.*

### Payment method

☐ I have enclosed my check for tuition and/or play tickets made payable to **Oregon Endocrine Educational Fund** (indicate play tickets above) ..... \$ \_\_\_\_\_

*Registration and play tickets totals can be paid with one check*

**Thursday reception** ☐ We will be a party of \_\_\_\_\_ ☐ No, I cannot attend

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EMPHASIS	E-MAIL ADDRESS	
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YOUR DATE OF BIRTH		ABIM I.D. #

Please clip this portion and return completed form to  
OHSU Harold Schnitzer Diabetes Health Center, ATTN: Breanna Patton,  
3181 SW Sam Jackson Park Road, OPO5-DC, Portland OR, 97239



Confederates

A far-from-civil legacy

June 25 and 26, 1:30 p.m.

Sara, an enslaved woman who wants to fight for the Union in the Civil War, plots an increasingly dangerous path to freedom. Sandra, a brilliant modern-day political science professor, is forced to navigate acts of hostility and the undermining of her authority at work. Leaping back and forth between the parallel struggles of two Black women living 160 years apart, MacArthur “Genius” Fellow Dominique Morisseau (*Ain’t Too Proud*) takes an unflinching and illuminating look at the complicated and ongoing legacies of institutional racism and gender bias in today’s America. This thought-provoking, dynamically engaging, world-premiere American Revolutions co-commission with Penumbra Theatre is directed by OSF Artistic Director Nataki Garret.

black odyssey

Still waters run deep

June 25 and 27, 8 p.m.

The gods have made a chess game of Ulysses Lincoln’s life, ripping the soldier from his young family and forcing him to face his past as he endeavors to return home to Oakland. Thumping with a vibrant pulse of music, *black odyssey* reimagines and reclaims Homer’s ancient story for our times with playwright Marcus Gardley’s imagination-igniting poetic style. A play that literally speaks to the skies will come to thrilling life in the outdoor Allen Elizabethan Theatre, as director Monty Cole leads us on a poignant and epic journey of personal, cultural and national history, through the ravages of Hurricane Katrina and war in Afghanistan, and from Heaven to Earth.

Peter and the Starcatcher

Everything ends – and so our story begins

June 25 and 27, 8 p.m.

Pirates, mermaids, swashbuckling fights and a giant ticking crocodile. We know the destination—Neverland—but *Peter and the Starcatcher* is the story of how we got there. In this music-filled prequel to *Peter Pan*, Molly, a brave young girl, leads a ragtag group of orphans on a quest to save the world from the villainous pirate Black Stache. Lavina Jadhvani directs this hilarious, physical and imaginative celebration of OSF’s multi-talented acting company. With an appeal that spans generations, *Peter and the Starcatcher*, which won five Tony Awards during its Broadway debut, embraces the child in each of us with a depth and beauty that is far from childish.

Bring Down the House, Part 1 & 2

Shakespeare’s Henry VI trilogy performed in two parts

Part 1: June 26, 8 p.m.

Part 2: June 27, 1:30 p.m.

Henry V has died unexpectedly, passing the crown to his young son, Henry VI, and setting off a series of high-stakes political intrigues and battles that result in the loss of England’s French territories and spark the War of the Roses. This epic two-part adaptation of Shakespeare’s Henry VI trilogy by Rosa Joshi and Kate Wisniewski is also directed by Joshi, who continues the journey she began in her lavishly praised OSF debut production of *Henry V*, bringing Shakespeare’s language to visceral life with a diverse all-female and non-binary cast.

The Copper Children

A new American Revolutions play from the writer of *Destiny of Desire*

June 26, 8 p.m.

Based on the true history of “orphan trains” that transported immigrant children (mostly Irish) to homes in the West, this world-premiere play explores the events that led to the sensational (and now-forgotten) “Trial of the Century” custody case that stirred the nation into a frenzied debate about children, law, race, class and religion. Directed by Shariffa Ali, *The Copper Children* takes a sharp look at the collision of good intentions and despicable behavior, blending humor, tragedy, joy and unsentimental social commentary.

The Tempest

A sea-change into something rich and strange

June 26, 8 p.m.

Prospero, the exiled duke of Milan, has been raising his daughter on mystical island and using magic to subjugate its natives. Twelve years after banishment, with vengeance weighing heavily on his mind, Prospero turns his powers toward a passing ship carrying his enemies and the king of Naples, causing it to wreck in a storm. As the castaways find themselves at the mercy of his supernatural machinations, Prospero comes face to face with the past, an opportunity to find long-lost justice, and the hope of returning to his rightful place in the world. With a cast of familiar OSF actors, Nicholas C. Avila directs an exploration of the good, the bad and the gray areas of human nature.

A Midsummer Night’s Dream

The course of true love never did run smooth

June 27, 1:30 p.m.

Hermia loves Lysander, Demetrius loves Hermia, Helena loves Demetrius, Theseus and Hippolyta are almost newlyweds and the already-complex marriage of the immortal queen and king of Fairyland is further complicated when one of them falls for an amateur actor-turned-ass. Intrigued by the theory that Shakespeare wrote this play as a wedding gift, director Joseph Haj (who helmed 2015’s much-beloved *Pericles*) probes the pitfalls and pay-offs of relationships, be they budding or eternal. Seeking out the grace, beauty and delight embedded in the comedy, this joyful, music-laden production invites us to feel as well as laugh.

Program Schedule

Thursday, June 25th, 2020

Thyroid

Moderator — Mary Samuels

- 7:15 Registration
- 7:30 Breakfast
- 7:55 Welcome and Introduction to the Course — Leah Wilson
- 8:00 Thyroid Nodules and Goiter: From Hashimoto to Thyroid Cancer — Trevor Angell
- 9:00 Updates and Controversies in the Management of Hyperthyroidism — Angela Leung
- 10:00 Break
- 10:20 Diagnosis and Management of Primary Hyperparathyroidism — Robert Klein
- 11:20 Panel Discussion Drs. Angell, Klein and Leung
- 12:30 Adjourn
- 5–7:00 Hors d’Oeuvres Reception

Friday, June 26th , 2020

Update on Cardiovascular Risk Assessment and Reduction Strategies for the Endocrinologist

Moderator — Jonathan Purnell

- 7:30 Breakfast
- 8:00 Lifestyle Approaches to Reduce Diabetes and Cardiovascular Disease: Lessons from the DPP and Look AHEAD — Blandine LaFerrere
- 9:00 Detection of Subclinical Atherosclerosis: Coronary Artery Calcium in the Era of Shared Decision Making — Maros Ferencik
- 10:00 Break
- 10:20 Breaking Down Silos: Moving Beyond Statins for Comprehensive CVD Management — Sergio Fazio
- 11:20 Panel Discussion Drs. Fazio, Ferencik and LaFerrere
- 12:30 Adjourn

Saturday, June 27th, 2020


Diabetes

Moderator — Leah Wilson

- 7:30 Breakfast
- 8:00 Non-Alcoholic Fatty Liver Disease/NASH — Dekey Lhewa
- 9:00 Diabetic Kidney Disease: Circa 2020 — Katherine Tuttle
- 10:00 Break
- 10:20 Hypoglycemia in Diabetes: Risks and Practical Prevention Strategies — Elizabeth Seaquist
- 11:20 Panel Discussion Drs. Lhewa, Seaquist and Tuttle
- 12:30 Adjourn

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 OHSU

29TH ANNUAL

2020 Ashland Endocrine Conference



June 25–27, 2020  
Ashland, Oregon

The Angus Bowmer Theatre is named for the Festival’s founder. Featured in the photo is a performance of OSF’s 2019 production of Shakespeare’s *As You Like It*. Photo by Kim Budd.

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