

OHSU Transgender Health Program

*A program of the OHSU
Partnership Project.*

Provides safe, comprehensive, affirming care for the transgender and gender nonconforming communities. We endeavor to improve the community's overall well-being through education, research, and leadership that responds to the healthcare needs of transgender and gender nonconforming communities.

Contact Us

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Transgender Health Program

Committed to comprehensive, affirming care for transgender and gender nonconforming communities.



Here4You Surgery Support Program

A peer-based volunteer service
of the Transgender Health
Program



Here4You Pre-Surgery Support Program

Here4You is a peer-to-peer visiting and support program designed for patients undergoing gender affirming surgery at OHSU. Our program is designed based on feedback from post-op OHSU Transgender Health Program (THP) patients. You can choose what type and how much involvement you would like to have with a **Here4You** volunteer. All services are optional and free.

Peer Volunteers

The **Here4You** program is staffed by THP volunteers who are specially trained, adhere to privacy laws, work under the supervision of the THP, and adhere to OHSU Professional Code of Conduct.

Program Options

Here4You volunteers are available to visit with you and provide support during your preparation and recovery from surgery through our visiting program or pre-surgery workshops.

VISITING PROGRAM OPTIONS

- **Tier 1: DROP-IN.**
 - Visit(s) by a peer volunteer during inpatient recovery
- **Tier 2: PEER SUPPORT.**
 - Paired with a matched peer volunteer
 - Accompaniment to pre-surgical visits
 - Visit(s) during inpatient recovery
- **Tier 3: PEER SUPPORT PLUS.**
 - Same as Tier 2
 - Plus accompaniment during check in on day of surgery
 - Plus extended post-operative follow along

A brief registration and review will be completed before visitations will occur.

MONTHLY PRE-SURGERY WORKSHOPS

Workshops based on your specific procedure are offered monthly. Meetings are facilitated by THP peer volunteers who have had a similar procedure. These are open group meetings where patients can come and go as they wish. Monthly workshops are also an opportunity to get to know the **Here4You** peer volunteers. THP staff will be present at the workshops for additional support. A brief registration and review will be completed by a THP peer volunteer before you join the group.

Want to Become a THP Volunteer?

We invite you to contribute to your community and become part of the THP Volunteer Program

- Become part of a professional care team
- Flexible schedule
- Build community with other volunteers