

## COURSE INFORMATION

This continuing medical education activity focuses on the reality that many pediatric mental health issues are managed by general pediatricians, family physicians and others that provide primary care for children and adolescents. Difficulty in accessing mental health specialty care has led to an increase in psychiatric treatment in the offices of primary care providers.

The target audience for this conference is family physicians, pediatricians, nurse practitioners, physician assistants and other providers of pediatric and adolescent care.

At the conclusion of this activity, participants will be able to:

- Recall diagnostic criteria for OCD, key features of the disorder in pediatric population including common obsessions and compulsions in this age group
- Recognize key elements of the history, ROS, and physical exam when evaluating a patient for eating disorder
- Offer strategies to youth and their parents during an office visit where bullying is identified

## CREDIT

*Oregon Health & Science University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians*

**American Medical Association:** Oregon Health & Science University School of Medicine designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Pharmacology Instruction:** This activity includes 1.75 hours of pharmacology instruction.



## Friday, March 6, 2020

|       |   |
|-------|---|
| 7:15  | <b>Registration and Continental Breakfast</b>   |
| 8:00  | <b>Welcome and Introduction to the Course</b> – Linda Schmidt, MD   |
| 8:05  | <b>Working with Children with a History of Trauma and Early Adversity</b> – Karen Bos, MD, MPH                                      |
| 8:55  | <b>The 5-Minute Psychologist: Translating Evidence-Based Therapies to Primary Care</b> – Andrew Riley, PhD                          |
| 9:45  | <b>Question/Answer Panel</b>  |
| 10:10 | <b>BREAK</b>  |
| 10:25 | <b>Obsessive-Compulsive Disorder (OCD) in Children and Adolescents</b> – Paria Zarrinnegar, MD                                      |
| 11:15 | <b>Bullying: Another ACEI</b> – Ajit Jetmalani, MD  |
| 12:05 | <b>Question/Answer Panel</b>  |
| 12:25 | <b>LUNCH</b>  |
| 1:15  | <b>Learning Disorders: What Are They, When Should You be Concerned and What Can You Recommend</b> – Kristen Mackiewicz Seghete, PhD |
| 2:05  | <b>Questions</b>  |
| 2:25  | <b>BREAK</b>  |
| 2:40  | <b>Adolescent Eating Disorders</b> – Jessica Serrano, MD, MPH   |
| 3:30  | <b>The Psychological Component: Eating Disorders in Children and Adolescents</b> – Rodney Reid, MD                                  |
| 4:20  | <b>Question/Answer Panel</b>  |
| 4:45  | <b>ADJOURN</b>  |

## PROGRAM PLANNERS

**Chair: Linda Schmidt, MD**, Assistant Professor of Psychiatry (Child and Adolescent Psychiatry)

**Leslie Doering**, Educational Activities Manager, Division of Continuing Professional Development

*OHSU is an equal opportunity, affirmative action institution.*

## GENERAL INFORMATION

**Location:** The course will be held at the Oregon Medical Association Building, OMEF Conference Center, 11740 SW 68th Parkway, Portland OR.

**Accommodations:** The nearest hotel to the OMA Building is Crowne Plaza Portland-Lake Oswego at 14811 Kruse Oaks Drive, Lake Oswego, OR. The Crowne Plaza has a shuttle that serves the OMA. For more accommodation options visit the course website: [www.ohsu.edu/som/cme](http://www.ohsu.edu/som/cme)

**Tuition/Registration:** Tuition for this activity is \$215 through February 21 or \$265 on or after February 22. To help meet administrative costs, a \$35 service charge will be assessed on refund requests received by February 21; no refunds can be issued after that date. Should conditions warrant, the sponsors reserve the right to cancel this program with a full tuition refund.

**Additional Information:** For more information or if you have a disability and require assistance to participate in the conference, please contact the Division of Continuing Professional Development, 503-494-8700 or e-mail us at [cme@ohsu.edu](mailto:cme@ohsu.edu). You may also visit our website at: [www.ohsu.edu/som/cme](http://www.ohsu.edu/som/cme)

## PROGRAM FACULTY

*All faculty are from OHSU unless otherwise noted*

**Karen Bos, MD, MPH**, Assistant Professor of Psychiatry, Division of Child and Adolescent Psychiatry

**Ajit Jetmalani, MD**, Professor of Psychiatry, Division of Child and Adolescent Psychiatry

**Kristen Mackiewicz Seghete, PhD**, Assistant Professor of Psychiatry, Division of Clinical Psychology

**Rodney Reid, MD**, Private Practice, Providence Medical Group, Portland, Oregon

**Andrew Riley, PhD**, Associate Professor of Pediatrics

**Jessica Serrano, MD, MPH**, Assistant Professor of Pediatrics, Division of Adolescent Medicine

**Paria Zarrinnegar, MD**, Assistant Professor of Psychiatry, Division of Child and Adolescent Psychiatry

## Registration

### Pediatric Mental Health Update

March 6, 2020

**Tuition: Prior to February 22: \$215.00**  
**On or after February 22: \$265.00**

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## OHSU Continuing Medical Education

# 3<sup>rd</sup> Annual Pediatric Mental Health Update: Equipping the Primary Care Provider

March 6, 2020  
Oregon Medical Association  
Building  
Portland, Oregon

Sponsored by:

Division of Continuing Professional  
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