



CONTINUING MEDICAL EDUCATION

43rd Annual Pacific Northwest Update in Ob-Gyn and Women's Health

Nov. 14-15, 2019
Sentinel Hotel
Portland, Ore.



43rd Annual Pacific Northwest Update in Ob-Gyn and Women's Health

Accreditation

Oregon Health & Science University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit

OHSU School of Medicine designates this live activity for a maximum of 13.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For more information, contact the Division of Continuing Professional Development (CPD) at **503-494-8700**, via email at **cme@ohsu.edu**, or visit our website at **www.ohsu.edu/som/cme**.

Learning objectives

At the conclusion of the course, participants will be able to:

- Apply current guidelines concerning the physiology, timing and management of inducing labor.
- Incorporate evidence-based guidelines into the management of women who experience recurrent pregnancy loss or fetal demise.
- Apply relevant strategies to care for women who experience pregnancy loss.
- Guide patients through the decision-making options related to fertility preservation.
- Explain the changes to current recommendations for screening for cervical pre-cancer and cancer to their patients.

General information

Please note that admission to the program is restricted to registered attendees. Please bring a light sweater or jacket to ensure your comfort in the session rooms. Nursing mothers: please see staff on-site should you need a place to pump during the conference.

If you have a disability and require assistance to participate in this conference, please contact the Division of CPD at **503 494-8700** or email **cme@ohsu.edu** as early as possible, but no later than October 21, 2019.

To help meet administrative costs, a \$35.00 service charge will be assessed on refund requests received by October 31, 2019. No refunds can be issued after this date. Should conditions warrant, the sponsors reserve the right to cancel this program with a full tuition refund.

The course will be held at the Sentinel Hotel, 614 SW 11th Ave., Portland, OR. A block of rooms has been reserved at The Sentinel Hotel. To make reservations call 888-246-5631 and mention your participation in the OHSU Ob-Gyn conference. Please make your reservation early as the room block will be released on October 14, 2019 and is subject to sell-out prior to that date. Guests must cancel by 4 p.m. local hotel time two days prior to the arrival date to avoid a cancellation fee of up to first two nights' room and tax.

Course description

OHSU Ob-Gyn faculty will share their expertise on clinically relevant topics through multi-disciplinary perspectives, informative plenary sessions, and point-counterpoint discussion on new developments and emerging concepts in women's health. This update is intended for providers of obstetrics, gynecology, family medicine and women's primary care, including family nurse practitioners, nurse midwives and other professionals in the women's health field.

The course will allow interaction between participants and faculty through frequent question and answer sessions and breakout sessions during which participants are invited to bring their questions to a smaller group forum.

Luncheon roundtables with faculty will allow opportunity for discussion. Topics may include: General Ob-Gyn, maternal fetal medicine, fertility/reproductive endocrinology, urogynecology and reconstructive pelvic surgery, gynecologic oncology, nurse midwifery, primary care, mental health, family planning, complementary and alternative medicine, menopause, telemedicine, autism and reproductive health, cancer, opioid use, HPV updates, shared decision making.

7:45 A.M.	Welcome
8 A.M.	<p>Induction of Labor in the Current Millennium</p> <p>Timing of Induction of Labor:</p> <p>Myths, Facts, and Misunderstandings</p> <p>Aaron Caughey, M.D., Ph.D.</p> <p>Mechanical Methods and Medications Used during IOL:</p> <p>Evidence-based Review</p> <p>Amy Hermesch, M.D., Ph.D.</p> <p>Oxytocin Research Overview</p> <p>Elise Erickson, Ph.D., C.N.M.</p>
9:50 A.M.	Break
10:15 A.M.	<p>HOT TOPIC: Expanding Reproductive Health Coverage through Telemedicine</p> <p>Telemedicine and Abortion</p> <p>Maureen Baldwin M.D., M.P.H.</p> <p>Telemedicine to Evaluate and Manage Perinatal Risk</p> <p>Leonardo Pereira, M.D., M.C.R.</p>
11:40 A.M.	Lunch
1 P.M.	<p>KEYNOTE: Autism, Gender and Health:</p> <p>A Guide for Ob-Gyn and Women’s Health Providers</p> <p>Christina Nicolaidis, M.D., M.P.H.</p>
2:10 P.M.	<p>AFTERNOON BREAKOUTS:</p> <p>1A Cancer: The War on Melanoma:</p> <p>Moving Toward Cancer Control in Oregon</p> <p>Sancy Leachman, M.D., Ph.D.</p> <p>1B Opioids: Project Nurture</p> <p>Amanda Risser, M.D., M.P.H.</p> <p>1c Depression: Depression Screening Updates</p> <p>Wendy Davis, Ph.D., P.M.H.-C.</p>
2:40 P.M.	Break
2:55 P.M.	<p>AFTERNOON BREAKOUTS:</p> <p>2A Cancer: Salpingectomy for Permanent Contraception and Cancer Risk Reduction</p> <p>Jessica Reid, M.D.</p> <p>2B Opioids: Opioid Treatment Options and Hot Topics in Approaches to Perinatal Substance Use Disorder</p> <p>Amanda Risser, M.D., M.P.H.</p> <p>2c Depression: Depression and CBT Intervention</p> <p>Teni Davoudian, Ph.D.</p>
3:25 P.M.	<p>AFTERNOON BREAKOUTS:</p> <p>3A Cancer: Endometrial Cancer</p> <p>Amanda Bruegl, M.D., M.S.</p> <p>3B Opioids: Neonatal Effects of Opioids</p> <p>Dmitry Dukhovny, M.D., M.P.H.</p> <p>3c Depression: Mindfulness and Depression</p> <p>Catherine Polan Orzech, M.A., LMFT</p>
4 P.M.	<p>PANEL: Multidisciplinary Approach to Fertility Preservation</p> <p>Sacha Krieg, M.D., Ph.D., David Lee, M.D.,</p> <p>Melissa Moffitt, M.D., Michael Savin, M.D.</p>

7:45 A.M.	Welcome
8 A.M.	<p>PANEL: The Depths and Dimensions of Pregnancy Loss</p> <p>Recurrent Pregnancy Loss Sacha Krieg, M.D., Ph.D.</p> <p>Fetal Demise and Stillbirth Karen Gibbins, M.D., MSCI</p> <p>Emotional Impact of Pregnancy Loss TBD</p>
9:35 A.M.	Break
10 A.M.	<p>HOT TOPIC: HPV Updates</p> <p>Vaccine and Screening Updates Katie Au, M.D.</p> <p>HPV and Throat Cancer Joshua Schindler, M.D.</p> <p>HPV and Anal Neoplasia Dan Herzig, M.D., FACS, FASCRS</p>
11:55 P.M.	Lunch
1:15 P.M.	<p>KEYNOTE: Menopause and Midlife: Sex, Drugs, and Rock and Roll! Cheryl Iglesia, M.D.</p>
2:20 P.M.	<p>AFTERNOON BREAKOUTS:</p> <p>4A: Initial Evaluation and Treatment of Infertility in a Primary Care Setting Jamie Peregrine, M.D., M.S.</p> <p>4B: Transvaginal Mesh Controversy Ian Fields, M.D.</p> <p>4C: Ethical Frameworks for “Doing” Shared Decision Making: A How-to Guide Michele Megregian, C.N.M., M.S.N.</p>
2:50 P.M.	Break
3 P.M.	<p>PLENARY: Maternal Mortality Rachel Pilliod, M.D.</p>

Faculty

All faculty are from OHSU School of Medicine, unless otherwise noted.

Katie Au, M.D.

Assistant Professor, Obstetrics and Gynecology

Maureen Baldwin, M.D., M.P.H.

Assistant Professor, Obstetrics and Gynecology

Amanda Bruegl, M.D., M.S.

Assistant Professor, Obstetrics and Gynecology,
Division of Gynecologic Oncology

Aaron Caughey, M.D., Ph.D.

Professor and Chair, Obstetrics and Gynecology

Wendy Davis, Ph.D., P.M.H.-C.

Executive Director, Postpartum Support International

Teni Davoudian, Ph.D.

Assistant Professor, Psychiatry

Dmitry Dukhovny, M.D., M.P.H.

Associate Professor, Pediatrics, Division of Neonatology

Elise Erickson, Ph.D., C.N.M.

Assistant Professor, School of Nursing

Ian Fields, M.D.

Fellow, Female Pelvic Medicine and Reconstructive Surgery

Karen Gibbins, M.D., M.Sci

Assistant Professor, Obstetrics and Gynecology

Amy Hermesch, M.D., Ph.D.

Assistant Professor, Obstetrics and Gynecology,
Division of Maternal-Fetal Medicine

Dan Herzig, M.D., FACS, FASCRS

Professor of Surgery, Division of Gastrointestinal and General Surgery

Cheryl Iglesia, M.D.

Professor of Ob-Gyn and Urology, Georgetown University School of Medicine
Section Director, Female Pelvic Medicine and Reconstructive Surgery,
MedStar Washington Hospital Center

Sacha Krieg, M.D., Ph.D.

Assistant Professor, Obstetrics and Gynecology,
Division of Reproductive Endocrinology and Infertility

Sancy Leachman, M.D., Ph.D.

Professor and chair, Department of Dermatology
Director, Melanoma Research Program, Knight Cancer Institute

David Lee, M.D.

Associate Professor, Obstetrics and Gynecology, Pediatrics

Michele Megregian, C.N.M., M.S.N.

Assistant Professor of Clinical Nursing

Melissa Moffitt, M.D.

Assistant Professor, Obstetrics and Gynecology,
Division of Gynecologic Oncology

Christina Nicolaidis, M.D., M.P.H.

Professor and Senior Scholar in Social Determinants of Health,
School of Social Work, Portland State University
Adjunct Associate Professor of Medicine, Division of General Internal
Medicine and Geriatrics, OHSU School of Medicine

Jamie Peregrine, M.D., M.S.

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Division of Reproductive Endocrinology and Infertility

Leonardo Pereira, M.D., M.C.R.

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Division Director, Maternal Fetal Medicine

Rachel Pilliod, M.D.

Assistant Professor, Obstetrics and Gynecology

Catherine Polan Orzech, M.A., LMFT

Instructor, OHSU Center for Women's Health

Jessica Reid, M.D.

Instructor and Family Planning Fellow, Obstetrics and Gynecology

Amanda Risser, M.D., M.P.H.

Senior Medical Director of Substance Use Disorder Services,
Central City Concern
Clinical Adjunct Assistant Professor, OHSU Family Medicine,
OHSU Addiction Medicine

Michael Savin, M.D.

Assistant Professor of Medicine

Josh Schindler, M.D.

Associate Professor of Otolaryngology-Head and Neck Surgery