

## Did somebody say.....BACK TO SCHOOL?



The end of summer means a lot of things for all families but for families with school age children, this means Back to School! This time of the year can be a little chaotic trying to establish a new routine. The Poison Center has created a few tips to help you become poison savvy this Back to School season.



### **Morning Rush Medication (Med) Mix up**

It is “Back to School” and routines are hectic once again. Lots of people take their sibling’s, spouse’s or even the dog’s medicine by mistake. Slow down and make time to read labels each and every time! Not doing so can be a potentially harmful mistake.



### **Did you give the child her meds yet?**

It has happened to most of us. You forgot you have taken your medicine and end up taking it twice that day!

If it happens with your own medicine, it can happen when giving meds to your child. To avoid this mistake, ensure communication flows smoothly between all caregivers (including school staff) or even better have a written record for all medicine that was given.

**IF YOU SUSPECT YOU CAME IN CONTACT WITH ANY POISON**

**PLEASE CONTACT THE POISON CENTER AT 1800-222-1222**

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### Chemistry Experiments

Teach your child to follow the teacher's instruction while doing an experiment. Some of those chemicals could actually be harmful if students played around with them or use them inappropriately. Chemistry can be FUN! But students must follow instructions. The Poison Center is always here in case you or your child needs us.



### School Supply Scares

Most school supplies are not very poisonous but may be a choking hazard or just plain annoying. Remember those little white pouches that come in new shoes or backpacks? They are silica gel packets, and even though they are not toxic, they could present a choking hazard. Another common scare is pens exploding in the mouth. This is not expected to cause any harm, but it is quite annoying to have ink all over the mouth. Bottom line, know that if you are ever in doubt and you think you came in contact with a poison (or something that could be harmful), give us a call at 1800-222-1222.

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