



Tillamook County Wellness

Building Health from the Ground Up







“Just one thing”



“Country So Real You can Step In It”

By the Numbers:

**45
Partner
Organizations**

**88
Individual
Coalition
Members**



“Change happens at the speed of trust.”

We are . . .

Fun
Inclusive
Empowering

Cultivating relationships.

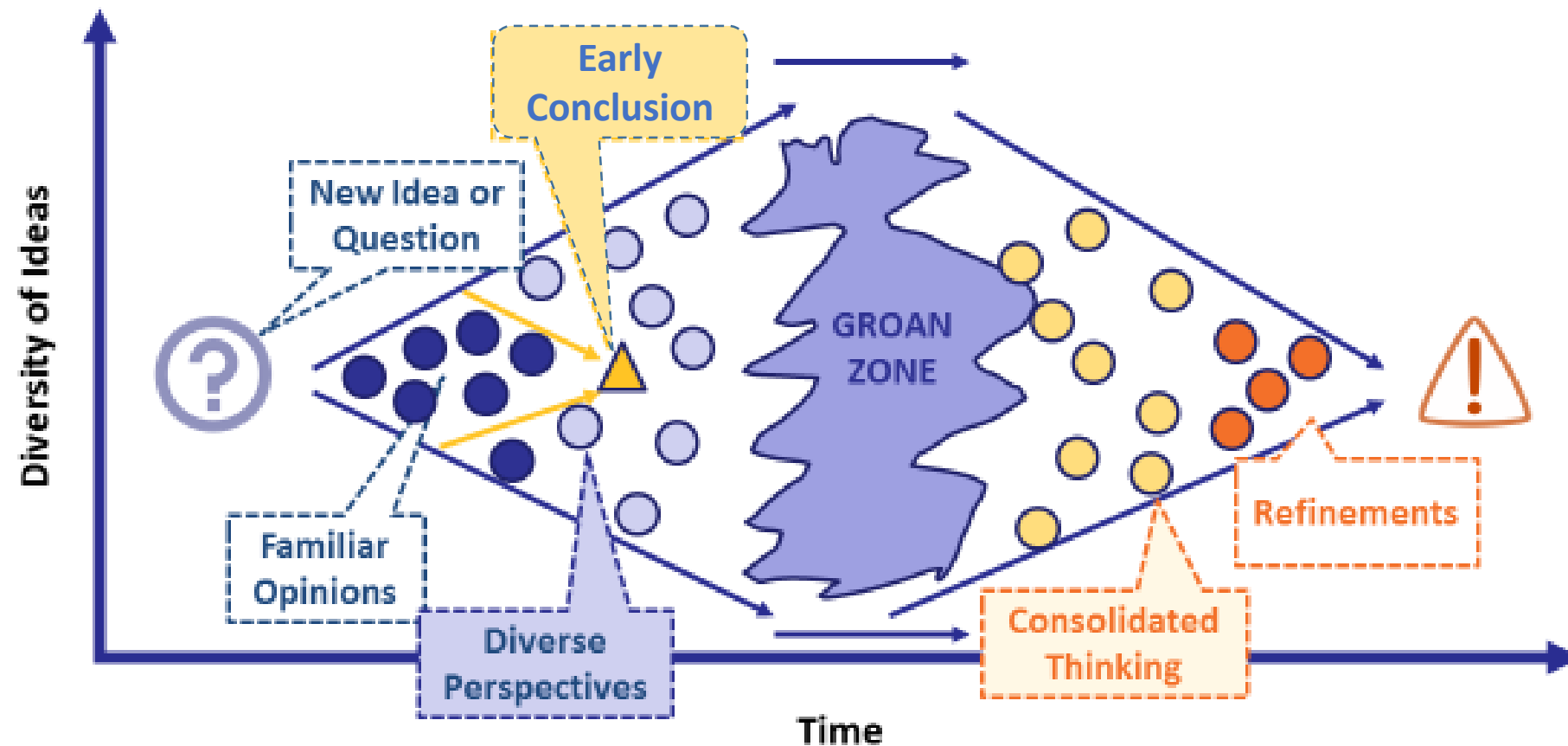
Meeting people where they are.

Caring for the whole person.

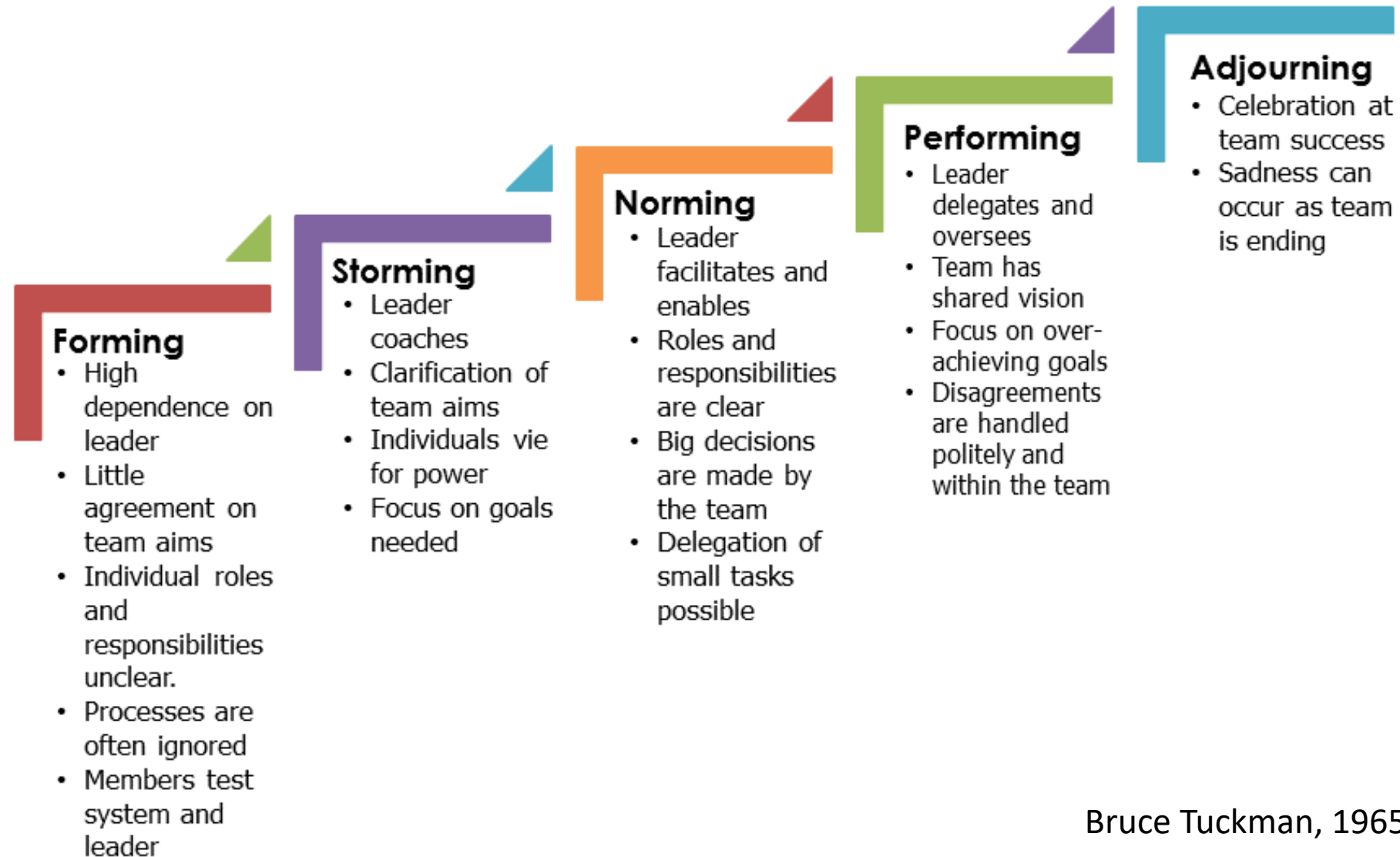
Shaping the environments where
people live, work, play & learn.



Diamond of Participatory Decision Making



Tuckman's Team Development Model



Tuckman's Team Development Model

Forming

- High dependence on leader
- Little agreement on team aims
- Individual roles and responsibilities unclear.
- Processes are often ignored
- Members test system and leader

Storming

- Leader coaches
- Clarification of team aims
- Individuals vie for power
- Focus on goals needed

Norming

- Leader facilitates and enables
- Roles and responsibilities are clear
- Big decisions are made by the team
- Delegation of small tasks possible

Performing

- Leader delegates and oversees
- Team has shared vision
- Focus on over-achieving goals
- Disagreements are handled politely and within the team

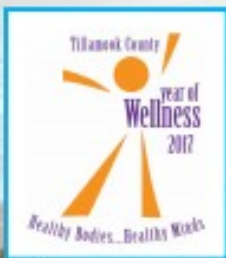
Adjourning

- Celebration at team success
- Sadness can occur as team is ending

WHERE ARE WE NOW?







Mind-Body Balance: Being Well



Featuring
artwork by
Tillamook County
elementary students

A special publication of
Headlight Herald
Tillamook County
 **Community**
Health Centers

2017 Year of Wellness





Living God's
love
by inspiring
health,
wholeness and
hope.





Diabetes
Just Ahead





 **Adventist Health**
Tillamook Regional Medical Center

Date *August 14, 2018*

Pay to the
Order of *Tillamook County Wellness* \$ *30,000.00*

Thirty thousand and no/100's Dollars

J. P. H.

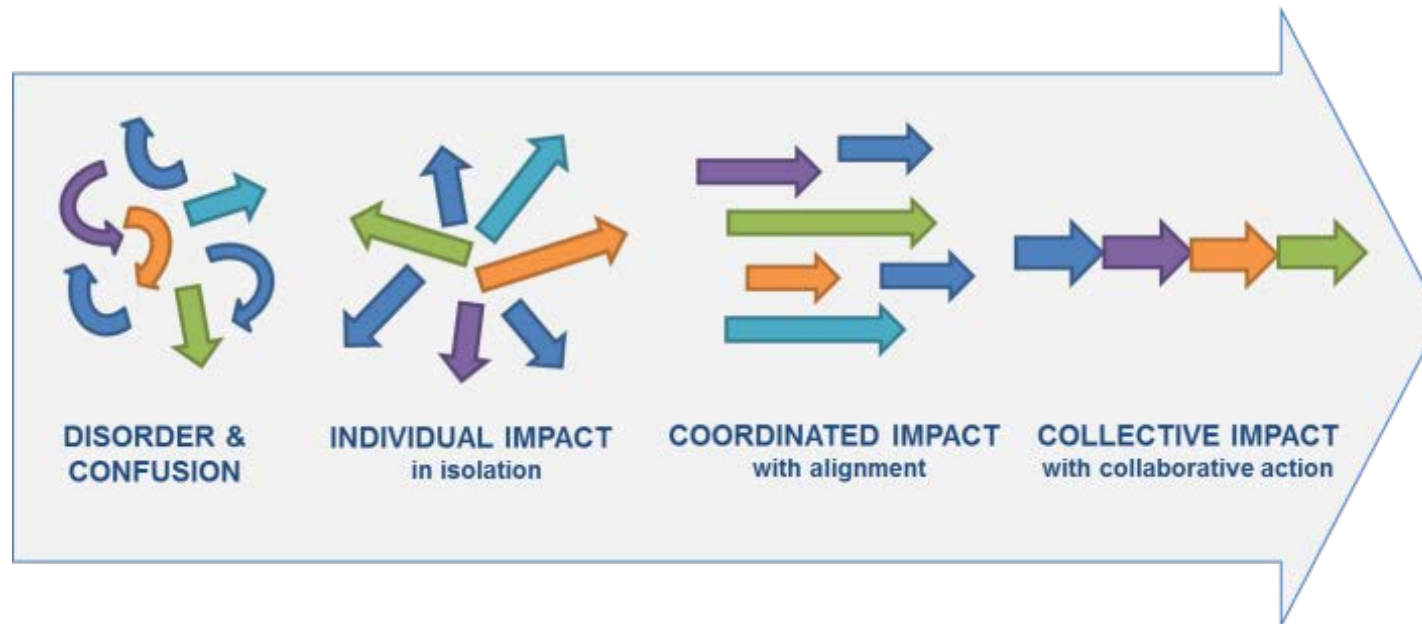




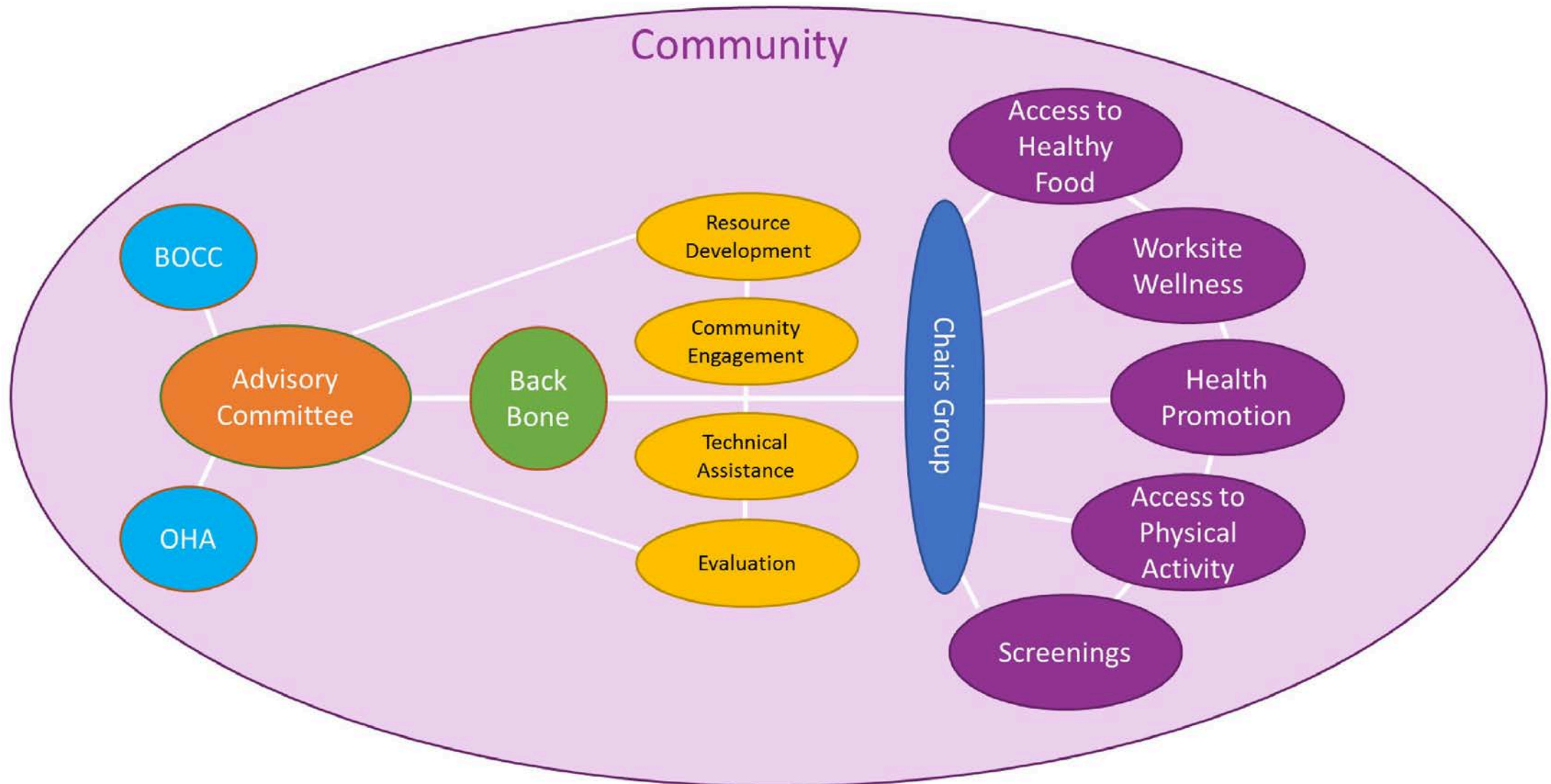


Together inspired.®

Collective Impact



Creating a Structure for Success





Tillamook County Wellness



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