

## **PATIENT REFERRAL FORM**

### **GET FIT Prostate** *(IRB # 18354)(NCT03741335)*

**To refer a patient to the GET FIT Prostate study at Oregon Health & Science University, please fax this completed form to: 503-346-8296, Attn: Cassie Boisvert**

**Purpose of the Study:** To compare the efficacy of distinct exercise programs tai ji quan (also known as “tai chi”) vs strength training, to prevent falls and frailty in prostate cancer survivors who have received ADT.

Key GET FIT Prostate eligibility criteria include:

- Diagnosed with prostate cancer
- Received  $\geq$  6-month course of ADT within the last 10 years
- Completed surgery, radiation or chemotherapy >6 weeks prior to enrollment and no concurrent adjuvant therapy other than ADT for prostate cancer

**Yes, this patient is a candidate for the GET FIT Prostate study:**

Patient Name \_\_\_\_\_

Tel. No. \_\_\_\_\_

E-mail address: \_\_\_\_\_

Referring Physician: \_\_\_\_\_

Once received, our team will contact the patient by phone/email within 1-2 days.

If you have any questions regarding the study, please contact:

- Dr. Kerri Winters-Stone (Principal Investigator): 503-494-0813, wintersk@ohsu.edu
- Cassie Boisvert (Study Coordinator): 503-494-6611, exercise@ohsu.edu