



BIRCWH ARTICLES AND READINGS

Burnout, Stress, and Wellness

- Ripp JA, Privitera MR, West CP, et al. Well-being in graduate medical education: a call for action. *Academic Medicine*. 2017;92(7):914-7. [Link Here](#)
- Wallace JE, Lemaire JB, Ghali WA. Physician wellness: a missing quality indicator. *The Lancet*. 2009;374(9702):1714-21. [Link Here](#)
- West CP, Dyrbye LN, Erwin PJ, et al. Interventions to prevent and reduce physician burnout: a systematic review and meta-analysis. *The Lancet*. 2016;388(10057):2272-81. [Link Here](#)
- Valcour, M. (2016). Beating Burnout. *Harvard Business Review*, (November 2016), pp.98-101. [Link Here](#)