## **Getting Started: Living with Memory Concerns**

Understanding pathways to support, future planning and resources for those with memory problems and their care partners

Join our monthly session to learn about the services provided by OHSU and the local **Alzheimer's Association** and to ask experts about behavioral symptoms of dementia and how to cope with difficult decisions. Friends, family members and care partners are welcome.

Join us if you, family member or a friend...

- Have memory concerns
- Have mild cognitive impairment, dementia or a related disorder
- · Have questions about memory loss and dementia
- Are a community member or professional interested in this subject

First Thursday of every month 3 to 4:30 p.m.

Meet in the waiting room on the 8th Floor OHSU Neurology Clinic, Center for Health & Healing 3303 SW Bond Ave. Portland, OR

Please call the Alzheimer's Association at 800-272-3900 to register for this event

For more information, call 503-494-7615 or email AlzheimersRN@ohsu.edu

Parking tickets from the Center for Health & Healing underground lot will be validated

Request reasonable accommodation for this event at 503-494-2834 or hsmktg@ohsu.edu

