

2020 Forum on Aging in Rural Oregon

May 27-29 | The Riverhouse on the Deschutes | Bend

2020 Forum on Aging in Rural Oregon - Request for Presentations

The Oregon Office of Rural Health (ORH) seeks proposals for presentations at the 4th Annual Forum on Aging in Rural Oregon, May 27-29, 2020, in Bend, Oregon. Interested presenters are encouraged to submit a proposal to the Oregon Office of Rural Health **by October 4, 2019**.

Background

Rural Oregon communities can be ideal places to age. This event provides a forum where people talk about their experiences, learn from one another and bring forth new ideas to move forward solutions that improve care and services for elders. It is an opportunity for Critical Access Hospitals, private and rural health clinics, coordinated care organizations and local public health departments to connect with one another, state/local aging-related stakeholders and community members. Attendees include health care providers and administrators, policy makers, community members, family caregivers, elder care professionals, philanthropists and anyone interested in making it easier for older adults to age in place in rural and frontier Oregon.

Presentation Topics

Proposed presentations should provide actionable information and best practices for attendees that optimize elder's ability to age in rural and frontier Oregon communities. Presentations that utilize interaction between presenters and audience or among audience members are particularly encouraged. **Presentations are NOT an opportunity to sell a product or service.** Click [here](#) to see presentations from the 2019 Forum on Aging in Rural Oregon.

We welcome proposals on any relevant topic. However, the planning committee has expressed interest in the topics listed on the next page. These are merely suggestions; successful proposals are not limited to the topics on this list.

Proposal Requirements

The proposal should be a maximum of one page and **must** include the following information:

- Name, contact information, and brief bio of presenter(s).
 - **Note: the ORH will reimburse for one speaker's registration, lodging and travel expenses.**
- Name and contact information of person submitting the proposal, if different than above
- Title of presentation
- Summary description of presentation to be used for agenda
- Two learning objectives
- Presentation style (e.g., PowerPoint, facilitated discussion, panel, etc.)

Please submit proposals and/or questions to Rose Locklear at: locklear@ohsu.edu no later than 5:00 PM, Friday October 4, 2019.

Possible presentation topics include, but are not limited to:

Clinical

- Aging with chronic illnesses
- Behavioral health for elders
- Burnout among care providers
- Clinical support and training of family caregivers by rural clinicians
- Community health workers to support aging in place
- Culturally appropriate elder care
- Discharge planning that includes family caregivers
- Elder abuse, neglect, and exploitation
- Geriatric competencies for primary care providers
- Health departments and elders/caregivers
- Health/ cognitive assessments
- Medicare options, dual eligibility, long-term services and supports – what clinicians should know
- Medication management
- Oral health of elders
- Palliative and end-of-life care
- Pain management
- Substance use disorder in elderly patients
- Telemedicine and paramedicine in primary care teams for rural elder health

Social Services

- Addressing the needs of senior veterans
- Communication techniques for those with dementia
- Community health workers to support elder health equity and social determinants of health
- Community, state, and national resources
- Improving behavioral health of elders and caregivers; management of mental health crises
- Long-term services and support
- Lifestyle, nutrition and wellness for elders
- Ombudspersons -the role and services they provide
- Outreach and navigation assistance
- SHIBA volunteers and Medicare

Community Approaches to Support Aging

- Accommodating the needs of employees who are family caregivers
- Advance directives
- Affordable transportation for elders
- Aging Native Americans -how tribal members are supported to age in place
- Assistive technology to promote independence and community living
- Community partnerships for elder and caregiver health
- Coordinated care organizations and elder health/dual eligibility
- Facilities and equipment suitable for elders
- Housing options for elders -innovative and/or non-traditional
- Intimacy and aging -dementia care, sexuality and intimacy
- Local government and community initiatives
- Planning for natural disasters and senior needs
- Supporting or developing community programs for elders and caregivers



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