

CURRICULUM VITAE

OREGON HEALTH & SCIENCE UNIVERSITY

Name: Katie Heintz Stowers, DO

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UNDERGRADUATE EDUCATION

2006 – 2010 Doctor of Osteopathy Nova Southeastern University College of Osteopathic Medicine
(Fort Lauderdale, FL)
2002 – 2006 Bachelor of Science Biology, Saint Leo University (Saint Leo, Florida)

GRADUATE MEDICAL TRAINING

2013 – 2014 Fellowship, Palliative Medicine and Hospice Ohio State University Wexner Medical
Center (Columbus, OH)
2010 – 2013 Internship and Residency, Internal Medicine Ohio State University Wexner Medical
Center (Columbus, OH)

FACULTY ACADEMIC APPOINTMENTS

Assistant Professor 2017 - Present
Division of Hematology and Medical Oncology/Palliative Care
Center for Ethics in Health Care
Oregon Health and Science University

Clinical Assistant Professor 2014 - 2017
Department of Medicine
Division Geriatrics, Gerontology and Palliative Medicine
University of Texas Health Science Center San Antonio

APPOINTMENTS AT HOSPITALS / AFFILIATED INSTITUTIONS

Staff Physician: Palliative Medicine 2017 – Present
VA Portland Health Care System
Staff Physician: Palliative Medicine 2017 – 01/2019
Knight Cancer Institute, OHSU
Staff Physician: Palliative Medicine 2014 – 2017
University Health System, San Antonio TX
Contract Physician: Hospitalist 2014 – 2017
University Health System, San Antonio TX
Contract Physician: Hospitalist 2012 – 2014
Ohio State University Wexner Medical Center

MAJOR ADMINISTRATIVE LEADERSHIP POSITIONS

Director, Serious Illness Education 2019
Center for Ethics, Oregon Health and Science University

Associated Director, Center for Ethics Center for Ethics, Oregon Health and Science University	2019
Program Director, Hospice and Palliative Medicine Fellowship Oregon Health and Science University	2017 – Present
Site-Director Portland VA Medical Center Rotations Hospice and Palliative Medicine, OHSU <i>*Oversight, coordination, and supervision of rotations for medical students, residents, fellows (HPM and Other subspecialties, interprofessional fellows)</i>	2017 – Present
Director of Assessment and Evaluation Hospice and Palliative Medicine Fellowship, UTHSCSA <i>*Development and oversight of formative and summative evaluation tools for trainees rotating on the UTHSCA palliative care services</i>	2016 – 2017
Medical Director Palliative Medicine Ambulatory Services Hospice and Palliative Care Services, University Health System	2014 – 2017

COMMITTEE & SERVICE

Executive Committee, Member, OHSU Center for Ethics	2019
Oregon POLST Education Committee, Member	2019
Cancer Committee, Palliative care representative, Portland VA Center for Ethics, Volunteer Service, OHSU	2018 – Present 2017 – 2018
VitalTalk, Associate and Faculty Development Teaching Team <i>*Course directors for national introductory level courses and receiving mentorship to become part of the Faculty Development teaching team.</i>	2017 – Present
Graduate Medical Education Committee, OHSU	2017 – Present
VitalTalk, Junior Associate <i>*Course Instructor for national introductory level courses</i>	2016 – 2017

PROFESSIONAL SOCIETIES

American Academy of Hospice and Palliative Medicine Academic Palliative Medicine Council Early Career Professional Special Interest Group Education Special Interest Group	2014 – Current
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EDITORIAL ACTIVITIES

Ad Hoc Reviewer Journal of Palliative Medicine	2015 - Current
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HONORS AND AWARDS

Poster Awards Finalist 2016 Innovations in Health Sciences Education Meeting University of Texas System <i>Aid to our Frontline Warriors: A Brief End-of-Life Communication Curriculum for Internal Medicine Interns</i>	02/18/2016
Arnold P. Gold Foundation Gold Humanism Honor Society	2008 – Current

REPORT OF FUNDED PROJECTS

University of Texas Kenneth I. Shine Academy of Health Science Education Small Grants Program, Principal Investigator Pilot educational intervention for Internal Medicine Residents – The Patient-Centered Communication Curriculum: Teaching Internal Medicine	2014 – 2015
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Resident to Communicate with Seriously Ill Patients (PC-I) – designed to evaluate the improvement of attitudes, knowledge and skills in patient-centered communication with seriously ill patients through the use of a simulated clinical experience, feedback and didactic lecture.

Alliance for Academic Internal Medicine 2015 – 2016
 Innovation Grant Recipient (21 of 72 proposals funded), Co-Investigator
Pilot educational intervention providing early exposure to medical students to the aging and seriously ill population through a longitudinal elective course providing community service engagement through the “No one dies alone” volunteer program, self-directed learning and resiliency training; Course coordination through an innovative teaching platform, a mobile app.

REPORT OF ACTIVITIES

Adult Psychiatry Echo 2017
**12 hour longitudinal CME course to improve psychiatric management for patients seeking care in primary care clinics through didactics and case- based learning*

Vital Talk Faculty Development Course 2015 – 2016
** VitalTalk is an international leader in serious illness communication training. The faculty development course teaches the skills necessary to lead introductory serious illness communication workshops*

UT Clinical Safety and Effectiveness Course 2015 – 2016
 ACGME Developing Faculty Competencies in Assessment Course 03/2015
 Institute for Health Care Improvement: Quality Improvement Course 01/2014
 Medical Ethics Course, Ohio State University Center for Biomedical Ethics 01/2014
 Clinician Educators Certificate Course, Ohio State University Medical Center 2013-14
 University of Pittsburg Advanced Communication Course 12/2013

REPORT OF LOCAL TEACHING AND TRAINING

Teaching of Students in Courses

Ethics, Law, Professionalism in Clinical Care: Pain Intersession 2017 – Present
 Small Group Leader
 3rd and 4th year medical students, 3 session per year
 OHSU School of Medicine

Compassionate Communication Course 2017 – Present
 Small Group Leader
 4th year medical student, small group sessions and OSCE
 OHSU School of Medicine

Formal Teaching of Residents, Fellows

Hematology and Medical Oncology Fellowship Didactics 2017 – present
 OHSU
**5 – 2 hour didactic sessions per year on serious illness communication.*

Hospice and Palliative Medicine Didactics 2017 - present
 OHSU Hospice and Palliative Medicine Fellowship
** 10 – 1 hour didactic sessions per year on complex pain management and serious illness communication.*

Care of the Aging Medical Patient Course, Curriculum Director 2014 – 2017
 Internal Medicine Residency and Family Medicine Residency
 UTHSCSA
**15 – 4 hour didactic, small group, role play, and simulation training per year*

Initially a grant funded pilot project aimed to revamp the geriatric and HPM Education for the internal medicine residency program. Program success resulted in sustainable institutional funding and expansion into family medicine residency program. Topics include aging, Advance care planning, EOL ethics, serious illness pain and symptom management, and serious illness communication. Involvement included curriculum design, administration, teaching, program evaluation.

Clinical Supervisory and Training Responsibilities

Portland VA Palliative Medicine Consult Service Preceptor Medical students, Residents, Fellows, interprofessional trainees Portland VA Health Care System 2 weeks, monthly	2017 – Present
OHSU Ambulatory Clinic Preceptor Palliative Medicine Fellows, Residents OHSU Center for Health and Healing 1 Half Day per week	2017 – Present
Portland VA Ambulatory Clinic Preceptor Palliative Medicine Fellows Portland VA Health Care System 1 Half Day per week	2017 – Present

Research Supervisory and Training Responsibilities

Hospice and Palliative Medicine Fellowship Research Mentor OHSU Hospice and Palliative Medicine Fellows (2 per year) <i>*mentor fellows through project design, data collection, data analysis, abstract writing, presentation</i>	2017 - Present
Medical Student Training in Aging Research (MSTAR) Mentor 1 st year and 2 nd year medical students (1 per year) <i>*Daily supervision for 8 weeks; mentor fellows through project design, data collection, data analysis, abstract writing, presentation</i>	2015 – 2017

REPORT OF INVITED TEACHING AND PRESENTATIONS

Local

Vital Talk Mastering Tough Conversations Course Portland OR	3/05/2019
Doing Better Together: Communication and Serious Illness Medicine Grand Rounds, OHSU	3/05/2019
Powered by Vital Talk Mastering Tough Conversations Course OHSU Department of Trauma and Critical Care Surgery; Portland OR	1/23/2019
Powered by Vital Talk Mastering Tough Conversations Course OHSU Department of Nephrology; Portland OR	11/29/2018
Navigating Difficult Conversations OBGYN Grand Rounds, OHSU	11/02/2018
Powered by Vital Talk Mastering Tough Conversations Course Department of Hematology and Medical Oncology, OHSU	07/09/2018
Powered by Vital Talk Mastering Tough Conversations Course OHSU Center for Ethics; Portland OR	02/2018

Regional

Powered by Vital Talk Mastering Tough Conversations Course St. Charles Health Care; Bend OR	06/2018
Opioid Conversion Workshop, Terminal Delirium, Palliative Care Update & Legacy Building Workshop San Antonio Geriatrics and Palliative Education Symposium San Antonio, TX	8/23-24/2017
Palliative Care in Neurologic Diseases 7th Annual Geriatric Conference: Building Partnerships for Geriatric Care San Antonio, TX	07/16/2017
Managing Delirium at the End-of-Life Oregon Health & Science University Portland, OR	02/14/2017
End-of-Life Symptom Management Lecture Mastering the Care of Older Adults: A Geriatrics and Palliative Care Update – 5 th Annual Intensive Geriatric and Palliative Medicine Course San Antonio, TX	08/27/2016
VitalTalk Mastering Tough Conversations Course Mastering the Care of Older Adults: A Geriatrics and Palliative Care Update – 5 th Annual Intensive Geriatric and Palliative Medicine Course San Antonio, TX	08/24/2016
Complex Communication Issues Lecture Mastering the Care of Older Adults: A Geriatrics and Palliative Care Update – 4 th Annual Intensive Geriatric and Palliative Medicine Course San Antonio, TX	8/28/2015
Shared Decision-Making at the End-of-Life Lecture Summer Institute of Aging South Texas Education Center Department of Psychiatry, UTHSCSA	6/25/2015
Shared Decision-Making at the End-of-Life Lecture Distinguished Lecture in Ethics University of Texas Health Science Center, Regional Academic Health Center. Harlingen, TX	04/13/2015
<u>National</u>	
Vital Talk Master Tough Conversation Course Blue Shield Northern California; Sacramento CA	10/2018
When Daddy Is Dying: Facilitating Family-Centered Goals of Care Conversations AAHPM Annual Assembly Session; Boston MA	03/2018
Vital Talk Master Tough Conversations Course Kaiser Northern California; Walnut Creek CA	09/2017
Vital Talk Faculty Development Course Vital Talk Junior Associate Faculty; Boulder CO	06/2017
Vital Talk Master Tough Conversations Course AAHPM Pre-Conference Workshop Facilitator; Phoenix AZ	02/2017
Vital Talk Faculty Development Course	09/2016

Vital Talk Junior Associate Faculty; Aspen CO

REPORT OF CLINICAL ACTIVITIES

Licensure and Certifications

Oregon State Medical Board; Full Physician License; DO183076 Issued: 05/2017; Exp. 12/31/2019
Hospice and Palliative Medicine Certification, ABIM Issued: 12/2014; Exp. 11/2024
American Board of Internal Medicine Certification Issued: 01/2013; Exp. 12/31/2023
Basic and Advanced Cardiovascular Life Support Exp. 06/2018
Drug Enforcement Administration (DEA) Registration Exp. 02/28/2019
American Osteopathic Association approval of Allopathic Internship and Residency

REPORT OF EDUCATION TO PATIENTS AND SERVICE TO COMMUNITY

Activities

Board Member 01/2019
Oregon Hospice and Palliative Care Association
Board Member 06/2018
Care Partners Hospice; Portland OR

REPORT OF SCHOLARSHIP

Publications (Peer Reviewed)

Stowers K, Hartman A, Gustin J. Diltiazem for the Management of Malignancy-Associated Perineal Pain and Tenesmus. *Journal of Palliative Medicine*. 2014;17(9):1075-77.

Involvement: Project design, literature review, manuscript writing, editing, submission

Publications (Non-Peer Reviewed)

Journal Publication

Stowers K, Nash R. Consent for Organ Donation and the Standard of Substituted Judgment. *Bioethics Quarterly*. 24(1) 2014:3-4

Involvement: Project design, literature review, manuscript writing, editing, submission

Book and Books Chapters

Thurston A, Stowers K, Skarf LM. Communication and Team Teamwork. In: *Essential Practices in Hospice and Palliative Medicine Series*. 5th Edition. Glenview, IL: AAHPM. 2017.

Involvement: literature review, manuscript writing, editing.

Gustin J, Stowers K, von Gunten C. Communication Education for Physicians. In: Wittenberg-Lyles E, Ferrel B, Goldsmith J, Smith T, Ragan S, Glajchen M, Handzo G. *Textbook of Palliative Care Communication*. 1st Edition. 2015. New York, NY: Oxford University Press.

Involvement: literature review, manuscript writing, editing, submission

Professional Educational Materials

Essential Practice in Hospice and Palliative Medicine Series Amplifier Learning Modules 2017

Communication and Teamwork Module

* Contributor and Item writer

Hospice and Palliative Medicine Focused Assessment and Study Tool 2017

Psychiatry and Cognition Module

* Contributor and Item writer for the newest edition.

Abstract and Poster Presentations

Klein C, Stowers K. Suicide Prevention screening in an outpatient Palliative Service serving Veterans:

New Implementation and Observations. Poster Session accepted at American Academy of Hospice and Palliative Medicine Annual Assembly; 2019 March 13-15; Orlando FL

- Paulino, R, Ong, L, Wedelich, A, Stowers, K. Assessing Capacity: A Brief Curriculum for Medicine Interns on Assessing Decision-Making Capacity. Poster Session Presented at Annual Scientific Meeting of the American Geriatrics Society 2018; 2018 May 3; Orlando FL
- La J, Hamal R, Veeder H, Stowers K. Protecting Our Vulnerable Population: Screening for Mistreatment in Hospice. Poster Session Presented at Annual Scientific Meeting of the American Geriatrics Society 2017; 2017 May 19; San Antonio TX
- Langford B, Pagan J, Powers B, Stowers K. Opioid Safety Assessment for Palliative Care and Geriatric Patients. Poster Session Presented at Annual Scientific Meeting of the American Geriatrics Society 2017; 2017 May 19; San Antonio TX
- Stowers K, Kosub K, Sanchez-Reilly S. Compassionate Care for the Seriously Ill Longitudinal Service Learning Program. Poster Session Presented at Academic Internal Medicine Week 2017; 2017 March 19-22; Baltimore, MD
- Pagan-Ferrer J, Stowers K. Opioid Safety Assessment implementation in Palliative Care Clinic. Poster Session Presented at American Academy of Hospice and Palliative Medicine Annual Assembly; 2017 February 22-25; Phoenix AZ
- Seetharama A, Powers B, Mireles C, May L, Stowers K. Chronic Opioid Therapy Safety Assessment. Poster Session Presented at: University of Texas System Shared Visions Conference; 2016 April 21st; San Antonio TX
- Langford B, Seetharama A, Powers B, Stowers K. Chronic Opioid Safety Assessment in the Palliative Care Setting. Poster Session Presented at: University of Texas Health Science Center Research Passport Conference. 2016 April 6; San Antonio TX
- Linden J, Veeder H, , Shuko L, Sanchez-Reilly S, Stowers K. Protecting Our Vulnerable Population: Screening for Mistreatment in Palliative Care. Poster session Presented at: American Geriatric Society Annual Scientific Meeting; 2016 May 19-21; Long Beach, CA
- Stowers K, Sanchez-Reilly S. Aid to our Frontline Warriors: A Brief End-of-Life Communication Curriculum for Internal Medicine Interns; Poster session Presented at: UT System Innovation in Health Science Education Conference; 2016 February 18-19; Austin, TX
- Stowers K, Sanchez-Reilly S. Aid to our Frontline Warriors: A Brief End-of-Life Communication Curriculum for Internal Medicine Interns; Poster session Presented at: AAHPM Annual Clinical Assembly; 2016 March 9-12; Chicago
- Stowers K, Sanchez-Reilly S. Aid to our Frontline Warriors: A Brief End-of-Life Communication Curriculum for Internal Medicine Interns; Poster session Presented at: CAPC National Seminar; 2015 November 12; San Antonio
- Stowers K, Veeder H, Linden J, Shuko L, Sanchez-Reilly S. Protecting Our Vulnerable Population: Screening for Mistreatment in Palliative Care. Poster session Presented at: AAHPM Annual Clinical Assembly; 2016 March 9-12; Chicago
- Stowers K, Veeder H, Linden J, Shuko L, Sanchez-Reilly S. Protecting Our Vulnerable Population: Screening for Mistreatment in Palliative Care. Poster session Presented at: CAPC National Seminar; 2015 November 12; San Antonio
- Stowers K, Wu K, Genovese P, Goodman L, Gustin J, Ali N, Moffatt-Bruce S. The Impact of Palliative Medicine Consultation on ICU Readmission. Poster session Presented at: International Congress of Palliative Care Annual Meeting; 2014 September 9-12; Montreal Canada