

SITES BY LOCATION (*Alphabetical*)

Beaverton

Circle of Friends Advocacy

14407 SW Teal Blvd, 99D
Beaverton, OR 97008
503-524-9420
Email: purpleslp@msn.com
www.circleoffriendsadvocacy.com
Provides advocacy services for special education process

Kids Campus

Various locations in Beaverton and Tigard
503-639-4990
www.kidscampus.org
Preschool and child care for infants-12 year olds

Mind Matters

Beaverton Office:
15050 SW Koll Parkway, Ste 2A
Beaverton, OR 97006
503-352-0468
Pendleton Office:
1304 SE Court Pl.
Pendleton, Oregon 97801
www.mindmatterspc.com
Provides multidisciplinary evaluations and treatment for children and families

New Horizons Wellness Services, LLC

9400 SW Beaverton Hillsdale Hwy
Suite 210
Beaverton, OR 97005
503-352-0240
www.nhws.us
Provides occupational and speech/language therapy, social skills groups, and psychological services for children, adolescents and adults

Western Psychological and Counseling Services

9670 SW Beaverton-Hillsdale Hwy
Beaverton, OR
503-626-9494
www.westernpsych.com
Provides outpatient mental health care including ADHD/ADD, chemical dependency, and EAP services to families, adults, and children

Clackamas

Clackamas County Behavioral Health

Various Locations
503-655-8401
www.clackamas.us/behavioral/outpatient.jsp
Outpatient services of children & adults

Sundstrom Clinical Services

8440 SE Sunnybrook Blvd Ste 120
Clackamas, OR
503-653-0631
<http://www.sundstromclinic.com/>
Provides psychological treatments for both children and adults, including assessment and therapies for a broad range of difficulties

Eugene

Connect the Dots

11 E 27th Ave
Eugene, OR 97045
541-255-2681
www.ctdpediatrictherapy.com
Provides occupational and speech therapy services

Fairview

Reynolds Learning Academy

20234 NE Halsey Street
Fairview, OR 97024
(503) 667-4673
<http://www.reynolds.k12.or.us/rla>
Provides credit recovery program, GED, youth service learning program

Gresham

Pediatric Therapy Services

532 N Main Ave
Gresham, OR 97030
503-666-1333
www.speechtherapygresham.com
Offers children's physical, occupational, and speech therapy

Hillsboro

Neurotherapeutics OHP

Beaverton Office:
5289 NE Elam Young Parkway, Ste 140
Hillsboro, OR 97124
503-657-8903
www.nt4kids.org
Provides children with occupational and physical therapy

Pacific Psychology & Comprehensive Health Clinic

Hillsboro Location:
222 SE 8th Ave, Ste 212
Hillsboro, OR 97123
503-352-7333
www.pacificu.edu/spp/clinic
Offers assessments and counseling

Lake Oswego

Center for Communication & Learning Skills

371 6th Street
Lake Oswego, OR
503-699-9022
www.commlarningskills.com
Provides ADHD specific services including assessment, counseling, focus and memory skill building

Harriet Steinberg, RN

503-970-6969
Lake Oswego
www.overallorganizer.com
Provides ADHD coaching

Youth Villages-ChristieCare

Lake Oswego location: 503-635-3416
Oregon City location: 503-607-0520
www.youthvillages.org
Intensive in-home services & residential treatment

Milwaukie

Clackamas Speech, LLC

2305 SE Washington St #102
Milwaukie, OR 97222
503-564-1148
www.clackamasspeech.com/
Provides treatments for orofacial myology, speech disorders, sensory-language disorder, and hippotherapy

Newberg

Chehalem Youth and Family Services

501 East 1st Street
Newberg, OR 97132
503-538-4874
www.cyfs.net
Provide counseling and residential services

Oregon City

Northwest Autism Foundation

519 15th Street
Oregon City, OR 97045
503-557-2111
www.autismnwaf.org
Provide family support, education, and social skill building services for individuals with ASD

Tigard

Gretchen Randolph, Ph.D., PMHMP

13635 SW 115th Ave

Tigard, OR 97223

503-968-1155

www.adhdportland.com

Offers ADHD medication management

Vancouver

Children's Center

415 W 11th St

Vancouver, WA 98660

360-699-2244

www.thechildrenscenter.org

Offers support for behavioral and mental health issues

Children's Home Society of Washington

Child and Family Counseling

309 W 12th Street

Vancouver, WA 98660

360-695-1325

www.chs-wa.org

Offers adoption services, counseling, family support, and therapeutic foster care services

Columbia River Child and Family Mental Health Services

6926 E Fourth Plain Blvd

Vancouver, WA 98666

360-993-3000

www.crmhs.org

Provides child and family services, employment assistance, medical services, supported housing, residential facility, drug and alcohol treatment

SERVICES IN PORTLAND (*Alphabetical*)

A Better Way Counseling

818 NW 17th Ave.
Portland, OR 97209
503-226-9061
www.abwcounseling.com
General counseling-some free services

ADHD Advantage

Karen DeBolt, MA
Parent Coach and Family Therapist
503-459-2073
Email: kade@ADHDAdvantage.com
www.explorerspace.com
Parent coaching, social skills programs

Albertina Kerr Centers

722 NE 162nd Ave.
Portland, OR 97230
503-255-4205
www.albertinakerr.org
For children, families, and adults with mental health challenges & disabilities

Blazers Boys and Girls Club

5250 NE MLK Jr. Blvd.
Portland, OR 97213
503-282-8480
www.bgcportland.org/programs-and-services/clubs-map/blazers-boys-and-girls-club
After-school & summer programs for kids

CARES Northwest

2800 N Vancouver Ave, Suite #201
Portland, OR 97227
503-276-9000
www.caresnw.org
Assessment, treatment, & prevention of child abuse

Caremark Behavioral Health Services

10123 SE Market St
Portland, OR 97216
503-251-6390
www.adventisthealthnw.com/services-and-programs/caremark-mental
Inpatient/outpatient, assessments, interventions

Carol Walnum, M.A., M.B.A., LPC

503-224-6559
NE Sandy Blvd
Portland, OR 97213
www.counselingneportland.com
Counseling services

Cascadia Behavioral Health

Delaunay Site
5139 N Lombard St
Portland, OR 97203
Gateway Site
131 NE 102nd Ave
Portland, OR 97220
503-674-7777
www.cascadiabhc.org
Mental health & addictions treatment services

Charles Harrison, Ph.D

1020 SW Taylor, Ste 745
Portland, OR 97205
503-975-0014
General counseling

Child Development and Rehabilitations Center (CDRC): Clinical Programs

Doernbecher's Children's Hospital, 7th Floor
3181 SW Sam Jackson Park Rd
Portland, OR 97201
800-452-6564
www.ohsu.edu/cdrc/clinical
Evaluates children from birth through school-age for developmental, learning, social, and behavioral concerns. Additionally, professionals offer focused, behaviorally-based assessment and treatment plans for specific behavioral issues for a wide variety of issues and age ranges.

Children's Program

7707 Southwest Capitol Highway
Portland, OR 97219
503-452-8002
www.childrensprogram.com
Diagnostic, therapeutic, and educational services to children, adolescents, and families

Dougy Center

2228 NE Glisan Street
Portland, OR 97232
503-775-5683 or
866-775-5683
www.dougy.org

Free open-ended peer support groups for grief, meet every other week and are divided by age, type of death, and who died

Executive Functioning Success

7743 SW Capitol Hwy
Portland, OR 97219
503-482-8194
<http://executivefunctioningsuccess.com/>
Help with time management, planning, and organization. Teaches executive functioning skills to families, children, and adults.

Gately Summer Academy

205 NE 50th Ave
Portland, OR 97213
503-215-2672
Email: gatelyacademy@providence.org
www.gatelyacademy.org
A summer camp for children with ADHD and other learning disabilities

Jewish Family and Child Service

1221 SW Yamhill
Suite 301
Portland, OR 97205
503-226-7079
www.jfcs-portland.org
Provides counseling; support to individuals with disabilities

Kartini Clinic

2800 N. Vancouver, Suite 106
Portland, OR 97227
503-249-8851
www.kartiniclinic.com
Specializes in eating disorders

LifeWorks Northwest

Various locations throughout Portland metro area
503-645-9010
503-617-9194 (family coaching)
www.lifeworksnw.org
Child & family counseling, free drug and alcohol assessments, family coaching

Mentored Learning

12 SE 14th Ave
Suite 206
Portland, OR 97214
503-267-8040
www.mentoredlearning.com
Mental health treatment and other services including academic support (tutoring and coaching), individual counseling for ADHD, Autism, and Developmental Disabilities, family therapy and coaching for ADHD, Autism, and DD, parent coaching, and family therapy

Minds in Motion Tutoring

East Side Office:
3425 NE Sandy Blvd.
Portland, OR 97232
West Side Office:
1439 SW Columbia
Portland, OR 97201
503-449-0406
www.mindsinmotiontutoring.com
Diagnostic testing and evaluations, K-12 tutoring

Morrison Child and Family Services

Various locations
503-258-4381
www.morrisonkids.org
Counseling, consultation and educational services

Multnomah County STD Clinic

Multnomah County STD Clinic
426 SW Stark St
6th Floor
Portland, OR 97204
503-988-5727
<https://multco.us/health/std-services>
Provides evaluation and treatment of sexually transmitted diseases (can include confidential HIV tests), no one is turned away for inability to pay. Interpreters can be arranged.

Nancy Anne Pearson, LCSW

503-543-3969
www.yourwellbeing.vpweb.com
Psychotherapy, parent consultations, family decision meetings, and therapeutic support for children using play therapy and brief forms of child-centered therapeutic support

Nancy Bryant, Ph.D

1785 Willamette Falls Dr
West Linn, OR 97068
503-655-3505
<http://www.learningassessment.net/>
Assessment and testing for learning disabilities, dyslexia, and ADHD

**OHSU Adolescent and Child Psychiatry
Outpatient Clinical**

OHSU Doernbecher Children's Hospital
7th Floor
700 S.W. Campus Drive 503-418-5775
www.ohsuhealth.com
Consultation, diagnostic evaluation, therapy, specialty treatment for mood disorders, anxiety disorders, and ADHD

OHSU Pediatric Neurology

OHSU Doernbecher Children's Hospital
7th Floor
700 S.W. Campus Drive
Portland, OR 97239
877-346-0640
www.ohsu.edu/xd/health/services/doernbecher/programs-services/neurology

OHSU/Think:Kids

700 S.W. Campus Drive
Portland, OR 97239
Erik Kola at 503-418-5226
or Beth Putz 503-346-1482
<http://www.ohsu.edu/xd/education/schools/school-of-medicine/departments/clinical-departments/psychiatry/divisions-and-clinics/child-and-adolescent-psychiatry/CPS>
Supports systems, groups, and individuals looking to learn more about Collaborative Problem Solving model

Pacific NW Pediatric Therapies

4305 SE Milwaukie Ave.
Portland, 97202
503-232-3955
www.rosemarywhitepediatricservices.com
Specializes in working with children presenting with challenges associated with disorders of relating and communicating such as autism spectrum disorders, sensory processing disorders, behavioral, and neurological disorders

The Parent Support Center

503-796-9665
Email: pscpx@gmail.com
<https://sites.google.com/site/pdxcaringdiscipline/>
Classes, training, workshops, materials, and resources for parents and educators regarding child misbehaviors

Planned Parenthood

3231 SE 50th
Portland, OR 97206
888-875-7820
3727 NE Martin Luther King Jr. Boulevard
Portland, OR 97212
888-875-7820
www.plannedparenthood.org
Provides assistance in making independent, informed decisions about health, sex and family planning. Delivers vital reproductive health care and sex education.

Portland State University Speech and Hearing Clinic

503-725-3070
www.pdx.edu/sphr/speech-language-clinic
Diagnostic and intervention services for children and adults with speech and language disorders

Ruth Parvin, J.D., Ph.D

2925 SW Taylor Street
Portland, OR 97214
503-234-5687
www.aplace2talk.com
Counseling & mediation services

Social Skills Groups

516 SE Morrison St
Portland, OR 97214
503-481-0020
www.brookepsychologists.com
Offers mental health services for individuals, couples, and also provides social skills groups

Steve Waksman, Ph.D

5441 SW Macadam Ave, Ste 206
Portland, OR 97239
503-222-4046
www.stevewaksman.com
Specializes in evaluation and treatment of ADHD

Trillium Family Services

Various locations
503-234-7332
www.trilliumfamily.org
Counseling for children and their families

BOOKS

The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children – Ross W. Greene

Your Adolescent – David Pruitt/AACAP

Your Child – David Pruitt/AACAP

HELPFUL WEBSITES

American Association of Suicidology
www.suicidology.org

American Foundation for Suicide Prevention
www.afsp.org

American Sexual Health Association
919-361-8488
8 a.m. to 8 p.m. EST, Monday to Friday
http://www.ashastd.org

Autism Society
www.oregonautism.com

Child Disability Connection
www.childdisabilityconnection.org

Government Benefits
www.benefits.gov

Healthy Place
www.healthyplace.com

Help Kidz Learn
www.helpkidzlearn.com

It Gets Better Project
http://www.itgetsbetter.org/

Kids Health
www.kidshealth.org

Learning Disorders (LD) Online
www.ldonline.org/indepth/behavior

My child's Future
www.mychildsfuture.org

National Parent Information Network
www.npin.org

National Parent Teacher Association

www.pta.org

Oregon Mental Health Associates, Inc.

www.oregonmentalhealth.org

Online Asperger Syndrome Information and Support (OASIS) @ MAAAP

www.aspergersyndrome.org

Oregon Counseling

www.oregoncounseling.org

Parenting

www.parenting.com

Parents

www.parents.com

Wrong Planet

www.wrongplanet.net

CRISIS RESOURCES

Dial 211 (Guide to health and Social services in Oregon and Southwest Washington)

www.211info.org

Alateen/Alanon

803-344-2666

Alcohol and Drug Help-line (24 hour)

503-244-1312 or 8777-533-TEEN (8336)

Child Welfare Hotline

503-731-3100

Clackamas Child Abuse Hotline

971-673-7112

Clackamas County Connections Hotline

503-655-8401 or 888-651-8401

Clark County Crisis Line

360-696-9560 or 800-626-8137

Gay & Lesbian Youth Hotline

800-347-8336

Girls and Boys town National Hotline Phone

800-448-3000

Harry's Mother

121 NE 8th St.

Portland, OR 97232

503-233-8111

www.harrysmother.com

Provides 24-hour crisis intervention, emergency shelter, and counseling to youth and their families

Mid-Valley Women's Crisis Service

866-399-7722

Multnomah Child Abuse Hotline

800-509-5439

Multnomah Dept. of County Human Services

503-988-4888

www.co.multnomah.or.us.dchs.mhas

Narcotics Anonymous

503-393-7281 or 800-766-2437

National Child Abuse Hotline

800-4-A-CHILD (442-4453)

National Domestic Violence Hotline

800-799-SAFE (7233)

National Runaway Hotline

800-621-4000

National Youth Crisis Line

800-448-4663

Non-Emergency Police Line

503-823-3333

Oregon Partnership

Suicide Lifeline: 800-273-TALK (8255)
Substance Helpline: 800-923-HELP (4357)
The Youth Hotline: 877-553-8336
www.orpartnership.org

Oregon SafeNet

800-SAFE-NET
Information/referrals for low-cost child services

Parents Anonymous of Oregon

1500 NE Irving Street, Suite 250
Portland, OR 97232
503-258-4568
Helpline: 503-258-4557 or 503-452-4789
www.parentsanonymous.org
*Evidence-based family strengthening program
utilizing mutual support, parent leadership, and
shared leadership to achieve personal growth,
improve family functioning, and achieve
parental resilience*

Outside In

1132 SW 13th
Portland, OR 97205
503-535-3800
Services for homeless youth

Parent Help Line

800-345-5044

Portland Women's Crisis Line

503-235-5333
www.pwcl.org

Trevor Project

866-488-7386
<http://www.thetrevorproject.org/>
*National organization providing crisis
intervention and suicide prevention to lesbian,
gay, bisexual, transgender, and questioning
(LGBTQ) young people ages 13-24*

Washington County Crisis Team

503-291-9111

**Washington County Health Connections
Hotline**

503-655-8401 or 888-651-2134