

# Vital Signs and Blood Sugar Record

Date														
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## Temperature

8am														
12pm														
4pm														
9pm														

## Blood Pressure

8am														
12pm														
4pm														
9pm														

## Pulse

8am														
12pm														
4pm														
9pm														

## Blood Sugar

8am														
12pm														
4pm														
9pm														

## Weight

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- Call if you experience:
- Temperature of 100° F or higher
  - Weight gain of 2 pounds in one day or 4 pounds in one week