50th Annual
PRIMARY CARE REVIEW

February 11-15, 2019
Sentinel Hotel
Portland, Oregon

Sponsored by:
Division of Continuing Professional Development
School of Medicine, Oregon Health & Science University
COURSE DESCRIPTION

The 50th Annual Primary Care Review provides up-to-date clinical information and critical review of topics essential to primary care practice. Twenty-four plenary presentations and over 40 hours of breakout sessions provide the opportunity to design a personalized learning experience.

In celebration of the 50th anniversary of the Review, many of OHSU CPD’s Distinguished Lecturers will be featured throughout the week. CME Distinguished Lecturers are recognized by the Division for their service to CME, whether speaking, planning or advising. Monday morning’s plenary sessions will spotlight four of these recognized presenters.

Plenary presentations will address a broad range of topics pertinent to primary care including mental health, cardiology, orthopedics, and infectious disease.

Breakout sessions of various sizes promote interaction and discussion with faculty and allow ample time for questions. For 2019, you can expect sessions on:

- Asthma
- HIV Care
- Insomnia
- Chronic Pain
- Pediatric Anxiety
- Motivational Interviewing
- Hepatitis C
- Chronic Heart Failure
- Travel Medicine
- Drug Allergies
- And many others

As always, there will be a selection of women’s health, pediatrics, diabetes, and dermatology sessions throughout the week.

WE’RE PAPERLESS IN 2019 WITH THE PRIMARY CARE REVIEW APP!

The Primary Care Review is going green! The app will be the source for all your course materials including your personalized schedule, online syllabus, evaluation and attendance.

Watch for an email after registration with instructions on downloading and accessing the 50th Annual Primary Care Review guide, powered by Guidebook.

OHSU is an equal opportunity, affirmative action institution.
The 2019 Primary Care Review is designed for family physicians, internists, hospitalists, nurse practitioners, physicians assistants, and other primary care health care providers.

At the conclusion of the course, participants will be able to:

• Determine the efficacy of new therapies for Parkinson's Disease.
• Identify which nutritional recommendations for patients with cardiovascular disease are most effective.
• Incorporate new treatments of headache, iron deficiency and C. Diff into patient care
• Consider the role of the primary care provider in assisting their patients with cancer as they progress through treatment.
• Work with patients to understand the need for adherence to prescribed medications and treatments.
7:00 Registration/Continental Breakfast
7:50 Introduction to the Course
8:15 Challenges in Management of the Older Patient with Chronic Kidney Disease  
- Sharon Anderson, MD
8:55 Non-Alcoholic Fatty Liver Disease: Where Are We and Where Are We Going?  
- Atif Zaman, MD, MPH
9:35 Panel/Questions and Answers
10:00 BREAK
10:20 Diagnosing and Treating Iron Deficiency - the Best Thing Ever  
- Thomas DeLoughery, MD
11:00 All We Have is Each Other: The State of Kids in 2019 - Benjamin Hoffman, MD
11:40 Panel/Questions and Answers
12:10 LUNCH
1:00 PLENARY: Helping Your Patients Navigate the Cancer Care Maze: The Role of the  
Primary Care Provider - Kevin Billingsley, MD
2:05 BREAKOUT SESSION I
A. New Cholesterol Guidelines - Cezary Wojcik, MD, PhD, FNLA  
B. Motivational Interviewing - Carol DeFrancesco, MALS, RDN, LD  
C. Quick Radic: Efficient and Effective Assessment for Radiating Extremity Pain  
- Erik Ensrud, MD
D. A Narrative Medicine Workshop (limited enrollment) - Elizabeth Lahti, MD
3:05 BREAK
3:25 BREAKOUT SESSION II
A. Travel Medicine - Timothy Herrick, MD  
B. Understanding and Treating POTS in Primary Care - Michelle Stacey, MD  
C. Assessing and Treating Pediatric Anxiety - Kyle Johnson, MD  
D. Infectious Causes of Diarrhea - Ellie Sukerman, MD
4:30 BREAKOUT SESSION III
A. Exploration and Discussion of Filling Out POLST Forms: Is It As Simple As It  
Looks? - Eriko Onishi, MD  
B. Integrative Approaches to Chronic Pain - Sonia Sosa, MD  
C. Clearing Away the Smoke and Mirrors: Emerging Evidence on Harmful Effects of  
E-cigarettes on Youth - Holger Link, MD
D. Physicians Deserve Wellbeing - Donald Girard, MD
5:30 ADJOURN
PROGRAM
TUESDAY, FEBRUARY 12, 2019

7:30  Continental Breakfast
7:55  Announcements
8:00  Update in Headache Medicine for Clinical Practice - Juliette Preston, MD
8:40  Therapy for Parkinson's Disease: Are the New and Emerging Treatments Any Better? - Joseph Quinn, MD
9:20  Panel/Questions and Answers
10:00 BREAK
10:20 New HPV and PAP Guidelines - Katie Au, MD
11:00 Women and Pain - Grace Chen, MD
11:40 Panel/Questions and Answers
12:10 LUNCH
1:00 PLENARY: Five Diseases That Changed History - Robert Taylor, MD
2:05 BREAKOUT SESSION I
   A. Vitamin C and In-Utero Smoke: Blocking Some of the Perinatal Origins of Infant Lung Disease - Cindy McEvoy, MD
   B. Update in the Management of Asthma - Matthew Drake, MD
   C. Stretching Your ECG Skills - Steven Wahls, MD
   D. Hyponatremia - David Cohen, MD
3:05 BREAK
3:25 BREAKOUT SESSION II
   A. The Great Zebra Hunt: Stalking the Elusive and Uncommon Diagnosis - Robert Taylor, MD
   B. Chronic Heart Failure: New Drugs, New Insights and New Challenges - Harleen Singh, PharmD
   C. Long Term Care Communications - Sumathi Devarajan, MD, CMD; Debi Canales; Deb Corwin; Amy Owotor and Jeanne Taylor
   D. MSK Radiographs: Pearls and Pitfalls for the Primary Care Provider - Brooke Beckett, MD
4:30 PLENARY: Pharmacology Update for the Primary Care Provider - Ali Olyaei, PharmD
5:30 ADJOURN
Program

Wednesday, February 13, 2019

7:30  Continental Breakfast
7:55  Announcements
8:00  Feeling Blue, Seeing Red? A Non-political Review of Depression and Bipolar Disorder - Pritham Raj, MD
8:40  Chronic Sequelae of Traumatic Brain Injury - David Mansoor, MD
9:20  Panel/Questions and Answers
10:00  BREAK
10:20  Leveraging the Microbiome to Improve Cancer Outcomes - Julie Graff, MD
11:00  Oregon's War on Melanoma: A Statewide Early Detection Program - Sancy Leachman, MD, PhD
11:40  Panel/Questions and Answers
12:10  LUNCH
1:00  BREAKOUT SESSION I
   A. Skin Exam and Melanoma Diagnosis Essentials - Sancy Leachman, MD, PhD
   B. Saving Babies: What Every Primary Care Provider Needs to Know about Newborn Screening - Leah Wessenberg, FNP
   C. Rational Use of Antiplatelet Agents - Thomas DeLoughery, MD
   D. The Epidemic of Non-Adherence to Prescribed Therapies: Approaches in Primary Care - Craig Williams, PharmD
2:05  BREAKOUT SESSION II
   A. Atopic Dermatitis - Sabra Leitenberger, MD
   B. Speedier Drug Approval: Breaking Down the FDA Approval Process and the Expedited Pathways - Megan Herink, PharmD
   C. Don't Go Near the Water - Thomas DeLoughery, MD
   D. Parents' Needs and Preferences for Behavioral Guidance in Primary Care - Andrew Riley, PhD
3:05  BREAK
3:25  BREAKOUT SESSION III
   A. Personalized Medicine & Pharmacogenetics - Separating Fact and Fiction - Ben Kong, PharmD
   B. Clinical Use of PCSK9 Inhibitors for the Generalist - Bruce Warden, PharmD
   D. Hepatitis C Treatment in the Rural Primary Care Setting - Brian Garvey, MD
4:30  PLENARY: Managing Behavioral Symptoms in Dementia - David Mansoor, MD
5:30  ADJOURN
PROGRAM
THURSDAY, FEBRUARY 14, 2019

7:30  Continental Breakfast
7:55  Announcements
8:00  Musculoskeletal Conditions: What a Pain! - Kimberly Mauer, MD and Nels Carlson, MD
9:20  Panel/Questions and Answers
10:00 BREAK
10:20 The Current Pandemic and New Treatment Approaches to C.Diff
  - David Bearden, PharmD
11:00 How Well Do Drugs Work? - Craig Williams, PharmD
11:40 Panel/Questions and Answers
12:10 LUNCH
1:00 BREAKOUT SESSION I
  A. Young Adults with Intellectual and Physical Disabilities and
     Complex Multi-System Conditions - Special Considerations and Approaches
     - Reem Hasan, MD, PhD
  B. Where Primary Care and Public Health Intersect - Teresa Everson, MD, MPH
  C. Challenges and Opportunities in Screening, Treatment, and Prevention of
     Sexually Transmitted Infections - Timothy Menza, MD
  D. The Cardiovascular Effects of E-Cigarettes and Marijuana: Healthier
     Alternative or Too Good to Be True? - Tina Kaufman, PhD, PA-C
2:05 BREAKOUT SESSION II
  A. Oregon’s Opioid Epidemic: A Statewide Approach - Catherine Livingston, MD, MPH
  B. HIV Risk Reduction with Pre-Exposure Prophylaxis - Anthony Cheng, MD
  C. An Update on Early Psychosis - Craigan Usher, MD
  D. Update on HIV Care - Christopher Evans, MD
3:05 BREAK
3:25 BREAKOUT SESSION III
  A. Germline Gene Therapy - Paula Amato MD, MCR
  B. Medicine and the #MeToo Movement – How Our Training, Systems, Research,
     Data, and Practice are Impacted - Jackie Wirz, PhD and Stephanie McClure, MA
  C. Simple and Effective Interventions for Insomnia - Teni Davoudian, PhD
  D. Diabetes in the Older Adult - Leah Wilson, MD
4:30 BREAKOUT SESSION IV
  A. Creating a Culture of Well-Being and Resiliency: Strategies to Promote
     Engagement and Reduce Burnout - Jason Wong, PharmD, MBA
  B. Diabetes – Transition to Adult Care - Farahnaz Joarder, MD and Harpreet Nagra, PhD
  C. Modern Biomedical Ethics: Examining Big Data and its Impact on Biomedical
     Research and Clinical Practice - Jackie Wirz, PhD
  D. Penicillin Allergy, Anaphylaxis and Other Updates in Drug Allergy
     - Shyam Joshi, MD
5:30 ADJOURN
7:30  Continental Breakfast
7:55  Announcements
8:00  When There is Balance in the Force - ID MD and ID PharmD Perspectives on Common ID Topics in Primary Care - Erin Bonura, MD and James Lewis, PharmD
9:20  Panel/Questions and Answers
10:00 BREAK
10:20 Nutrition in Cardiovascular Disease: Facts, Fiction and Practical Strategies - Tracy Severson, RD, LD
11:00 Common Cardiovascular Medicine Drugs: Pearls and Pitfalls - Bruce Warden, PharmD
11:40 Panel/Questions and Answers
12:10 ADJOURN