CONFERENCE OBJECTIVES

After attending this symposium, attendees will be able to:

- Describe and discuss why falls are important and what makes people fall
- Identify fall risk factors in people with MS, including those related to the individual, the task and the environment
- Describe and discuss low tech and high tech fall measurement approaches
- Describe and discuss fall prevention approaches including exercise, education and multifactorial interventions

WHO SHOULD ATTEND

Physicians (Neurologists, Physiatrists), physical therapists, occupational therapists, rehabilitation scientists, nurses, physician assistants, and others working in the area of multiple sclerosis clinical practice or research.

IN PARTNERSHIP WITH:
- Oregon Health & Science University’s MS Center
- VA Portland Health Care System, MS Center of Excellence West
5th International Symposium on Gait and Balance in Multiple Sclerosis: Fall Detection and Prevention

AGENDA - FRIDAY EVENING SEPTEMBER 25, 2015

6:00 pm - 9:00 pm  Poster presentations and reception with opening remarks
Michelle H. Cameron, MD, PT, MCR
Oregon Health & Science University and VA Portland Health Care System – Portland, OR

AGENDA - SATURDAY SEPTEMBER 26, 2015

8:00 am - 8:30 am  Registration
8:30 am - 8:40 am  Continental breakfast
8:30 am - 9:00 am  Introduction and welcome
Dennis Bourdette, MD, FAAN, FANA
Oregon Health & Science University and VA Portland Health Care System – Portland, OR

MORNING SESSIONS

8:45 am - 9:35 am  Falls in people with MS: Who, what and why
Michelle H. Cameron, MD, PT, MCR
Oregon Health & Science University and VA Portland Health Care System – Portland, OR

9:35 am - 10:20 am  Fall risk factors in MS - The individual: somatosensory, cognitive, vestibular, motor (body, structure, function)
Kathy Zackowski, OT, PhD, MSCS
Kennedy Krieger Institute, Johns Hopkins – Baltimore, MD
Nora Fritz, PhD, PT, DPT, NCS
Kennedy Krieger Institute, Johns Hopkins – Baltimore, MD

10:25 am  BREAK

10:45 am - 11:55 am  Fall risk in MS: Environmental, activity-related and behavioral influences
Elizabeth Peterson, PhD, OTR/L, FAOTA
University of Illinois at Chicago – Chicago, IL

12:00 pm  LUNCH

AFTERNOON SESSIONS

1:00 pm - 2:00 pm  Fall measurement
Patricia Matsuda, PT, PhD, DPT
University of Washington – Seattle, WA

2:00 pm - 2:55 pm  Fall prevention: Multifactorial interventions including balance training
Johanna Jonsdottir, PT, MS, ScD
Foundation Don Gnocchi IRCCS – Milan, Italy

3:00 pm  BREAK

3:20 pm - 3:50 pm  International Multiple Sclerosis Fall Prevention Research Network
Marcia Finlayson, PhD, OT Reg (Ont), OTR
Queens University – Ontario, Canada

3:55 pm - 4:25 pm  Free From Falls: A National MS Society Comprehensive Fall Prevention Program
Denise Nowack, RDN
National Multiple Sclerosis Society - Southern California & Nevada Chapter, CA

4:30 pm - 5:00 pm  Small group discussion
Kathy Castello, MS, ANP-BC, MSCN
National Multiple Sclerosis Society

5:30 pm  End of program

CALL FOR POSTERS

Please send abstracts for posters to Michelle Cameron at cameromi@ohsu.edu by July 31st, 2015 for review. Abstracts should be a maximum of 300 words on topics related to gait and balance in multiple sclerosis. If accepted, poster size must be 4’ x 8’ or smaller.

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