



# Single Ventricle

Single ventricle defects of the heart occur when one of the two pumping chambers in the heart, called ventricles, isn't large enough or strong enough to work correctly. In some cases, the chamber might be missing a valve. There are several types of single ventricle defects, and each has a unique name. The American Heart Association has useful information for parents of children with Single Ventricle defects. Read more at their website [tinyurl.com/oajh594](https://www.tinyurl.com/oajh594).

## Resources for families

### Northwest support resources

- Children's Heart Foundation (OR)  
[tinyurl.com/ycklmhgr](https://www.tinyurl.com/ycklmhgr)
- Pediatric Congenital Heart Assoc. (WA)  
[tinyurl.com/yba3yhlw](https://www.tinyurl.com/yba3yhlw)
- Mended Little Hearts - Portland [Facebook]  
[tinyurl.com/y9zskzll](https://www.tinyurl.com/y9zskzll)

### National/international/online resources

- American Heart Association (AHA) Support Network for Congenital Heart Defects (CHD)  
[tinyurl.com/y5bxh3z3](https://www.tinyurl.com/y5bxh3z3)
- Mended Hearts  
[tinyurl.com/7wppot4](https://www.tinyurl.com/7wppot4)
- Little Hearts - Parent Matching Program  
[tinyurl.com/y7wuh4yc](https://www.tinyurl.com/y7wuh4yc)
- Children's Heart Foundation (CHF)  
[tinyurl.com/ptkqdj](https://www.tinyurl.com/ptkqdj)
- Congenital Heart Info Network [Facebook]  
[tinyurl.com/y8oxl67t](https://www.tinyurl.com/y8oxl67t)

### Information for you and your care team

- Cincinnati Children's Hospital Single Ventricle  
[tinyurl.com/y8q9twwr](https://www.tinyurl.com/y8q9twwr)
- British Heart Foundation booklet - *Understanding your child's heart - Single ventricle circulation* [PDF]  
[tinyurl.com/yano6fur](https://www.tinyurl.com/yano6fur)
- AHA - Fact sheets and other tools  
[tinyurl.com/kex96bk](https://www.tinyurl.com/kex96bk)

- AHA - Portable medical info [PDF]  
[tinyurl.com/ydye5u4s](https://www.tinyurl.com/ydye5u4s)
- NIH Library of Medicine  
[tinyurl.com/aot8rx](https://www.tinyurl.com/aot8rx)

### Family stories

- AHA Family Stories  
[tinyurl.com/y8j578ny](https://www.tinyurl.com/y8j578ny)
- Little Hearts Stories of Hope  
[tinyurl.com/y8cze7em](https://www.tinyurl.com/y8cze7em)

### Clinical trial information

- Children and Clinical Studies  
[tinyurl.com/y75s4twm](https://www.tinyurl.com/y75s4twm)
- Find an approved clinical trial  
[tinyurl.com/zp3jesq](https://www.tinyurl.com/zp3jesq)

### Insurance information and help

- Getting insurance for children (OR)  
[tinyurl.com/ydfaaeoy](https://www.tinyurl.com/ydfaaeoy)
- Understand your health insurance  
[tinyurl.com/y46h8nvx](https://www.tinyurl.com/y46h8nvx)
- Learn about coverage  
[tinyurl.com/y4639rz6](https://www.tinyurl.com/y4639rz6)
- Road map to health  
[tinyurl.com/yysc6kv7](https://www.tinyurl.com/yysc6kv7)
- General/Oregon Health Plan Questions: 855-323-6744

### Other resources

- CHF - *It's My Heart* - free resource book  
[tinyurl.com/ybyp9goh](https://www.tinyurl.com/ybyp9goh)
- Q&A: A guide to communicating with your child's care team  
[tinyurl.com/ybxt7fjz](https://www.tinyurl.com/ybxt7fjz)
- AHA Web Booklet - *If Your Child Has a Congenital Heart Defect*  
[tinyurl.com/ycgu5mzw](https://www.tinyurl.com/ycgu5mzw)
- Merry Heart Children's Camp  
[tinyurl.com/yaml6cma](https://www.tinyurl.com/yaml6cma)
- Summer camps for kids with CHD (outside OR)  
[tinyurl.com/y9awy2gy](https://www.tinyurl.com/y9awy2gy)
- NIH - Miscellaneous tip sheets for children, teens and families  
[tinyurl.com/y86ofx4e](https://www.tinyurl.com/y86ofx4e)
- CDC - Five Things you Need to Know about CHD [PDF]  
[tinyurl.com/yavg6fn2](https://www.tinyurl.com/yavg6fn2)

### Books for parents and children

- Bibliography available by calling the Oregon Family to Family Health Information Center at 855-323-6744
- Swindells' online library search  
[tinyurl.com/y9t2jwcx](https://www.tinyurl.com/y9t2jwcx)