



# Posterior Urethral Valves

Posterior Urethral Valves is a birth anomaly of the urethra in boys. The urethra is the tube that connects the bladder, which stores urine, or pee, to the tip of the penis. Urethral valves are small flaps on the inside of the urethra. In this condition, the valves partly block the tube, and urine can't flow normally from the bladder. The urine backs up and can damage all of the urinary tract organs including the urethra, bladder, ureters, and kidneys. To learn more about congenital posterior urethral valves, please visit the Stanford Children's Hospital website [tinyurl.com/y7rkyptq](https://tinyurl.com/y7rkyptq).

## Resources for families

### Northwest support resources

- Oregon Family to Family Health Information Center  
[tinyurl.com/ycwhffwc](https://tinyurl.com/ycwhffwc)
- Washington Parent to Parent (P2P) Programs  
[tinyurl.com/yaucv2mk](https://tinyurl.com/yaucv2mk)

### National/international/online resources

- PUVs Organization  
[tinyurl.com/ybvpg8zq](https://tinyurl.com/ybvpg8zq)
- MedWonders Support Group  
[tinyurl.com/yamskjnd](https://tinyurl.com/yamskjnd)
- PUV Group for Parents in Australia [Facebook]  
[tinyurl.com/y7kfscto](https://tinyurl.com/y7kfscto)

### Information for you and your care team

- Report at Boston Children's Hospital  
[tinyurl.com/ycs6atg2](https://tinyurl.com/ycs6atg2)
- Report at CHOC Children's  
[tinyurl.com/y7zjvuak](https://tinyurl.com/y7zjvuak)
- Report at Stanford Children's Health  
[tinyurl.com/y7rkyptq](https://tinyurl.com/y7rkyptq)

### Family stories

- PUVS - Personal Stories  
[tinyurl.com/yajqslzd](https://tinyurl.com/yajqslzd)
- Theo's Story  
[tinyurl.com/y8mj65et](https://tinyurl.com/y8mj65et)

### Clinical trial information

- Children and Clinical Studies  
[tinyurl.com/y75s4twm](https://tinyurl.com/y75s4twm)
- Find an approved clinical trial  
[tinyurl.com/zp3jesq](https://tinyurl.com/zp3jesq)

### Insurance information and help

- Getting insurance for children (OR)  
[tinyurl.com/ydfaeoy](https://tinyurl.com/ydfaeoy)
- Getting insurance for children (WA)  
[tinyurl.com/yca9lkey](https://tinyurl.com/yca9lkey)
- Understand your health insurance  
[tinyurl.com/y46h8nvx](https://tinyurl.com/y46h8nvx)
- Learn about coverage  
[tinyurl.com/y4639rz6](https://tinyurl.com/y4639rz6)
- Road map to health  
[tinyurl.com/yysc6kv7](https://tinyurl.com/yysc6kv7)
- General/Oregon Health Plan Questions: 855-323-6744

### Other resources

- Helpful tips for families at PUVs Organization  
[tinyurl.com/yb4p9xvn](https://tinyurl.com/yb4p9xvn)
- Youth Rally Camp  
[tinyurl.com/y9jrcvgl](https://tinyurl.com/y9jrcvgl)
- Children's G-Tube Book  
[tinyurl.com/yazk6f6c](https://tinyurl.com/yazk6f6c)

### Books for parents and children

- Bibliography available by calling the Oregon Family to Family Health Information Center at 855-323-6744
- Swindells' online library search  
[tinyurl.com/y9t2jwcx](https://tinyurl.com/y9t2jwcx)