Omphalocele

Omphalocele (äm-fal-o-sēl) is a birth anomaly of the abdominal (belly) wall. The infant’s intestines, liver, or other organs stick outside of the belly through the belly button. These organs are covered in a thin, clear sac. Normally, as a baby develops during weeks six through ten of pregnancy, the intestines get longer and push out from the belly into the umbilical cord. By the eleventh week of pregnancy, the intestines normally go back into the belly. However, if this does not happen, an omphalocele occurs. The omphalocele can be small, with only some of the intestines outside of the belly, or it can be large, with many organs outside of the belly. For more information about Omphalocele, go to the CDC website tinyurl.com/k5dwrcz.

Resources for families

Northwest support resources
- Oregon Family to Family Health Information Center
  tinyurl.com/ywcwhfwwc
- Washington Parent to Parent (P2P) Programs
  tinyurl.com/yaucv2mk

National/international/online resources
- Omphalocele.net - Mothers of Omphaloceles
  tinyurl.com/ya3hv6s8
- Omphalocele Awareness
  tinyurl.com/y92f8zsn

Information for you and your care team
- Children's Hospital of Philadelphia medical library-Omphalocele
  tinyurl.com/ybdynl5t

Family stories
- Charlotte’s Story
  tinyurl.com/y77omrfy
- Jackson’s Story
  tinyurl.com/y9c8sprq
- Claire’s Story
  tinyurl.com/ycvuyo5w
- One mother’s story: Pentalogy of Cantrell
  tinyurl.com/y9pkd63r
- Bennet’s Story
  tinyurl.com/y7qba2xv

Clinical trial information
- Children and Clinical Studies
  tinyurl.com/y75s4twm
- Find an approved clinical trial
  tinyurl.com/zp3jesq

Insurance information and help
- Getting insurance for children (OR)
  tinyurl.com/ydfaaeoy
- Getting insurance for children (WA)
  tinyurl.com/yc91key
- Understand your health insurance
  tinyurl.com/y46h8nvx
- Learn about coverage
  tinyurl.com/y4639rz6
- Road map to health
  tinyurl.com/yysc6kv7
- General/Oregon Health Plan Questions: 855-323-6744

Other resources
- Camp Korey
  www.campkorey.org
- Children’s G-Tube Book
  tinyurl.com/yazk6f6c

Books for parents and children
- Bibliography available by calling
  the Oregon Family to Family Health Information Center at 855-323-6744
- Swindells’ online library search
  tinyurl.com/y9t2jwcx