Diaphragmatic Hernia

Diaphragmatic Hernia (di-ə-frə(g)-ˈma-tik hər-nē-ə) is a birth defect where there is a hole in the diaphragm (the large muscle that separates the chest from the abdomen). Organs in the abdomen (such as intestines, stomach, and liver) can move through the hole in the diaphragm and upwards into a baby’s chest. When an organ pushes through the hole, it is called a hernia. A diaphragmatic hernia can prevent the baby’s lungs from developing completely. This causes breathing difficulties for the baby at birth. To learn more about Diaphragmatic Hernia, go to the CDC website tinyurl.com/ycdlw5xk.

Resources for families

Northwest support resources
• Ladybug CDH Foundation tinyurl.com/y7vcgsru
• Oregon Family to Family Health Information Center tinyurl.com/ycehffwc
• Washington Parent to Parent (P2P) Programs tinyurl.com/yaucv2mk

National/international/online resources
• Cherubs tinyurl.com/yau7ca2x
• Breath of Hope tinyurl.com/yanla232

Family stories
• Patient Stories - Children’s Hospital of Philadelphia tinyurl.com/y7ruuhyn
• Orange Socks tinyurl.com/yccgwx
• Bennet’s Story tinyurl.com/y7qba2y

Clinical trial information
• Children and Clinical Studies tinyurl.com/y75s4tcm
• Find an approved clinical trial tinyurl.com/zp3jesq

Insurance information and help
• Getting insurance for children (OR) tinyurl.com/ydtaeoey
• Getting insurance for children (WA) tinyurl.com/yca9lkey
• Understand your health insurance tinyurl.com/y46h8nvy
• Learn about coverage tinyurl.com/y4639rz6

Information for you and your care team
• Fact Sheet - Children’s Hospital of Philadelphia tinyurl.com/yda2htq6
• Prenatal Surgery for Diaphragmatic Hernias - Children’s Hospital of Philadelphia tinyurl.com/y7xc3djh

Books for parents and children
• Bibliography available by calling the Oregon Family to Family Health Information Center at 855-323-6744
• Swindells’ online library search tinyurl.com/y9t2jwc