



# Congenital Cataract

Congenital cataract (kən-'je-nə-təl 'ka-tə-,rakt) is when a baby is born with a clouded lens of one or both eyes. The lens of the eye normally should be clear. When there is a cataract, light that comes into the eye cannot shine well enough through the lens to be focused at the back of the eye, which is needed for clear sight.

## Resources for families

### Northwest support resources

- Oregon Family to Family Health Information Center  
[tinyurl.com/y8ed6er5](https://tinyurl.com/y8ed6er5)
- Washington Parent to Parent (P2P) Programs  
[tinyurl.com/yaucv2mk](https://tinyurl.com/yaucv2mk)
- NW Association for Blind Athletes  
[nwaba.org](https://nwaba.org)
- Oregon's children who are blind or who have low vision are served by regional programs  
[tinyurl.com/ya6lapr4](https://tinyurl.com/ya6lapr4)

### National/international/online resources

- Childhood Cataracts Network  
[tinyurl.com/yazfppnj](https://tinyurl.com/yazfppnj)
- Children's Eye Foundation  
[tinyurl.com/y95atxpp](https://tinyurl.com/y95atxpp)
- Pediatric Glaucoma and Cataract Family Association (PGCFA)  
[pgcfa.org](https://pgcfa.org)

### Family stories

- Personal Stories - Childhood Cataracts Network  
[tinyurl.com/ybdkhhav](https://tinyurl.com/ybdkhhav)

### Clinical trial information

- Children and Clinical Studies  
[tinyurl.com/y75s4twm](https://tinyurl.com/y75s4twm)
- Find an approved clinical trial  
[tinyurl.com/zp3jesq](https://tinyurl.com/zp3jesq)

### Insurance information and help

- Getting insurance for children (OR)  
[tinyurl.com/ydfaeeoy](https://tinyurl.com/ydfaeeoy)
- Getting insurance for children (WA)  
[tinyurl.com/yca9lkey](https://tinyurl.com/yca9lkey)
- Understand your health insurance  
[tinyurl.com/y46h8nvx](https://tinyurl.com/y46h8nvx)
- Learn about coverage  
[tinyurl.com/y4639rz6](https://tinyurl.com/y4639rz6)
- Road map to health  
[tinyurl.com/yysc6kv7](https://tinyurl.com/yysc6kv7)
- General/Oregon Health Plan Questions: 855-323-6744

### Other resources

- Camp Abilities  
[tinyurl.com/y8udcuus](https://tinyurl.com/y8udcuus)
- Oregon Commission for the Blind  
[tinyurl.com/y855g38a](https://tinyurl.com/y855g38a)
- Talking Book and Braille Library  
[tinyurl.com/yb959wrq](https://tinyurl.com/yb959wrq)

### Books for parents and children

- Bibliography available by calling the Oregon Family to Family Health Information Center at 855-323-6744
- Swindells' online library search  
[tinyurl.com/y9t2jwcx](https://tinyurl.com/y9t2jwcx)